1. The athlete and the coach must report any injury or illness which limits an Athlete 's training, (collectively an "Injury") in writing within 1 week of the initial “injury” to the National Team Director.

2. Any existing Injury which may limit an Athlete from competing to the best of his or her abilities must be reported in writing to the National Team Director at least one week prior to the scheduled departure for a competition to which the Athlete travels at the expense of DPC (CADA).

3. If the coach and/or Athlete do not wish it to be common knowledge that there is an Injury, the written notice may contain a request that the information provided to the National Office be kept confidential and CADA agrees to maintain this confidentiality when so requested unless required to disclose it for any administrative or legal process.

4. Upon the occurrence of any Injury to an Athlete, the Athlete shall authorize and direct the hospital, doctor and/or other medical personnel who attended to and provide treatment to the Athlete in regards to the Injury to forward a report to the National Team Doctor, Dr. Maureen Grace, 1370 Clyde Ave., Ottawa ON K2G 3H8, ph. 613-727-2745, fax 613-727-2623, email drgrace1370clyde@yahoo.ca