



**DIVING
PLONGEON
CANADA**

**ASSEMBLÉE GÉNÉRALE ANNUELLE
2019
ANNUAL GENERAL MEETING**

**JANUARY 24-26 JANVIER 2020
OTTAWA-GATINEAU**

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2019 ANNUAL GENERAL MEETING ASSEMBLÉE GÉNÉRALE ANNUELLE 2019

AGM Weekend Schedule

to be confirmed

WE FLY | PLUS HAUT

312-700 INDUSTRIAL AVENUE, OTTAWA (ONTARIO) K1G 0Y9
DIVING.CA • INFO@DIVING.CA • 1-613-736-5238 • FAX: 1-613-736-0409



2019 ANNUAL GENERAL MEETING ASSEMBLÉE GÉNÉRALE ANNUELLE 2019

List of Participants

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**WE FLY
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BY-LAW NO. 6

**A BY-LAW RELATING GENERALLY TO THE CONDUCT OF THE
BUSINESS AND AFFAIRS OF THE CORPORATION**

ARTICLE 1 INTERPRETATION

- 1.1 In this by-law and all other by-laws and resolutions of the Corporation, unless the content otherwise requires:
- (a) The singular includes the plural;
 - (b) The masculine gender include all genders;
 - (c) "Act" means the *Canada Not-for-Profit Corporations Act, S.C. 2009, c.23*, including the Regulations made pursuant to the Act, and any statutes or regulations that may be substituted, as amended from time to time;
 - (d) "Articles" means the restated article of continuance of the Corporation;
 - (e) "Auditor" means a Public Accountant, as defined in the Act, appointed by the Members by Ordinary Resolution at the annual meeting to audit the books, accounts, and records of the Corporation for a report to the Members at the next annual meeting;
 - (f) "Board" means the Board of Directors of the Corporation;
 - (g) "Days" means total days irrespective of weekends or holidays;
 - (h) "Director" means a member of the Board of Directors;
 - (i) "Corporation" means Diving Plongeon Canada;
 - (j) "Documents", include deeds, mortgages, hypothecs, charges, conveyances, transfers and assignments of property, real or personal, immovable or movable, agreements, releases, receipts and discharges for the payment of money or other obligations, conveyances, transfer and assignments of shares, bonds, debentures or other securities and all paper writings;
 - (k) "Members" shall have the meaning as set out in Article 3;
 - (l) "Nominating Committee" means a committee appointed by the Board of Directors as more particularly described in Article 9.2;
 - (m) "Officer" means a an individual elected or appointed to serve as an Officer of the Corporation pursuant to these Bylaws;
 - (n) "Ordinary Resolution" means a resolution passed by the majority of votes cast on that resolution;
 - (o) "Registrant" means an individual who is engaged in activities that are provided, sponsored, supported, sanctioned or recognized by the Corporation or its Members.

Registrants include recreational and competitive divers, members of national teams, coaches, officials, administrators, and volunteers who serve on executives, committees and boards of directors of diving clubs, Members and the Corporation. Registrants may pay a program fee for services rendered, but are not Members of the Corporation;

- (p) "Special Resolution" means a resolution passed by a majority of not less than two thirds of the votes cast on that resolution.
- 1.2 Headings used in the by-laws of the Corporation are for convenience of reference only and shall not affect the construction or interpretation thereof.
- 1.3 Except as provided in the Act, the Board shall have the authority to interpret any provision of these by-laws that is ambiguous or unclear.
- 1.4 These Bylaws have been drafted in English and the official French text is a translation. In the case of conflicting interpretations, the English version shall prevail.

ARTICLE 2 REGISTERED OFFICE

The registered office of the Corporation shall be located in the Province of Ontario, at such place therein as the directors of the Corporation may from time to time decide.

ARTICLE 3 MEMBERSHIP

- 3.1 Members - The Corporation shall have two classes of Members: Provincial Sections (defined as any province or territory of Canada that has at least one active diving club) and Committees (defined as, and limited to, the Corporation's duly-constituted Athletes Committee, Coaches Committee and Officials Committee). Each Member will designate a delegate or delegates to represent the Member at meetings of Members. Membership shall be non-transferable.
- 3.2 Member in Good Standing - A member that is a Provincial Section shall be deemed to be in good standing provided they have paid dues of the Corporation in accordance with Article 3.3, and they are not subject to a disciplinary investigation or action by the Corporation.
- 3.3 Member Dues - The Board may from time to time establish member dues in such amounts as it shall deem advisable; provided however, that any change in member dues shall be brought before the next meeting of Members and notice of such change shall be given. Any action of the Board as aforesaid, unless rescinded at such meeting of Members, shall continue and be valid, but the Members may at such meeting vary the actions of the Board to establish member dues as determined by a majority of Members.



- 3.4 Registration Fees - The Board may from time to time establish registration fees in such amounts as it shall deem advisable and may for such purpose establish different categories of Registrants with different fees.
- 3.5 Termination of Membership:
- (a) A Member may resign from the Corporation by giving written notice of its intention to resign; however, a Member may not resign when subject to a disciplinary investigation or action of the Corporation.
 - (b) A Member may be suspended from the Corporation for failure to pay dues in accordance with Article 3.3. If dues remain unpaid for a further 120 days following the suspension, the Member may be expelled from the Corporation.
 - (c) Notwithstanding expulsion from membership, a former Member remains liable for any assessment levied under authority of Article 3.3 prior to the expulsion.
 - (d) In addition to suspension or expulsion for failure to pay dues, a Member may be suspended or expelled from the Corporation in accordance with the Corporation's policies and procedures related to discipline of Members.
 - (e) A Member that is a Provincial Section shall cease to be a Member upon its dissolution or winding-up of affairs.

ARTICLE 4 MEETINGS OF MEMBERS

- 4.1 Types of meetings - Meetings of Members will include annual meetings and special meetings. The Corporation will hold meetings of Members at such date, time and place as determined by the Board.
- 4.2 Date of meeting - The annual meeting will be held within 15 months of the last annual meeting but not later than six months after the end of the Corporation's preceding financial year.
- 4.3 Calling meeting - A special meeting of the Members may be called at any time by the President, or upon the written requisition of Members holding not less than five percent of the total Members' votes. The Board will convene such a requisitioned special meeting in accordance with the Act. The agenda of the special meeting will be limited to the subject matter for which the meeting was duly called
- 4.4 Format of Meeting - A meeting of Members may be held by means of telephone, electronic or other communication facility that permits all participants to communicate adequately with each other during the meeting, if the Corporation makes available such a communication facility. Any Member entitled to vote at a meeting of Members may participate in the meeting by means of telephone, or an electronic or other communication facility that permits all participants to communicate adequately with each other during the meeting, if the Corporation makes available such a communication facility. A person so participating in a meeting is deemed to be present at the meeting.



- 4.5 Notice - Notice will include the time and place of a meeting, the proposed agenda, reasonable information to permit Members to make informed decisions, and will be given to each Member by the following means:
- (a) By mail, courier or personal delivery to each Member entitled to vote at the meeting, at least 30 days before the day on which the meeting is to be held; or
 - (b) By telephone, electronic or other communication facility to each Member entitled to vote at the meeting, at least 21 days before the day on which the meeting is to be held.
- 4.6 Who May Attend - Persons entitled to be present at a meeting of Members are the designated representatives of Members, the Directors, the Auditor, Registrants and such other persons who are entitled or required under any provision of the Act to be present at the meeting. Any other person may be admitted only at the invitation of the Chair of the meeting or by Ordinary Resolution of the Members at the meeting.
- 4.7 Adjournment of Meeting - Any meetings of Members may be adjourned to any time and place as determined by the Board and such business may be transacted at such adjourned meeting as might have been transacted at the original meeting from which such adjournment took place. No notice will be required for any adjourned meeting.
- 4.8 Quorum - Quorum for a meeting of Members will be such Members as hold a majority of Members' votes. If quorum is met at the start of the meeting, but thereafter Members depart the meeting such that quorum is lost, the meeting is nonetheless a valid meeting and may continue.
- 4.9 Allocation of Votes - Each Member that is a Provincial Section shall have one vote at meetings of Members, to be exercised by their delegate. Each Member that is a Committee shall have three votes at meetings of Members, to be exercised by their delegate or delegates.
- 4.10 Show of Hands - At all meetings of Members of the Corporation, every question shall be determined by a show of hands unless otherwise required by a by-law of the Corporation or unless a secret ballot has been requested and granted. Whenever a vote by show of hands has been taken upon a question, a declaration by the chairperson that a resolution has been carried or lost by a particular majority and an entry to that effect in the minutes of the Corporation is conclusive evidence of the fact without proof of the number or proportion of votes in favor of or against the motion.
- 4.11 Secret Ballot - Any Member may demand that any vote be by secret ballot and if seconded, compliance shall be made with any such request.
- 4.12 Written Resolutions - A resolution in writing, signed by all Members entitled to vote on that resolution at meeting of Members, is as valid as if it had been passed at a meeting of

Members. Facsimile signatures shall be satisfactory for the purpose of executing any such resolutions in writing.

- 4.13 Proxies - A Member may, by means of a written proxy, appoint a proxy holder to attend and act at a specific meeting of Members, in the manner and to the extent authorized by the proxy. A proxy holder must be a Registrant of the Corporation. No individual may represent by proxy more than one Member.

