

Diving Plongeon Canada

present the

# 2019 Speedo Summer Senior Nationals

**Windsor, ON**  
**May 24<sup>th</sup> to 26<sup>th</sup>, 2019**



## GENERAL INFORMATION

The 2019 Summer Senior National Diving Championships are sanctioned/hosted by Diving Plongeon Canada.

Date: May 24<sup>th</sup> – 26<sup>th</sup>, 2019

Facility: Windsor International Aquatic and Training Centre  
401 Pitt St W  
Windsor, Ontario  
Canada N9A 0B2  
Website: [click here](#)

Meet Manager: Sarah Mayer  
[smayer@diving.ca](mailto:smayer@diving.ca)  
(613) 736-5238 ext. 2108

## EVENTS

Men's and women's 1m springboard, 3m springboard, and 10m platform.  
Men's 10m platform synchro.

### Event format:

**1m events** – there will be a preliminary, and a final. The **top 8 divers** in the preliminary will advance to the final. For each segment of the competition, the divers score will start at "0" points.

**3m and Platform events** – there will be a preliminary, and a final. The **top 12 divers** in the preliminary will advance to the final. For each segment of the competition, the divers score will start at "0" points.

**Synchro event** – Men will perform 6 dives (straight final) as per Diving Canada rules.

## EQUIPMENT LIST

- Two (2) one meter Duraflex "B" boards
- Two (2) three meters Duraflex "B" boards
- 3m, 5m, 7.5m and 10m platforms
- Full sprayer systems under all springboards and platforms
- Bubble machine installed under tower and three meters

## RULES

The 2017-2021 FINA and Diving Plongeon Canada Rules shall be the official rules for this event. If there are any inconsistencies between this package and the Rule Book, the Rule Book

shall prevail. Any decisions made at this championship by the Jury of Appeal shall be final. The Rule book is also available at [www.diving.ca](http://www.diving.ca).

For club points, senior qualification scores and junior qualification scores, diver scores and rankings used will be based on 1st to 12th in the finals. Rule 8.1 and 8.2 in Chapter R-2 of the Hand Book and Rule Book will apply to any non-Canadian divers in the events. In the 1m event where top-8 make finals, places 9 through 12 will be taken from the preliminary session.

## **JUDGING**

Refer to 2017-2021 Diving Plongeon Canada Rule Book. Dress code is in effect. All judges will be required to wear white shirts and black bottoms. For finals black pants is mandatory.

## **ENTRANCE CRITERIA**

Refer to 2017-2021 Diving Plongeon Canada Rule Book.

## **SENIOR POINT STANDARDS**

Refer to 2017-2021 Diving Plongeon Canada Rule Book.

## **COACH CERTIFICATION REQUIREMENTS FOR NATIONAL CHAMPIONSHIPS**

To attend a Diving National Championship, coaches must be fully certified Level 2 or Competition-Introduction Level. Coaches not having full certification may attend provided they are with a coach from their club who is fully certified at Level 2, Competition-Introduction, or at a higher level.

This must be communicated two weeks in advance to Tracy Bradley ([tracy@diving.ca](mailto:tracy@diving.ca)).

## **ENTRY FEES AND ENTRY DEADLINE**

We ask that all athletes be registered for this competition using "E-Sport Login & Signup" which can be accessed from [www.diving.ca](http://www.diving.ca) "quick links". Clubs should select "administrator", enter their login and password then select "online event registration".

Dive lists should be submitted using the ISS Dive Sheet Generator (Diver or Coach edition, version 12.6 or higher).

If you are unable to submit your lists over the internet, you will be able to fill in your dive sheets on-deck when you arrive.

For all dive sheets received through the Dive Sheet Generator, you will receive e-mail notification confirming receipt. Should you not receive this confirmation, please contact us.

**Registration Fee:** \$75.00 per diver  
**Entry Fee:** \$75.00 per diver per individual event  
All fees/cheques are payable to "Diving Plongeon Canada".

**Entry Deadline:** **\*\*Thursday, May 16<sup>th</sup>, 2019\*\***

All entries, including payment, must be received by Diving Plongeon Canada no later than 11:59pm, May 16<sup>th</sup>. Entries received, or post marked after this date will be assessed a \$150.00 late fee/diver payable to Diving Plongeon Canada.

All fees are payable to the Canadian Amateur Diving Association Inc. Payment can be made by VISA, Mastercard, cheque or money order. E-transfers can be sent to [joanne@diving.ca](mailto:joanne@diving.ca). If paying by credit card, an administrative fee of 3% will be added to the total.

**Mail to:** Diving Plongeon Canada  
700 Industrial Ave., Suite 312  
Ottawa, ON K1G 0Y9  
Fax: (613) 736-0409  
E-mail: [smayer@diving.ca](mailto:smayer@diving.ca)

Diving Canada will verify the results on the database. The club will be contacted if results sheets are required. Refer to 2017-2021 Diving Plongeon Canada Rule Book for further information.

## **RESULTS/WEB BROADCAST**

Participating clubs and unattached divers/coaches will be able to download the full results booklet from [www.diving.ca](http://www.diving.ca) the week following the event.

Diving Plongeon Canada will be providing live Internet results and video throughout the competition.

Results can be accessed through [www.diving.ca](http://www.diving.ca) and a web broadcast will be available through [www.CBCsports.ca](http://www.CBCsports.ca)

## **DOPING**

Doping control procedures will be in place at the competition.

Divers are responsible to bring government issued photo ID in case they are selected for doping control.

Divers are also responsible for any medication/supplement they are taking. Please ensure to check [GlobalDro](#) to confirm the status of the medication/supplement.

If applicable, divers are required to bring a copy of their TUE (therapeutic Use Exemption).