ARTICLE 5 BOARD OF DIRECTORS

- 5.1 Number - The property and business of the Corporation shall be managed by a Board of a minimum of four Directors and a maximum of nine Directors.
- 5.2 Powers - Except as otherwise provided in the Act or these Bylaws, the Board has the powers of the Corporation and may delegate any of its powers, duties and functions. More specifically, the Board shall:
- (a) Approve the vision, mission, values and strategic direction of the Corporation;
 - (b) Approve policies, procedures and rules to deliver the programs and services of the Corporation, including policies relating to the discipline of Members and Registrants and the management of disputes within the Corporation;
 - (c) Provide continuity for the Corporation by ensuring its financial health;
 - (d) Engage under employment contract such persons as it deems necessary for carrying out the work of the Corporation;
 - (e) Ensure positive relationships with stakeholders; and
 - (f) Perform any other duties from time to time as may be in the best interests of the Corporation.
- 5.3 Qualifications - Any person who is 18 years of age or older, who has the power under law to contract, who is resident of Canada, who is a Registrant of the Corporation, who has not been declared incapable by a court in Canada or in another country, who does not have the status of bankrupt, and who satisfies the requirements of the *Income Tax Act* in relation to the eligibility to serve as a director of a registered charity may be nominated for election as a Director
- 5.4 Term of Office - At the first meeting of Members following receipt of a Certificate of Continuance under the Act, a majority of Directors shall be elected for a period of two years and the remaining Directors shall be elected for a period of one year so that subsequent elections to the Board are carried out on a staggered basis. Thereafter, Directors shall be elected for a term of two years.
- 5.5 Vacation of Office - The office of a Director shall be vacated automatically:
- (a) If the Director fails to maintain the qualifications specified in Article 5.3;
 - (b) If the Director ceases to be a Registrant in good standing of the Corporation;
 - (c) If the Director is charged with any criminal offense relating to the position;



- (d) If the Director, without reasonable excuse, fails to attend three consecutive meetings of the Board; or
 - (e) Upon the Director's death.
- 5.6 Removal from Office - A Director may be removed by Ordinary Resolution of the Members at a meeting of Members, provided the Director has been given written notice of and the opportunity to be heard at such a meeting.
- 5.7 Filling a Vacancy - For any vacancy occurring in the Board of Directors, the Board by majority vote, may, by appointment, fill the vacancy until the next annual meeting, provided the appointee meets the qualifications set out in Article 5.3. A Director so appointed shall be eligible for re-election to the Board at the next election for the remainder of the vacant position's term of office.
- 5.8 Election - Nominations to the Board will be identified by the Nominating Committee to the Membership and are circulated 30 days prior to the annual meeting. In the event that there are more individuals seeking election than positions available, ballots shall be circulated to the Members for voting purposes.
- 5.9 Indemnification - The Corporation shall indemnify and hold harmless out of the funds of the Corporation each Director and Officer from and against any and all claims, demands, actions and costs which may arise or be incurred as a result of occupying the position or performing the duties of a Director or Officer. The Corporation shall not indemnify a Director or Officer or any other person for acts of fraud, dishonesty or bad faith.

ARTICLE 6 MEETINGS OF DIRECTORS

- 6.1 Notice - meetings of the Board of Directors may be held at any time and place to be determined by the Board provided that 48 hours written notice of such meeting shall be given, other than by mail, to each Director. Notice by mail shall be sent at least 14 days prior to the meeting. No formal notice of a meeting is necessary if all the Directors are present or if those absent have signified their consent to the meeting being held without notice and in their absence.
- 6.2 Meetings by Phone - If all the Directors of the Corporation consent thereto generally or in respect of a particular meeting, a Director may participate in a meeting of the Board or of a Committee of the Board by means of such conference telephone or other communications facilities as permit all persons participating in the meeting to hear each other, and a director participating in such a meeting by such means is deemed to be present at the meeting.
- 6.3 First Meeting of Newly Elected Directors - Where Directors are elected at an annual meeting (or, in the case of a Director appointed to fill a vacancy on the Board, at a meeting of the Board), no notice of the first meeting following the election or appointment shall be required to be given to the newly elected or appointed Director or Directors in order to legally constitute the meeting, provided that a quorum of Directors is present.

- 6.4 Quorum - A majority of Directors shall form a quorum for the transaction of business. Such quorum of Directors present shall be competent to do and perform all acts, which are or shall be directed to be done at any such meeting.
- 6.5 Written Resolutions - A resolution in writing, signed by all the Directors entitled to vote on that resolution is as valid as if it had been passed at a meeting of the Board or Committee of the Board. Facsimile signatures shall be satisfactory for the purpose of executing any such resolution in writing.

ARTICLE 7 OFFICERS

- 7.1 Officers - The officers of the Corporation shall be the President and any other officers as the Board may determine by resolution from time to time. Any two offices may be held by the same person. The President shall be a Director of the Corporation but no other officers need be Directors.
- 7.2 Appointment - Officers of the Corporation shall be appointed by resolution of the Board at the first meeting of the Board of Directors following each annual meeting of Members in which the Board is elected.
- 7.3 Term - The officers of the Corporation shall hold office for one year from the date of appointment until their successors are appointed. Officers shall be subject to removal by Ordinary Resolution of the Board at any time. If otherwise qualified, there is no limit on the number of terms of office in which an officer may be appointed.
- 7.4 Remuneration of Officers - Officers shall not be entitled to any remuneration in their capacity as an Officer, but they shall be entitled to be paid their travelling and other expenses properly incurred by them in connection with the affairs of the Corporation, and in attending meetings of the Corporation. Any Officer who is a *bona fide* employee of the Corporation may be paid remuneration with respect to services performed by him or her as an employee.

ARTICLE 8 DUTIES OF OFFICERS

- 8.1 President - The President shall preside at all meetings of the Corporation and of the Board. The President shall act as the chairperson and the spokesperson for the Board and the organization. The President shall see that all orders and resolutions of the Board are carried into effect and that all meetings are run in accordance with the procedures established. The President may delegate any of his duties.
- 8.2 Other Officers - Any other officers appointed by the Board shall have such duties as the Board may prescribe.

ARTICLE 9 BOARD COMMITTEES

- 9.1 The Board may constitute such committees to help carry out its responsibilities, as it considers necessary. Such committees shall be composed of such persons appointed by the Board, whether members of the Board or not, and the duties of such committees shall be those from time to time designated by the Board.
- 9.2 Nominating Committee - The Board shall constitute a nominating committee consisting of at least one person from each of the following groups: Provincial Sections, athletes, coaches and officials. The duties of the Nominating Committee shall be set forth in Terms of Reference, which shall be established from time to time by the Board. Generally these duties include nomination of a full slate of candidates for election to the Board at each annual meeting.
- 9.3 Remuneration of Committee Members - The Board shall determine the remuneration if any to be provided to members of board committees.
- 9.4 Removal of Board Committee Members - Any committee member may be removed by Ordinary Resolution of the Board.

ARTICLE 10 EXECUTION OF DOCUMENTS

- 10.1 Cheques, Drafts, and Notes - All cheques, drafts or orders for the payment of money and all notes and acceptance and bills of exchange shall be signed by such officers or Directors and in the manner from time to time prescribed by the Board.
- 10.2 Execution of Documents - Contracts, documents or any instruments in writing requiring the signature of the Corporation, shall be signed by any two officers and all contracts, documents and instruments in writing or signed shall be binding upon the Corporation without any further authorization or formality. The Board shall have the power from time to time by resolution to appoint any person or persons on behalf of the Corporation to sign specific contracts, documents and instruments in writing. The seal of the Corporation may, when required be affixed to contracts, documents and instruments in writing signed as aforesaid or by any person or persons appointed by resolution of the Board.
- 10.3 Books and Records - The Board shall see that all necessary books and records of the Corporation required by the by-laws of the Corporation or by any applicable statute are regularly and properly kept.

ARTICLE 11 FISCAL YEAR

The fiscal year of the Corporation shall be determined by the Board.

ARTICLE 12 AUDITORS

The Members shall, at each annual meeting, appoint an Auditor to audit the accounts of the Corporation for report to the Members at the next annual meeting. The Auditor shall hold office until the next annual meeting provided that the Board may fill any casual vacancy in the office of the Auditor.

ARTICLE 13 CONFLICT OF INTEREST

In accordance with the Act, a Director, Officer, or member of a committee who has an interest, or who may be perceived as having an interest, in a proposed contract or transaction with the Corporation will comply with the Act and the Corporation's Conflict of Interest Policy and will disclose fully and promptly the nature and extent of such interest to the Board or Committee, as the case may be, will refrain from voting or speaking in debate on such contract or transaction; will refrain from influencing the decision on such contract or transaction; and will otherwise comply with the requirements of the Act regarding conflict of interest.

ARTICLE 14 AMENDMENT OF BY-LAWS

Except for the items set out in Article 15, these Bylaws may be amended or repealed by Ordinary Resolution of the Directors at a meeting of the Board. The Directors will submit the Bylaw amendment or repeal to the Members at the next meeting of Members, and the Members may, by Ordinary Resolution, confirm, reject or amend the Bylaw, amendment or repeal. The Bylaw, amendment or repeal is effective from the date of the resolution of the Directors. If the Bylaw, amendment or repeal is confirmed, or confirmed as amended, by the Members it remains effective in the form in which it was confirmed. The Bylaw, amendment or repeal ceases to have effect if it is not submitted to the Members as described, or if it is rejected by the Members.

ARTICLE 15 FUNDAMENTAL CHANGES

In accordance with the Act, a Special Resolution of the Members is required to make the following fundamental changes to the Articles or by-laws of the Corporation:

- (a) Change the Corporation's name;
- (b) Change the province in which the Corporation's registered office is situated;
- (c) Add, change or remove any restriction on the activities that the Corporation may carry on;
- (d) Create a new class or group of Members;
- (e) Change a condition required for being a Member;
- (f) Change the designation of any class or group of Members or add, change or remove any rights and conditions of any such class or group;
- (g) Divide any class or group of Members into two or more classes or groups and fix the rights and conditions of each class or group;
- (h) Add, change or remove a provision respecting the transfer of a membership;



- (i) Increase or decrease the number of, or the minimum or maximum number of directors;
- (j) Change the statement of the purpose of the Corporation;
- (k) Change the statement concerning the distribution of property remaining on liquidation after the discharge of any liabilities of the Corporation;
- (l) Change the manner of giving notice to Members entitled to vote at a meeting of Members;
- (m) Change the method of voting by Members not in attendance at a meeting of Members;
or
- (n)** Add, change or remove any other provision that is permitted by this Act to be set out in the Articles.

ARTICLE 16 NOTICES

- 17.1 In these Bylaws, written notice will mean notice which is provided by mail, courier, personal delivery, telephone, electronic or other communication facility to the address of record of the Director or Member, as the case may be.
- 17.2 Date of notice will be the date on which notice is given by personal delivery, one day after the date on which the notice is delivered by telephone, electronic or other communication facility, two days after the date that notice is couriered, or five days after the date that notice is mailed.
- 17.3 The accidental omission to give any notice to any Member, Director, Officer, member of a committee or the Auditor, or the non-receipt of any notice by any such person where the Corporation has provided notice in accordance with the Bylaws, or any error in any notice not affecting its substance will not invalidate any action taken at any meeting to which the notice pertained.