**NOTE: Registered Testing Pool athletes MUST have TUEs submitted 21 days in advance –to FINA. RTP athletes cannot apply TUEs retroactively.**

**AS WELL: Divers who are selected for international competitions, including Canada Cup, must obtain exemptions from FINA (with a copy to CCES) a minimum of 21 days prior to the application international competition. TUEs cannot be applied retroactively for international competitions.**

For information, please check the [Anti-Doping](#) information on [www.diving.ca](http://www.diving.ca)

## AWARDS AND MEDALS

**Note:** We request that divers be dressed in full team uniform or club jacket for awards ceremonies and marshalling and towels are not permitted. Appropriate time will be provided between the final event and the award ceremonies.

Awards to be given:

- Top 3 overall in individual events
- National Championship Banner (based on Club Points)
- Beverly Boys Outstanding Trophies:  
(1) annual trophy for the top male diver and one (1) annual trophy for the top female diver combined from the winter and summer senior national events, (...) and shall be presented once per year at the conclusion of the summer national championships. The winners of the Beverley Boys' Outstanding Diver Trophies will be the athletes who have earned the highest total of Senior National points based on the grid below. Divers can count points from both the individual 3m and individual 10m events.
  - Divers must compete in both the Winter and Summer National Championships.
  - Divers placings will be considered from the 3m and/or the 10m events.
  - Divers placings will be used from both the Winter and Summer National Championships.
  - Senior National Points will be calculated using the chart:

Placing	Points	Placing	Points
1 <sup>st</sup> place	18	7 <sup>th</sup> place	6
2 <sup>nd</sup> place	15	8 <sup>th</sup> place	5
3 <sup>rd</sup> place	12	9 <sup>th</sup> place	4
4 <sup>th</sup> place	9	10 <sup>th</sup> place	3
5 <sup>th</sup> place	8	11 <sup>th</sup> place	2
6 <sup>th</sup> place	7	12 <sup>th</sup> place	1

(Rule book is available at [www.diving.ca](http://www.diving.ca). for more details)

## MEETINGS & HOSPITALITY

**On-site Hospitality:** A light breakfast and full lunch will be provided for coaches, judges, staff, and volunteers during competition days.

**Food for Athletes:** Many restaurants are available walking distance from the pool.

**Media Conference:** There will be a press conference organized.

**Coaches Meeting:** Thursday, May 23<sup>rd</sup> – 19h30 – Pool

**Officials Meeting:** Friday, May 24<sup>th</sup> – 8h00 – Pool, Room TBC

**Parking at the pool:** Parking will be available around the pool in designated areas.

## HOST HOTELS

### **HOLIDAY INN & SUITES WINDSOR (AMBASSADOR BRIDGE)**

**Address:** 1855 Huron Church Rd Windsor ON N9C 2L6  
**Room Type:** King bed + Full size pull out  
**Rate:** 139.99\$ + tax  
**Booking Code:** DVC

**Phone number to make reservation:** Toll free to 1-800-465-4329 (1-800-HOLIDAY)

**Link to make reservation:** [DIVING CANADA](#)

\*Room block will be released after April 29<sup>th</sup>.

\*\*Breakfast is NOT included.

### **TOWNEPLACE SUITES**

**Address:** 250 Dougall Ave, Windsor, ON N9A 7C6  
**Room Type:** Suite with one king plus single pull out, includes kitchenette  
**Rate:** 159.00\$ + tax  
**Booking Code:** Dive Canada

**Phone number to make reservation:** 1-519-977-9707

\*Room block will be released after April 30<sup>th</sup>.

\*\*Parking = 15.00\$ per day per car – limited – first come, first serve.

\*\*\*Complimentary hot breakfast offered daily.

**AIRBNB IN THE AREA:** [CLICK HERE TO SEE OPTIONS](#)

## MEDICAL SERVICES

First aid will be available at the competition venue during training and competition days for divers. Lifeguards will be onsite at the competition venue to provide first aid during training and competition. Ice will be available at the competition venue for the treatment of injuries.

Closest hospital: **Windsor Regional Hospital**

Ouellette Campus  
1030 Ouellette Avenue  
Windsor, ON N9A 1E1  
(519) 973-4411

Metropolitan Campus  
1995 Lens Avenue,  
Windsor, ON N8W 1L9  
(519) 254-5577

## TRAINING SCHEDULE

<b>Tuesday, May 21<sup>st</sup></b>	10:00AM-6:00PM	Open Training
<b>Wednesday, May 22<sup>nd</sup></b>	10:00AM-6:00PM	Open Training
<b>Thursday, May 23<sup>rd</sup></b>	10:00AM-6:00PM	Open Training

## COMPETITION SCHEDULE

<b>Friday, May 24<sup>th</sup></b>	8:00AM	Open Training
	9:25AM	Restricted Training
	10:00AM	Men's – 1 m – Prelims
		Restricted Training
		Women's – 3 m – Prelims
		Restricted Training
		Men's – 10 m synchro – Finals
		Restricted Training
		Men's – 1 m – Finals
		Restricted Training
		Women's – 3 m – Finals
		Open Training
<b>Saturday, May 25<sup>th</sup></b>	8:00AM	Open Training
	9:25AM	Restricted Training
	10:00AM	Women's – 1 m – Prelims
		Restricted Training
		Men's – 10 m – Prelims
		Restricted Training
		Women's – 1 m – Finals
		Restricted Training
		Men's – 10 m – Finals
		Open Training
<b>Sunday, May 26<sup>th</sup></b>	8:00AM	Open Training
	9:25AM	Restricted Training
	10:00AM	Men's – 3 m – Prelims
		Restricted Training
		Women's – 10 m – Prelims
		Restricted Training
		Men's – 3 m – Finals
		Restricted Training
		Women's – 10 m – Finals