ARTICLE 17 EFFECTIVE DATE

This by-law was approved by a Special Resolution of the Members of the Corporation at a meeting of Members duly called held on [date]. This by-law shall come into force upon the Corporation's receipt of a Certificate of Continuance from Corporations Canada.

ARTICLE 18 REPEAL OF EXISTING BY-LAWS

Upon this by-law coming into force, By-law No. 5 of the Corporation is repealed, provided that such repeal shall not affect the validity of any act done or right, privilege, obligation or liability acquired or incurred under the validity of any contract or agreement made pursuant to any such by-law prior to its appeal.



AGM Agenda

Saturday, January 25th, 2020

4:30pm-5:30pm

Notre-Dame Room

Four Points Sheraton, Gatineau, QC

AGM Business Meeting

1. Call to Order and Roll Call
2. Approval of Agenda
3. Approval of 2018 AGM Minutes
4. Acceptance of Acts & Proceedings of Diving Plongeon Canada's Members of the Board of Directors
5. Diving Plongeon Canada President's Report
6. Chief Operating Officer's and Chief Technical Officer's Report
7. Approval of 2018-2019 Audited Financial Statements
8. Appointment of Auditors
9. Report of the Nominations Committee
10. Election of Diving Plongeon Canada Board of Directors 2019-2020
11. Tabling of Reports
 - i. Provincial Sections
 - ii. Officials
12. Reports from Partner Organizations
13. Other Business
14. President's Closing Remarks
15. Adjournment

Draft 2018 AGM MINUTES
Saturday, January 26, 2019
4:00-5:00 pm
Sheraton Four Points, Gatineau, Quebec

1. Call to Order and Roll Call

The meeting was called to order by Bernie Olanski at 4:10pm CST. Bernie thanked all the delegates for attending. He confirmed the voting delegates.

Provincial Representatives (one vote each)

BC – Jayne McDonald

AB – Barb Bush

SK – Karen Swanson

MB – Ken Stevens

ON – Scott Grant

QU – Claudie Dumais

NS – Robert Breau

NF – Lisa Hynes

Athletes (Three votes)

Aimee Harrison

Celina Toth

Coaches (Three votes)

Igor Kopecky

Officials

Steve Power

2. Approval of Agenda

Moved by Ken Stevens and seconded by Jayne McDonald, to approved the agenda.

Carried.

3. Approval of 2017 AGM Minutes

Moved by Robert Breau and seconded by Ken Stevens, to approve the 2017 AGM Minutes.

Carried.

4. Acceptance of Acts & Proceedings of DPC's Members of the Board of Directors

Moved by Jayne McDonald and seconded by Claudie Dumais, to accept the acts and proceedings of the 2017 Board of Directors.

Carried.

5. Diving Plongeon Canada President's Report

Bernie Olanski referred to his report as submitted in the AGM materials and welcomed any questions. He highlighted the successful outcomes of the year were due to the amazing people who work for DPC, the clubs, coaches and athletes who make being part of the organization so rewarding. Bernie mentioned a special thanks to Penny Joyce and Mitch Geller for their leadership.

6. Chief Operating Officer's and Chief Technical Officer's Report

Penny and Mitch referred everyone to their COO-CTO report as submitted in the AGM materials. Penny highlighted the successful application for funding to bring Lino Socorro Aleman to Canada to assist within the high performance program. She mentioned that despite a grueling competition schedule, our high performance athletes thrived, our numbers were strong, and Canada's medal count was good. She thanked the enthusiastic and committed coaches and athletes for these results. Penny stated that she believes that strong character was the key to our success this year and beyond. She acknowledged that supporting our future national team athletes participating in Andrée Pouliot-Deschamps' identification program should be a priority for all provinces and clubs so that we can continue to realize the success like we had this year.

Penny celebrated the exciting and dramatic results of the Commonwealth Games and is proud of our reputation for hosting world class events like the World Series and Canada Cup. She acknowledged the facilities, clubs and volunteers who co-hosted the World Series and Canada Cup events on behalf of our federation and thanked them for their time and effort.

In closing, Penny thanked the national staff by name and encouraged everyone to do the same.

Mitch thanked the board of directors for their time and for taking on the responsibilities of governing our federation. He mentioned a special thank-you to Bernie for stepping in when Kelly Stark-Anderson announced her departure from her role as Chair and to Jill and Debbie for coming onto the board with ease. In addition, he thanked the board for being accessible to not only him, but to all members of DPC.

Mitch thanked the Government of Canada, OTP, COC, Tourism Montreal, City of Calgary and Toursim Calgary for their support. He mentioned all major events that we hosted in Canada including four national championships, World Series in Montreal and Canada Cup in Calgary. He highlighted our goals to secure Olympic berths at the upcoming World Championships in South Korea and Pan Am Games in Peru. For our junior athletes, he wished everyone the best of luck at the upcoming Pan Am Juniors in Chile.

Mitch concluded with words of encouragement to the coaches and athletes that 2019 will be a preparatory year – plan, stay focused and keep our energies geared towards podium finishes in 2020.

7. Approval of 2017-2018 Audited Financial Statements

The financial statements were presented as approved by the Board, and the floor was opened to questions from the membership. There were no discussions.

Moved by Scott Grant and seconded by Barb Bush, to accept the 2017-18 Audited Financial Statements.

Carried.

8. Appointment of Auditors

The members were asked to reconfirm Collins Barrow as the auditors for the next fiscal year.

Moved by Scott Sinclair and seconded by Karen Swanson to appoint Collins Barrow as the auditors for the year ending August 31, 2019.

Carried.

9. Report of the Nominations Committee

Gord Peterson presented the report of the Nominations Committee. He reported that upon receiving notice that Kelly Stark-Anderson was resigning from the board, they asked Jill Brewer to fill the vacancy and she accepted the one year term. The committee put out the call for interested individuals for the two open director positions. They recommended that the existing board members Scott Sinclair and Bernie Olanski be re-confirmed to the board. In addition, they recommended that Jill Brewer also be confirmed to the board for a two year term.

Bernie thanked the Nominations Committee for the report.

10. Election of Diving Plongeon Canada Board of Directors 2018-2020

Moved by Kaila Freeman and seconded by Ken Stevens to re-confirm Bernie Olanski and Scott Sinclair to the DPC Board of Directors and to confirm Jill Brewer as a board member as no other nominations had come forward prior to the closing time.

Carried.

Bernie thanked Kelly for her outstanding leadership as a board member over the years.

11. Tabling of Reports

Bernie referred to the reports in the AGM materials. Hearing no questions in regards to the Provincial Sections, Officials, Athletes and Reports from Partner Organizations, he asked that they be accepted as received.

Margo Mountjoy expressed thanks for being invited to the DPC AGM and commitment to supporting the activities of our federation.

Gord Peterson expressed his thanks to OTP and the COC for their continued support of DPC. He also expressed his excitement to work with the new COC CEO David Shoemaker as we head into the 2020 Olympic Games.

12. Other Business

There was no new business to report.

13. President's Closing Remarks

In closing, Bernie thanked the staff and board for all of their efforts this past year and congratulated the provinces, coaches and athletes for a successful year. He added that he is excited about the new DPC branding and experiencing the world-class events we are going to host this coming year.

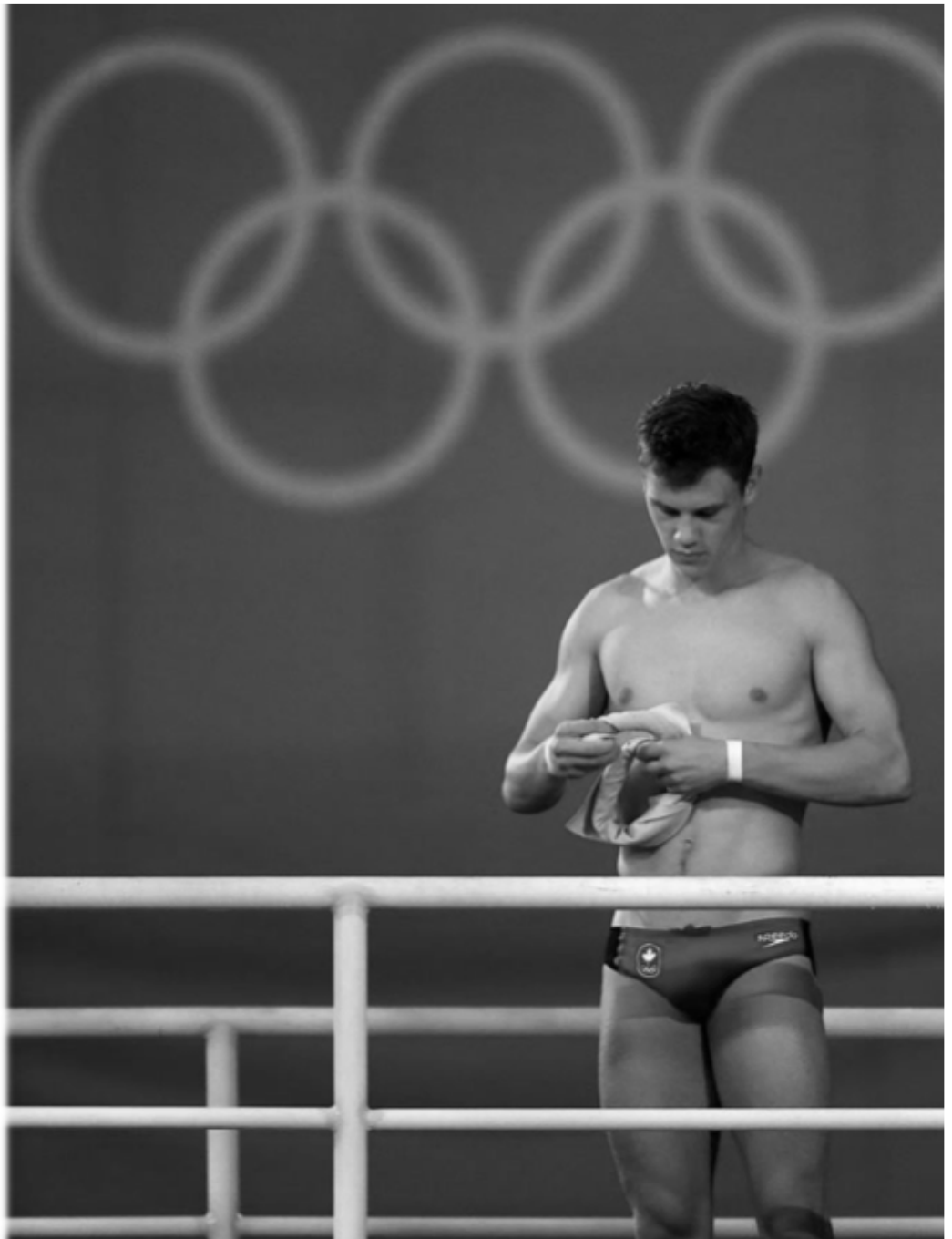
Bernie mentioned that he is committed to the discussions regarding Diving Plongeon Canada's Safe Sport initiatives and many more forward-thinking discussions the year will bring.

14. Adjournment

Moved by Jayne McDonald to adjourn the 2018 Annual General Meeting. The meeting was adjourned at 4:44pm EST.

**ACCEPTANCE OF ACTS AND PROCEEDINGS
OF THE MEMBERS
OF DIVING PLONGEON CANADA
BOARD OF DIRECTORS**

Be it resolved that all acts and proceedings of the Directors of Diving Plongeon Canada (DPC) as exhibited by the Minutes of the meetings of that body, held since the last meeting of the members of the Association and all acts and proceedings taken, all payments made by or to the officers, agents of employees of Diving Plongeon Canada (DPC) under authority of or pursuant to any By-law, resolution, motion, instruction or direction contained in the By-law and Minutes of the Board of Directors held subsequent to the last Annual Meeting of the members of the Association, be, and the same are hereby ratified, approved and confirmed.



**WE FLY
PLUS HAUT**

President's Report

I am pleased to report that our divers had another strong year, featuring some excellent performances at the World Aquatics Championships in Gwangju, South Korea, and the Pan American Games in Lima, Peru. In total, we had an even more productive year than 2018. Our senior divers competed in 12 international events and brought home 11 gold, 16 silver and 14 bronze medals. There were 118 top-12 ranked performances and 83 top-six performances. Once again, Canada ranked second overall in the world for the 2018-19 season.

At the FINA World Championships, the name of the game was winning medals as well as securing quota spots for the 2020 Olympics. We secured six Olympic quota spots with one of them coming unexpectedly from Vincent Riendeau in the men's 10m individual event. Vincent's performance marked the first time since 2011 that a

Canadian male diver qualified for the 10m final at the FINA World Championships. We had targeted three Olympic discipline medals leading in to Gwangju. With an exceptionally strong W3m synchronized silver, Jennifer Abel and Melissa Citrini-Beaulieu finished well ahead of the third place team from Mexico. Unfortunately, we came up just short in the W10m synchro and W3m individual, placing fourth in both events. On the last day of competition, Jennifer Abel and François Imbeau-Dulac picked up the silver medal in the mixed 3m synchro event. A big congrats to Jenn whose medal performances in South Korea resulted in her now being the most decorated Canadian athlete at the FINA World Championships – 10 medals over five world championships!

Running right on the heels of a long and exhausting world championships, it was hard to know what to expect from our team at the Pan American Games in Lima, Peru. Hats off to our coaching staff who rallied the troops and led our team to a string of exceptional performances. Our team met its nine-medal objective in this inspiring season finale. Special mention goes to Philippe Gagné who, following a devastating accident in Gwangju, showed great heart, coming back with one of his best performances of the season for a bronze medal finish in the men's 3m - only a few points shy of silver. Another special moment came when Meaghan Benfeito and Caeli McKay led the way to a Canada one-two finish in the women's individual 10m competition.

Overall, the 2018-19 season indicates that we are well-positioned in our quest for Olympic medals in 2020 and I congratulate our athletes and coaches for their commitment and dedication.

DPC's NextGen program continues to evolve and proves to be a catalyst to improved fundamentals in our up and coming athletes. Our Canadian team put on an impressive show in Santiago, Chile at the recently held Pan American Junior Championships. Bringing home 25 medals (10 bronze, 9 silver and 6 gold), not only did the team impress with their ability to perform under pressure, they were also the "talk of the town" in terms of noticeable improvement.

Significant headway continues to be made in many of our technical areas including statistical tracking and performance monitoring, video analysis, enhanced support for our podium potential senior athletes, specialized training camps as well as high performance coaching development. These initiatives have greatly assisted us in our ongoing quest for medals.

One of the biggest challenges for DPC this year was the hosting of two major international events within weeks of each other. The Canada Cup FINA Diving Grand Prix took place once again in Calgary, where DPC welcomed a record number of 130 divers from 22 countries. This was another well-attended, fantastic event – much of this due in large part to our event hosting partners, the City of Calgary and Tourism Calgary. We look forward to another successful Grand Prix event next year when we change venues and welcome everyone to the City of Windsor from May 14 to 17. Once again, the FINA Diving World Series in Montreal was extremely successful with DPC delivering above expectations on all levels. We thank the City of Montreal and Tourisme Montreal for their major support of this event and look forward to another two years of hosting at the Parc Olympique.

To all Diving Plongeon Canada members, congratulations on your success this past year. I look forward to working towards more great performances with everyone in the year ahead.

Respectfully submitted,

Bernie Olanski

President

SPORT BUSINESS AND SPORT PERFORMANCE REPORT

Diving Plongeon Canada is in the business of producing excellence in the sport of diving. We are a world leading diving nation. We do this with integrity, respect, leadership, courage, innovation and a strong sense of community.

In order to achieve ongoing excellence, we require exceptional performance on both the sport side and the business side of our day-to-day operations. Success in business operations helps to further sport performance success. In turn, sport performance success generates more resources that can be invested into growing our business operations.

The long term goal on the sport excellence side is to have a medal contender in every Olympic event. On the sport business side, the goal is to ensure long-term support for the development of international excellence.

Below, we provide some details on the programs and work in which we have been engaged over the past season in our efforts to support our coaches and athletes towards success in Tokyo and beyond.

SPORT BUSINESS

Funding

Thanks to the Own the Podium (OTP) program, which is funded by Sport Canada, the Canadian Olympic Committee and the Canadian Olympic Foundation; DPC continues to receive excellent, targeted support for high performance technical operations. The funding from OTP allows us to deliver training camps and coaching seminars, provide additional financial support to our elite athletes and coaches, deliver new initiatives that focus on our talented and deserving junior elite divers, optimize the Canadian sports institute programs, as well as ensure the provision of top quality sport science and medical services to our national team programs. Over the past four years, NextGen funding has made a significant impact on our future podium contenders. This envelope of funds provides valuable assistance for our high performance athlete development program which has seen remarkable success recently. Needless to say, Olympic podium potential in 2020 as well as in 2024 and beyond are critical elements which are constantly measured by Own the Podium to determine funding for the next quadrennial -- 2021-2024.

Our core funding from Sport Canada, which goes towards administration and other fundamental national programs such as officials development and national championship hosting, have remained

consistent over the past 12 years. Although the program that is used to determine core funding levels each quadrennial (the Sport Funding Accountability and Framework or SFAF) has been under review for several years, we are hopeful that DPC maintains a similar level of funding for the next quadrennial.

Over the summer, Sport Canada reinforced additional components to consider for evaluation including organizational capacity for safe sport programs, concussion management, gender equity, diversity and inclusion as well as official languages.

Self-Generated Revenue

As per our strategic plan, DPC continues to embark on a variety of non-government income-generating opportunities as a way to ensure financial stability should funding agency priorities, outside of our control, undergo a substantial change.

Events - We remain committed to event hosting which provides revenue through participation fees, spectator ticket sales, sponsorship and international television sales. We are proud of our international event hosting expertise which was again on display this year at the Canada Cup FINA Grand Prix in Calgary and the FINA Diving World Series in Montreal.

Sport Tourism/Outdoor Training in Matanzas, Cuba – The outdoor training facility in Matanzas was used once again by our national team and by provincial teams this past year. We are always working towards upgrading the facility to continue offering unique camp experiences for divers and hosting more camps each year.

Community Gymnastics-Diving Program – For the past several years, DPC has collaborated with the White Rock Gymnastics and Diving Academy in operating a joint community gymnastics/diving program. By assisting with the restructuring of the business model and the program offerings, this venture has grown enormously. In general, it has proven to us that similar models could be successful in other cities and diving clubs across the country.

Safe Sport

DPC has continued its focus on the safe sport area this past year to ensure safe and welcoming experiences for everyone involved in our sport. DPC now has an independent Third Party Safe Sport Resource Officer, Diane Lazenby, who is available to receive questions and concerns from participants in Canadian diving who believe that they or others are potentially unsafe for one reason or another. Diane's role is completely independent of DPC. Her mandate is to review allegations and provide guidance on addressing safe sport situations and to determine if issues fall within the parameters of DPC's Conduct Policy.

DPC's centralized coach pre-registration system continues to operate and ensure that all club level competitive coaches or higher are approved by the national office in order to register with their

provincial organization or club. The complete approval process, which takes place every three years, includes the following steps:

- 1) Submit a police record check;
- 2) Submit a vulnerable sector check;
- 3) Submit a declaration to confirm that the coach has read and understood the screening policy, has completed all the required forms, and has never violated the Canadian Anti-Doping Program; and
- 4) Submit a comprehensive disclosure form regarding any previous criminal convictions, pending charges or sanctions, civil judgements, out-of-court settlements, or allegations of ethical or moral misconduct.

As most coaches (175) went through the full process in 2018, they were only required to complete steps 3) and 4) this past fall. There were ten new coaches who had to be fully processed in 2019.

A major addition to the pre-registration process was the mandatory completion of an online training program on harassment and abuse. DPC has partnered with the Respect Group to provide Respect in Sport training which assists coaches in recognizing, understanding and responding to issues of bullying, abuse, harassment and discrimination in sport. This training is also being delivered to all of our national team athletes (through Athletes CAN). We are in the process of ensuring that the training is available to board members, administrators and staff across the country, working in conjunction with our provincial partner associations.

Coming our way is a new Universal Code of Conduct for all sports which is being developed by Sport Canada and the Canadian Centre for Ethics in Sport. With the purpose of ensuring more uniformity in sport conduct across Canada, the new code deals explicitly with a range of inappropriate behaviours including psychological, physical, and sexual misconduct, neglect, failure to report, and grooming.

DPC's safe sport resources are now available on our website at <https://diving.ca/resources/>. It contains links to our safe sport policies, the contact info for Safe Sport Officer Diane Lazenby, as well as a new Safe Sport helpline at the Sport Dispute Resolution Centre of Canada.

Event Hosting

In terms of international event hosting, 2019 was another busy year for DPC as we hosted the Canada Cup and then the FINA Diving World Series over a three-week span.

FINA Grand Prix – Canada Cup

This was DPC's second year of a two-year agreement with the City of Calgary and we were delighted to host 130 athletes from 22 countries – definitely one of the best-attended Grand Prix events ever in Canada. Based on lessons learned from year one of hosting at the Repsol Sport Centre, we reconfigured the pool deck set up and re-organized traffic flow to optimize the limited space in the venue. The VIP seating and VIP experience were expanded upon from last year and DPC hosted a successful alumni program which resulted in many people re-connecting after many years. DPC also

hosted a very-well received FINA judges clinic in conjunction with the event. The staff at the Repsol Centre were once again great to work with and we thank Dive Calgary for their support. The City of Calgary and Tourism Calgary and host hotel Ramada Downtown Calgary were again instrumental in making the event a success.

FINA/CNSG Diving World Series

Building upon the success of the Montreal DWS in 2018, DPC hosted another exciting FINA CNSG Diving World Series in Montreal in 2019. Many of the world's best divers from 17 countries thrilled sell-out crowds every night, competing in a dramatic Olympic-like atmosphere. It was noticeable that teams were travelling in substantially larger contingents in this pre-Olympic year as there were 46 coaches and 14 medical staff on site for 83 athletes. Ten judges rounded out the international field.

We were thrilled to beat the ticket sales record that was set last year and much of this was due to the many strategic promotional plans and marketing deals that we had in place with local media partners, with the Parc Olympique and with the local Chinese community. This year, we made a greater investment into the VIP section at the pool and this proved to be a major hit with sponsors and guests in attendance as well as with FINA personnel.

As per last year, signage and décor for the venue was spectacular and provided a great backdrop for our international television feed as well as our domestic broadcasters. We could not have put such a successful event together without our many event hosting partners. The City of Montreal and Tourism Montreal were incredibly supportive of our event and the staff at Parc Olympique and host hotel Royale Versailles were also excellent to work with. We are also thankful for the on-the-ground assistance from Plongeon Quebec leading up to and during the event. We look forward to continuing to build on the success of this event in 2020.

National Championships

Our national championship events were once again executed very smoothly last year thanks to DPC's Sarah Mayer working with our event team staff and key volunteers across the country. Hats off to the following clubs and organizing committees for their hard work in providing excellent events for the divers, coaches and officials:

Winter Nationals – Victoria, BC

- December 14-16, 2018
- Saanich Commonwealth Place
- Host club – Boardworks Diving

Summer Nationals – Windsor, ON

- May 24-26, 2019
- Windsor International Aquatic and Training Centre

- Host club – Windsor Diving Club with Diving Canada

Junior Elite Nationals – Montreal, QC

- July 4-7, 2019
- Claude Robillard, Montreal, QC
- Host club – CAMO

Junior Development Nationals – Regina, SK

- July 18-21, 2019
- Lawson Aquatic Centre
- Host club – Regina Diving Club

Marketing and Promotion

Sponsorship

Following a successful initial agreement last year, DPC was delighted to confirm a three-year sponsorship deal with real estate developer, Groupe Brivia in 2019. During the early stages of the agreement, the Groupe Brivia sponsorship saw national team members sporting the logo of one of the company's downtown condominiums – YUL -- on their national team gear. The YUL logo was also visible on signage at the World Series, the Canada Cup, and at national championship events. Going forward, the logo will change to Brivia's newest downtown Montreal property, 1 Square Phillips, a 61-storey condominium being built over the next four years. As a result, looking ahead, 1 Square Phillips will be very visible on our senior national team divers as well as during and around our major events.

Our four-year agreement with long-time national team swimwear sponsor Speedo continued this year and we look forward to engaging in discussions with their parent company, PVH Canada, regarding extending for another four years after Tokyo 2020.

DPC Brand and Website

DPC was proud to launch its new brand and new website at a press conference in Montreal in February of 2019. The “We Fly Plus Haut” concept has given us a new overall visual identity and also offers a way to align all of DPC's properties (training centres, events, development programs) under the same theme of taking the level of performance and excellence within the federation to new heights. Over the past year, we have been working through a transition period to fully integrate the new logo into all communications materials and national team clothing as well as to update the website so that it is as current as possible and meets current technological standards.

Television and Streaming

DPC invests substantially in broadcasting its events in Canada and around the world. We believe this investment is crucial for maintaining a high level of visibility and growing our membership.

Thanks to our long-term agreement with CBC Sports, both the Canada Cup and the DWS Montreal were streamed on CBC in their entirety and each received two one-hour national TV slots on CBC's "Road to the Olympic Games." In total, there was five hours of coverage on CBC TV and many hours of streamed coverage on CBC and Radio-Canada. Complementing Radio-Canada's French language streaming coverage, RDS produced four one-hour shows for both competitions for tape-delayed broadcast on RDS and RDS2. Streaming for both events was available via DPC's website or directly by going to cbc.ca. Internationally, the World Series was broadcast live and tape delayed around the world to 55 countries via 13 broadcasters. As well, anyone outside of Canada watched both competitions on FINA TV, a subscriber-based service that reached 143 countries and territories. A new strategy for broadcasting or sending highlights of the Canada Cup outside of Canada is being assessed for 2020 and beyond to take into consideration the changing world of TV and streaming.

Viewership stats from CBC:

Dates	Show	Avg Audience	Total Reach
April 4th, 2019	Canada Cup – Women's 3m Final - LIVE	117,400	480,000
April 13th, 2019	Canada Cup - Men's 3m Synchro DELAY	63,900	323,000
April 27th, 2019	DWS – Men's 3m Final - LIVE	80,800	546,000
May 4th, 2019	DWS - W 10m Synchro DELAY	49,100	152,000

Viewership stats from RDS:

Network	Show	# Hours	Total Cumulative Audience	Total Cumulative Reach
RDS	Séries Mondiales 2019 (Montréal)	13	115,000	10,106,000
RDS 2	Séries Mondiales 2019 (Montréal)	8	77,800	6,487,000
Average Audience DWS	9,181			
RDS	Coupe Canada 2019 (Calgary)	13	192,800	16,593,000
RDS 2	Coupe Canada 2019 (Calgary)	4	9,181	790,143
Average Audience CC	10,971			

Social Media

DPC Social Media Outlet	2013	2014	2015	2016	2017	2018	2019
Facebook	2068	2358	3 002	4 464	5 242	5 640	6 121
Twitter	1218	1641	2 219	3 164	3 528	3 731	3 870
Instagram	171	585	855	2 370	2 913	3 446	3 884

Although Diving Canada's social media following continues to grow slowly, it is now reaching more people than ever and our engagement rate is very strong. To measure engagement rate, we look at how many people reacted, shared, commented or clicked on the content that we published. In general, an engagement rate of 6% and higher is considered as very high. With 10.24% in 2019, we can say with confidence that the public's response to Diving Canada's content is excellent and that many members of its online community are very committed. For example, in total, Diving Canada's Facebook content reached over half a million people in 2019, with an average engagement rate of 10.24%, with certain posts reaching up to 21%.

Engagement aside, the following three posts were the ones that reached the most people:

Diving Canada's brand launch video

Meaghan Benfeito wins silver in Sagamihara on her birthday

Celina Toth wins gold in Rostock

Photo albums also garner a lot of attention with engagement rates averaging 67%. This is a strong indicator that photography performs well with Diving Canada's online community. The federation will keep on investing in high quality photography as well as video heading into the Olympic season.

Awards

Diving Plongeon Canada continues to maintain its profile through participation in various external awards programs. A big congratulations to Alex Despatie and Emilie Heymans who were inducted in to the Canadian Olympic Hall of Fame in October. We were also so pleased and proud when Eldon Godfrey was named as an Officer of the Order of Canada in June. Congratulations to Arturo Miranda, Aaron Dziver and Cesar Henderson for receiving a Petro-Canada Coaching Excellence award as a result of their athletes winning medals at the world aquatic championships. Congratulations also to the following Aquatics Canada award winners for last season:

- Male athlete of the year – Vince Riendeau
- Female – Jennifer Abel
- Team of the Year – Jennifer Abel and Melissa Citrini-Beaulieu
- Media of the year – RDS
- Official of the year – H  l  ne Morneau
- Sport Tourism Award – Tourisme Montreal and the City of Montreal
- Master Athlete of the Year – David Snively

SPORT PERFORMANCE

Senior Performance

The key objectives for the season included:

- Securing all six women's Olympic quota spots at the 18th FINA World Championships.
- Winning nine medals at the Pan American Games including gold in all four Olympic events on the women's side.
- Achieving a strong performance index ratio for overall 2019 team performance.
- Establishing Olympic medal capability and international status for our Women's 3m & 10m synchronized teams.
- Improving precision and quality of execution by our targeted NextGen athletes.

Olympic Quota Spots

While we secured six Olympic quota spots at the 2019 World Championships, one of them came unexpectedly from Vincent Riendeau in the Men's 10m individual event. We successfully garnered five of six available spots in the women's events but narrowly missed that coveted sixth spot in the W10m synchronized by a mere 0.81 points. Earning quota spots in the synchronized events at the World Championships is particularly challenging because it requires a podium finish. Our relatively new team of Meaghan Benfeito and Caeli McKay turned in a strong performance, which included successfully unveiling their new back 3 ½ however, Meaghan unfortunately over-rotated on the team's final dive, the inward 3 ½, allowing the Americans to edge us out in what could be considered a "photo-finish".

Caeli McKay is among our most improved athletes in our senior elite ranks. Having focused primarily on the synchro event for the first two seasons of the quad, Caeli made great strides on her individual program last season. She impressed the international community at the Championships with her tremendous physical prowess and gave notice that she could very well be a medal contender at the Olympic level.

Given that our Men's 3m synchronized team has had a string of near podium finishes over the past two seasons, we felt it possible for them to finish in the top three and nail down a quota spot. In a terribly unfortunate turn of events, Philippe Gagné hit the board on his reverse 3 ½. Phil had trouble on the takeoff, landing well on the corner of the board but valiantly attempting the dive nonetheless. Not wanting to let his teammate down in this important event, Phil attempted this extremely difficult dive with a virtual one-foot takeoff. Fortunately, he did not sustain any catastrophic injuries but his impact with the board left him with some serious scrapes and contusions along the entire right side of his body.

Our team won two medals at the Championships; however, only one medal in the Olympic disciplines. We had targeted three Olympic discipline medals but came up just short in the W10m synchro and W3m individual events. With an exceptionally strong W3m synchronized silver, Jennifer Abel and Melissa Citrini-Beaulieu handily dispatched the bronze medal from Mexico.

Our fairly new Men's 10m synchronized team, Vincent Riendeau and 16-year-old Nathan Zombor-Murray, showed great promise qualifying for finals with a fourth-place finish in the preliminaries.

2019 Pan American Games

With the 2019 Pan Am Games running right on the heels of a long and exhausting World Championships, it was hard to know what to expect from our team. Hats off to our coaching staff who rallied the troops and led our team to a string of exceptional performances. Our team met its nine-medal objective in this inspiring season finale.

The entry rules for the Pan Am Games make for a particularly challenging athlete selection process. The rules allow for up to eight athletes provided that the team enters all four synchronized events. In the case that a team does not field teams in all synchronized events, the maximum team size quota is restricted to six athletes. This meant that to maximize our medal potential, all athletes qualifying for individual events would necessarily need to also compete in the synchronized events. Given that our W3m team consisted of Jennifer Abel and Pamela Ware who had not trained or competed together in the synchronized event since the 2016 Olympics, we were thrilled to see them quickly prepare for the event in the days following the World Championships and handily take the Pan Am gold.

Following his misfortunate accident in Gwangju, Philippe Gagné showed great heart, coming back with one of his best performances of the season for a bronze medal finish - only a few points shy of silver.

In the W10m, Meaghan Benfeito's experience and competitive spirit were apparent as she led the way to a Canada one-two finish. Caeli McKay again proved that her star is rising by challenging Meaghan for gold medal but ultimately finishing in second spot -10 points short of gold.

Like the W10m, we had high hopes for a gold-silver finish in the W3m. Living up to those expectations in the prelims, Pam came up 9 points short in the finals for a fourth-place finish. Jennifer Abel reinforced her dominance in the event posting a season-best score of 374 points and completely eclipsing the silver medal score of 334.

Overall Team Performance

In terms of overall team performance, our performance index ratio (which indicates our average performance level) of 3.88 was a step ahead of last season's 3.7. 2019 was a more productive season than 2018, with Canada coming home with a total of 42 medals vs. 2018's 33 medals. A performance index ratio of 3.86 indicates that Canada's average international ranking based on all events entered hovered somewhere between 6th→4th place. Given that we entered significantly more events in 2019 than we did in 2018, our performance statistics indicate greater depth and greater consistency overall. We attribute this improvement to:

The effectiveness of our NextGen program which has accelerated the development of our rising talent and has better prepared them for their transition to senior level competitions.
More consistent top 6 performances from our senior men.

Considerable improvement and more consistency by Melissa Citrini-Beaulieu and Caeli McKay, who were introduced as new 3m & 10m synchro partners (respectively) following the 2016 Olympics. We have seen increased consistency gains in these events over the quad.

As mentioned above, changes were made to our Women's 3m and Women's 10m synchro teams following the 2016 Olympics. While both athletes demonstrated enough potential to carry on the medal-winning tradition of the former teams, taking 11 medals over 2019's 12-competition season, they certainly confirmed their Tokyo podium-contender status amongst the international diving community and most importantly, with the 2020 Olympic judging panel.

Junior Performance

NextGen & UANA Pan American Junior Championships

DPC's NextGen (a.k.a HPAD) program continues to evolve and proves to be a catalyst to improved fundamentals. With coaches participating in a series of camp offerings over the past year, we have taken these opportunities to provide workshops focused on many crucial aspects of athlete development.

Our Canadian team put on an impressive show in Santiago, Chile at the Pan American Junior Championships. Bringing home 25 medals (10 bronze, 9 silver and 6 gold), not only did the team impress with their ability to perform under pressure, they were also the "talk of the town" and the Canadian's impressive precision and attendance to stylistic detail was remarked on frequently. The aggressive step that we took to revamp our junior rules to channel our coaches' attention towards precise mechanics at the temporary expense of DD is paying off. While the Canadian team was rarely performing dives as difficult as those of many of the competing nations, our athletes were consistently outscoring them due to their higher quality of execution – often receiving impressive scores of 8.5 and higher – scores rarely seen at this level of competition. As well, talent is now distributed more broadly across the country which speaks to the improvements of our club programs and which we attribute to the positive impact of our NextGen program.

The communication and the support between our coaches has become truly impressive. Our junior coaches attending camps and national events are benefitting by the more experienced coaches who are generous in sharing their hard-earned knowledge and in helping all coaches to work together as a unified team.

HPAD Camps and Workshops

Based on results from last season's east and west assessment camps, 29 athletes were selected to participate in successive early-season camps. Following the fall camps, 15 athletes were then selected to participate in skill-development camps being held later in the season. Indeed, it was a very full season with many opportunities provided to our most promising athletes and coaches.

2018/19 Camp Summary:

	Dates	Athletes	Coaches / Specialists
HPAD West Assessment camp	Sept 2018	28	10
HPAD East Assessment camp	Sept 2018	26	10
Elite Assessment and skills camp	Oct 2018	14	11
HPAD Dev skills camp (group 1)	Oct 2018	15	10
HPAD Dev skills camp (group 2)	Nov 2018	14	12
HPAD Elite CAN-CHINA Exchange camp	Nov 2018	9	7
HPAD Elite International camp-Mexico	Jan 2019	15	7
HPAD Prospect skills camp	March 2019	10	8
HPAD Dev skills camp-DWS	April 2019	15	11

Additionally, coaches took part in the following workshops:

Workshop	Date	Location	Coaches	Presenters	Topics
HPAD Elite Coaches Workshop	Sept. 10 - 12, 2018	Montreal	10	Dr. Islay-Martinez Mitch Geller Lino Socorro Andrée Pouliot-Deschamps	Physical preparation; principles of training, plyometric training Planning: annual planning, mesocycle planning, training monitoring Technique: entries
HPAD International Camp	April 27-28th, 2019	Montreal	11	Damian Ball (IRE) Adam Smallwood (GBR)	Preparation and development of young divers Long term athlete's development and priorities

Junior Rules

Last season saw a significant shift to the Junior Development Nationals competition format. The D & C age groups were split into two categories (D1 & D2; C1 & C2), with each group obligated to perform prescriptive lists in the prelims in order to qualify for the combined 8-athlete final. This change was introduced to ensure appropriate focus on mastery of fundamental dives and techniques. This strategy is proving to be effective as evidenced by Team Canada's impressive performance at the Pan Am Juniors.

High Diving

Considered a top medal contender for the 18th FINA World Championships in Gwangju Korea, unfortunately, Lysanne Richard had to withdraw from the competition due to a nagging neck/shoulder injury she sustained earlier in the season. Nonetheless, Lysanne was back in action shortly after the World Championships to compete in the remainder of the Red Bull Cliff Diving circuit. With a bronze in Bosnia and Herzegovina, and a silver at the last stop in Spain, Lysanne accumulated enough points to earn a third-place finish in the overall rankings.

Following the 2019 FINA World Cup, Aimee Harrison earned a wild card invitation to the third stop of the Red Bull Cliff Diving circuit in Italy where she picked up a 7th place finish. Aimee is new to the sport and is working on overcoming the height-jitters while she develops a higher DD list.

Through his role on the FINA Technical High Diving Committee, the CTO authored and submitted several recommendations to the FINA Bureau for their consideration and hopefully their approval. The recommendations are geared towards advancing the sport to gain inclusion into the Olympic program.

NCCP Update

DPC currently has approximately 375 active coaches in the Coaching Association of Canada's (CAC) National Coaching Certification Program (NCCP) and this past year, there was more activity than usual in terms of workshops and evaluations. Clinics were held across the country to train coaches at the Instruction-Beginner level and the Competition-Introduction level.

We also held more training opportunities for facilitators and evaluators. DPC held a National Core Evaluators online training opportunity for the first time. This training was a good opportunity to evaluate the effectiveness of online training and look at the potential for future online learning. A big thanks to Jill Brewer and Andree Pouliot-Deschamps for their continued assistance in completing coach evaluations.

National Diving Institutes

DPC Diving Institutes in Montreal, Toronto and Victoria continue to operate well with very good service being provided to our divers by the respective Canadian Sport Institutes (CSIs). The CSI's provide Diving Canada with a critical link in the athlete development pathway – ensuring that our most promising athletes have access to enhanced sport performance services otherwise unavailable and unaffordable within traditional club programs.

Montreal Diving Institute

As most are aware, the Montreal Diving Institute at INS Quebec is host to the bulk of our expected Olympic team and many of our top medal contenders. As such, the “leave-no-stone-unturned” philosophy is in play with our coaches working long hours and the INS support staff ensuring that all athlete needs are attended to. A new somersault rack has been installed to provide athletes with ample opportunity to enhance their spotting skills and kick-out sequencing. The “rack” was Canadian

built and once all bugs are addressed, will begin to be produced for purchase by other programs. The new VP-Performance Services of INS Quebec, Roger Archambault, is instituting improved communication processes and internal systems with resident sports at INS. Additionally, the INS is examining capital investment at Olympic Pool/INS and are considering investing in a new body composition testing machine, a conditioning studio and a mental training room.

Toronto Diving Institute

Although there was a slight decrease in funding last year to the CSI-Ontario due to overall sport budget cuts by the Government of Ontario, our program at the Toronto Diving Institute remains financially healthy and continues to thrive. As the program grows in both numbers and performance, we recognize the need for an additional coach to round out the program and will soon begin seeking a coach to fill this role.

Victoria

Support from CSI Pacific has been excellent over the past year and feedback from CSI Pacific (Victoria) leadership has been very positive with respect to the operations of our diving programming in Victoria. Tommy McLeod continues to provide excellent leadership to the program and is a great liaison with Pacific Sport. Strength and conditioning practitioner, Dana Agar-Newman continues to have a positive impact on the Victoria divers as his training style is in complete alignment with that of the diving team.

Judging

We are very pleased with the recent growth of our national judges roster as there is now 28 judges on the list as well as eight apprentice judges. One of the major targets has been to increase the number of judges under the age of 40; and as of 2019, 28.5% of the national roster meets this criteria.

There has now been a four year cycle of the new officials committee and this group has been very successful at keeping things moving forward, updating and modernizing the education material, bringing new ideas to the national symposium as well as identifying recognition ideas for this strong group of volunteers who are essential for the smooth running our competitions.

The annual judges symposium continues to be a well-attended and a valuable educational opportunity for our judges. It provides an away-from-competition opportunity to discuss diving techniques and to look at continued improvement. It also provides the opportunity to discuss the role and decisions of the meet referees and the event referees to ensure consistency in the application of rules. Most importantly, these symposiums have opened up deeper dialogue between coaches and judges to increase appreciation, and in turn scoring accuracy, of important fundamental skills required at the formative stages of athlete development.

DPC continues to have strong representation at international events. Our judges rank among the best in the world and their opinions are valued. Canadian diving continues to have a role in assisting the development of other international judges through support and mentoring at



2019 ANNUAL GENERAL MEETING ASSEMBLÉE GÉNÉRALE ANNUELLE 2019

international competitions and through participation in international development opportunities for judges from the less-developed countries.

Respectfully submitted,

Penny Joyce
Chief Operating Officer

Mitch Geller
Chief Technical Officer

WE FLY | PLUS HAUT

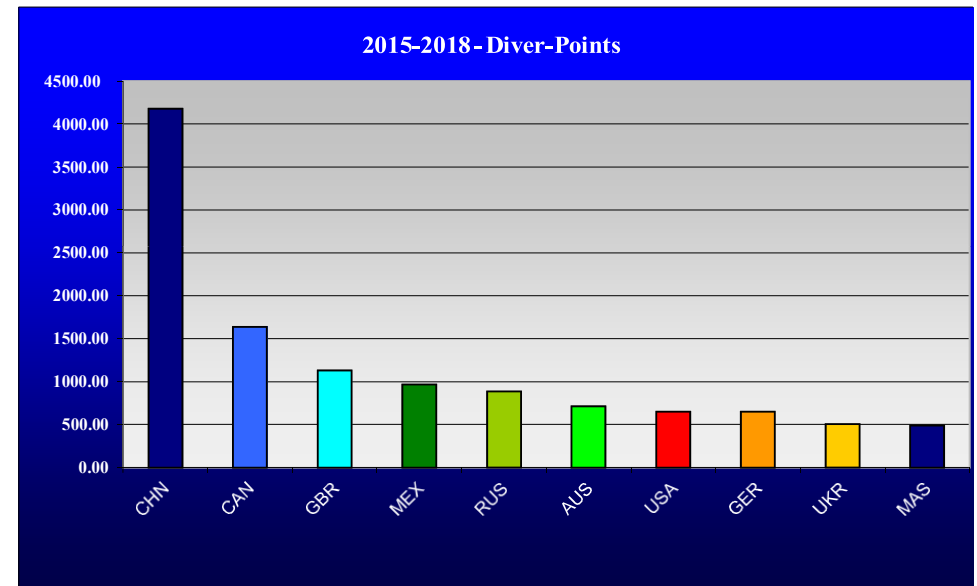
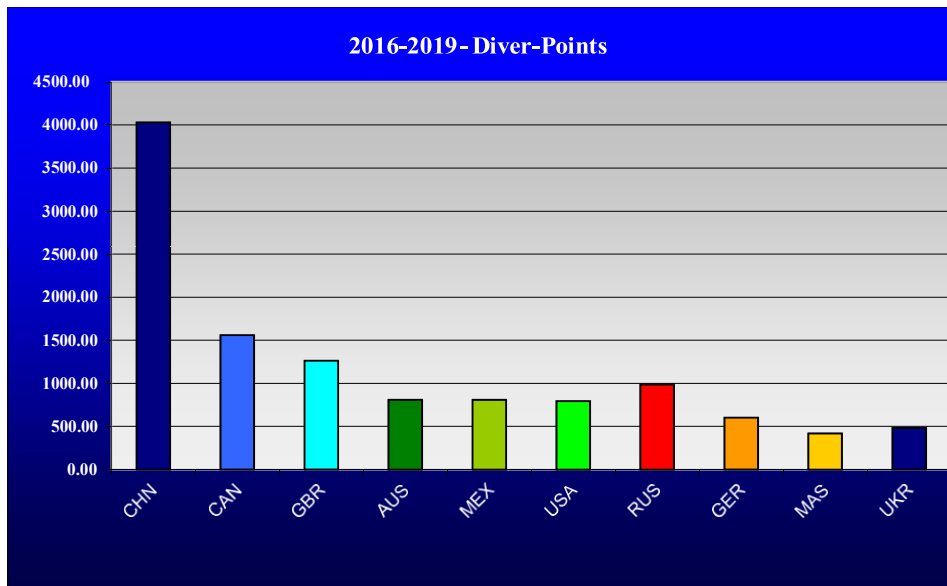
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PERFORMANCE INDEX COMPARISON - INTERNATIONAL

PER QUADRENNIAL

2016-19	Diver-Events	Diver-Points	Points-Ratio	Top 12	Top 6	Top 3	Bronze	Silver	Gold
CHN	464	4030.80	8.69	456	439	403	37	98	268
CAN	410	1558.25	3.80	382	267	140	54	58	28
GBR	364	1261.30	3.47	329	212	108	49	42	17
AUS	246	808.60	3.29	211	141	68	40	18	10
MEX	256	808.90	3.16	217	134	52	17	22	13
USA	256	795.20	3.11	216	132	63	36	21	6
RUS	322	988.10	3.07	276	182	77	36	33	8
GER	221	600.90	2.72	160	98	39	14	15	10
MAS	169	418.60	2.48	136	77	21	12	6	3
UKR	195	481.40	2.47	146	88	31	18	11	2

2015-18	Diver-Events	Diver-Points	Points-Ratio	Top 12	Top 6	Top 3	Bronze	Silver	Gold
CHN	490	4176.80	8.52	483	457	417	35	104	278
CAN	423	1639.25	3.88	394	273	151	54	68	29
GBR	339	1132.10	3.34	305	192	96	47	35	14
MEX	295	968.10	3.28	257	172	64	25	23	16
RUS	302	886.80	2.94	255	159	65	35	23	7
AUS	227	714.90	3.15	197	127	56	35	16	5
USA	222	652.40	2.94	179	113	50	29	19	2
GER	237	651.10	2.75	180	109	45	20	16	9
UKR	198	504.20	2.55	157	96	27	14	12	1
MAS	187	490.40	2.62	153	88	31	17	10	4



PERFORMANCE INDEX COMPARISON - INTERNATIONAL

PERFORMANCE INDEX RESULTS BY YEAR

2019	Diver-Events	Diver-Points	Points-Ratio	Top 12	Top 6	Top 3	Bronze	Silver	Gold
CHN	124	1059.50	8.54	120	118	106	14	26	66
CAN	127	492.50	3.88	118	83	41	14	16	11
AUS	65	242.50	3.73	56	41	20	8	6	6
GBR	119	421.00	3.54	109	73	38	19	12	7
MEX	97	338.30	3.49	82	47	28	9	11	8
USA	86	291.30	3.39	79	46	22	12	6	4
RUS	95	308.80	3.25	81	57	25	7	16	2
GER	52	133.80	2.57	34	23	10	4	3	3
UKR	51	121.50	2.38	38	20	9	6	1	2
MAS	44	90.50	2.06	34	19	3	2	1	0
2018	Diver-Events	Diver-Points	Points-Ratio	Top 12	Top 6	Top 3	Bronze	Silver	Gold
CHN	113	966.00	8.55	113	107	98	2	23	73
CAN	86	335.00	3.90	83	59	33	14	13	6
MEX	39	140.30	3.60	35	29	10	3	5	2
GBR	101	337.00	3.34	93	57	32	13	14	5
RUS	82	259.80	3.17	69	52	23	11	10	2
AUS	72	211.80	2.94	63	37	19	11	5	3
GER	61	162.00	2.66	50	31	10	5	2	3
UKR	46	119.30	2.59	34	24	9	5	4	0
USA	69	176.30	2.55	55	30	18	13	5	0
MAS	57	144.80	2.54	52	28	8	5	1	2
2017	Diver-Events	Diver-Points	Points-Ratio	Top 12	Top 6	Top 3	Bronze	Silver	Gold
CHN	97	896.50	9.24	96	93	90	9	23	58
AUS	52	199.50	3.84	46	33	20	13	6	1
CAN	85	320.50	3.77	78	59	26	10	11	5
GBR	73	272.50	3.73	69	46	20	8	8	4
RUS	71	246.00	3.46	67	39	19	11	5	3
GER	58	160.30	2.76	42	25	10	3	6	1
MAS	38	102.00	2.68	29	15	6	3	2	1
MEX	66	177.00	2.68	54	32	8	2	4	2
UKR	45	104.80	2.33	35	20	2	1	1	0
USA	35	80.80	2.31	26	15	3	2	1	0

2016	Diver-Events	Diver-Points	Points-Ratio	Top 12	Top 6	Top 3	Bronze	Silver	Gold
CHN	130	1108.80	8.53	127	121	109	12	26	71
USA	66	246.80	3.74	56	41	20	9	9	2
CAN	112	410.25	3.66	103	66	40	16	18	6
GBR	71	230.80	3.25	58	36	18	9	8	1
GER	50	144.80	2.90	34	19	9	2	4	3
MEX	54	153.30	2.84	46	26	6	3	2	1
AUS	57	154.80	2.71	46	30	9	8	1	0
MAS	30	81.30	2.71	21	15	4	2	2	0
UKR	53	135.80	2.56	39	24	11	6	5	0
RUS	74	173.50	2.34	59	34	10	7	2	1

PERFORMANCE ANALYSIS - 2019 INTERNATIONAL PROGRAM

(As of Sept 27, 2019)

Ranks	# Divers	
	2019	2018
Top 12	118	81
Top 6	83	56
Top 3	41	30
Bronze	14	13
Silver	16	11
Gold	11	6
Sex/Board	Avg. Rank	Avg. Score
X - 3M Synchro	2.40	310.12
W - 10M Synchro	2.70	308.08
W - 3M Synchro	3.10	290.09
X - 10M Synchro	4.00	307.76
M - 10M Synchro	4.80	386.55
W - 3M	5.30	313.35
W - Platform	5.60	305.93
M - 3M Synchro	5.80	372.67
M - Platform	8.30	395.69
M - 3M	10.30	389.36

General	Statistic	
	2019	2018
Diver-Events	127.00	86.00
Diver-Points	492.50	318.00
Points-Ratio	3.88	3.70

Club	Points	Events	Avg. Points
PCDC	287.50	54.5	5.28
CAMO	169.00	51.5	3.28
BOARDWORKS	23.00	9.0	2.56
TDA	4.00	2.0	2.00
OPTIMAL	3.50	2.5	1.40
SASKATOON	3.00	4.0	0.75
NEPEAN OTT	1.50	1.5	1.00
IND	1.00	1.0	1.00
ARO	0.00	1.0	0.00

Event	Points	Events	Avg. Points
X-3M Synchro	49.25	7	7.04
W-10M Synchro	47.75	7	6.82
W-3M Synchro	60.75	9	6.75
M-10M Synchro	23.50	5	4.70
X-10M Synchro	26.00	6	4.33
M-3M Synchro	38.75	9	4.31
W-3M	86.25	20	4.31
W-10M	81.25	20	4.06
M-3M	43.25	24	1.80
M-10M	35.75	20	1.79

Competition	Points	Events	Avg. Points	Gold	Silver	Bronze	Total
2019 German GP	15.00	6	2.50	1	0	0	1
2019 WS1 - JPN	49.00	11	4.45	0	3	2	5
2019 WS2 - CHN	46.00	14	3.29	0	1	5	6
2019 CAN GP	89.00	14	6.36	5	3	1	9
2019 USA GP	7.00	6	1.17	0	0	0	0
2019 WS3 - CAN	44.00	14	3.14	0	2	1	3
2019 WS4 - RUS	32.00	11	2.91	1	0	1	2
2019 WS5 - GBR	34.00	10	3.40	0	1	2	3

2019 PERFORMANCE SUMMARY - INDIVIDUAL											
(As of Sept 27, 2019)											
Name	Competition	Event	Rank	# Divers	Score	Points	Club	Synchro Partner			
ABEL,JENNIFER	18th World Champs	3M	4	51	333.35	5.25	PCDC				
	18th World Champs	3M Synchro	2	12	311.10	6.13	PCDC	CITRINI-BEAULIEU,MELISSA			
	18th World Champs	3M Synchro	2	18	304.08	6.13	PCDC	IMBEAU-DULAC,FRANCOIS			
	2019 CAN GP	3M	1	35	334.55	10.00	PCDC				
	2019 CAN GP	3M Synchro	1	11	288.69	5.00	PCDC	CITRINI-BEAULIEU,MELISSA			
	2019 CAN GP	3M Synchro	1	7	304.59	5.00	PCDC	IMBEAU-DULAC,FRANCOIS			
	2019 Pan Am	3M	1	16	374.25	12.50	PCDC				
	2019 Pan Am	3M Synchro	1	7	309.60	6.25	PCDC	WARE,PAMELA			
	2019 WS1 - JPN	3M	3	12	353.40	5.00	PCDC				
	2019 WS1 - JPN	3M Synchro	2	8	327.93	3.50	PCDC	IMBEAU-DULAC,FRANCOIS			
	2019 WS1 - JPN	3M Synchro	2	8	302.97	3.50	PCDC	CITRINI-BEAULIEU,MELISSA			
	2019 WS2 - CHN	3M	3	12	332.70	5.00	PCDC				
	2019 WS2 - CHN	3M Synchro	6	7	267.42	1.50	PCDC	CITRINI-BEAULIEU,MELISSA			
	2019 WS2 - CHN	3M Synchro	2	7	304.08	3.50	PCDC	IMBEAU-DULAC,FRANCOIS			
	2019 WS3 - CAN	3M	4	12	331.75	3.00	PCDC				
	2019 WS3 - CAN	3M Synchro	3	7	310.89	2.50	PCDC	IMBEAU-DULAC,FRANCOIS			
	2019 WS3 - CAN	3M Synchro	2	8	306.27	3.50	PCDC	CITRINI-BEAULIEU,MELISSA			
	2019 WS4 - RUS	3M	1	12	330.60	10.00	PCDC				
	2019 WS4 - RUS	3M Synchro	7	8	262.95	0.50	PCDC	CITRINI-BEAULIEU,MELISSA			
	2019 WS4 - RUS	3M Synchro	4	6	300.27	1.50	PCDC	IMBEAU-DULAC,FRANCOIS			
2019 WS5 - GBR	3M	2	12	353.05	7.00	PCDC					
2019 WS5 - GBR	3M Synchro	3	8	306.45	2.50	PCDC	CITRINI-BEAULIEU,MELISSA				

	2019 WS5 - GBR	3M Synchro	3	6	319.02	2.50	PCDC	IMBEAU-DULAC,FRANCOIS
BELANGER,ELOISE	2019 Spain GP	10M	8	16	258.55	1.00	CAMO	
BENEFITO,MEAGHAN	18th World Champs	10M	6	38	347.80	5.25	PCDC	
	18th World Champs	10M Synchro	4	11	304.05	2.63	PCDC	MCKAY,CAELI
	2019 CAN GP	10M Synchro	2	5	313.86	3.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 CAN GP	10M Synchro	1	3	305.85	5.00	PCDC	MCKAY,CAELI
	2019 Pan Am	10M	1	14	375.05	12.50	PCDC	
	2019 Pan Am	10M Synchro	1	4	320.64	6.25	PCDC	MCKAY,CAELI
	2019 WS1 - JPN	10M	2	13	385.10	7.00	PCDC	
	2019 WS1 - JPN	10M Synchro	3	8	311.70	2.50	PCDC	MCKAY,CAELI
	2019 WS1 - JPN	10M Synchro	6	8	305.64	1.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 WS2 - CHN	10M	3	12	336.40	5.00	PCDC	
	2019 WS2 - CHN	10M Synchro	3	7	313.14	2.50	PCDC	MCKAY,CAELI
	2019 WS2 - CHN	10M Synchro	3	7	300.96	2.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 WS3 - CAN	10M	10	12	279.65	1.00	PCDC	
	2019 WS3 - CAN	10M Synchro	5	8	306.60	1.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 WS3 - CAN	10M Synchro	2	7	328.47	3.50	PCDC	MCKAY,CAELI
2019 WS4 - RUS	10M Synchro	5	5	272.70	1.50	PCDC	MCKAY,CAELI	
CHAMANDY,OLIVIA	2019 Spain GP	3M	7	23	271.30	1.00	CAMO	
	2019 Spain GP	3M Synchro	4	9	255.39	1.50	CAMO	VALLEE,MIA

2019 PERFORMANCE SUMMARY - INDIVIDUAL

(As of Sept 27, 2019)

Name	Competition	Event	Rank	# Divers	Score	Points	Club	Synchro Partner
CIPRICK,THOMAS	2019 USA GP	3M	25	41	318.60	0.00	PCDC	
CITRINI-BEAULIEU,MELISSA	18th World Champs	3M Synchro	2	12	311.10	6.13	CAMO	ABEL,JENNIFER
	2019 CAN GP	3M Synchro	1	11	288.69	5.00	CAMO	ABEL,JENNIFER
	2019 WS1 - JPN	3M Synchro	2	8	302.97	3.50	CAMO	ABEL,JENNIFER
	2019 WS2 - CHN	3M Synchro	6	7	267.42	1.50	CAMO	ABEL,JENNIFER
	2019 WS3 - CAN	3M Synchro	2	8	306.27	3.50	CAMO	ABEL,JENNIFER
	2019 WS4 - RUS	3M Synchro	7	8	262.95	0.50	CAMO	ABEL,JENNIFER
	2019 WS5 - GBR	3M Synchro	3	8	306.45	2.50	CAMO	ABEL,JENNIFER
DICK,ELAENA	2019 Spain GP	10M	9	16	250.15	1.00	TDA	
	2019 USA GP	10M	6	18	224.50	3.00	TDA	
ERLAM,MARGO	2019 USA GP	3M	26	31	189.70	0.00	SASKATOON	
FOFANA,CEDRIC	2019 USA GP	3M	20	41	325.70	0.00	ARO	
GAGNE,PHILIPPE	18th World Champs	3M	29	57	370.40	0.00	CAMO	
	18th World Champs	3M Synchro	25	25	182.94	0.00	CAMO	IMBEAU-DULAC,FRANCOIS
	2019 CAN GP	3M	5	41	439.55	3.00	CAMO	
	2019 CAN GP	3M Synchro	1	12	398.73	5.00	CAMO	IMBEAU-DULAC,FRANCOIS
	2019 Pan Am	3M Synchro	2	9	414.21	4.38	CAMO	IMBEAU-DULAC,FRANCOIS
	2019 Pan Am	3M	3	19	448.65	6.25	CAMO	
	2019 WS1 - JPN	3M	6	13	424.95	3.00	CAMO	
	2019 WS1 - JPN	3M Synchro	4	8	416.37	1.50	CAMO	IMBEAU-DULAC,FRANCOIS

	2019 WS2 - CHN	3M	11	12	395.50	1.00	CAMO	
	2019 WS2 - CHN	3M Synchro	3	7	399.48	2.50	CAMO	IMBEAU-DULAC,FRANCOIS
	2019 WS3 - CAN	3M	6	13	435.00	3.00	CAMO	
	2019 WS3 - CAN	3M Synchro	5	7	409.11	1.50	CAMO	IMBEAU-DULAC,FRANCOIS
	2019 WS4 - RUS	3M	6	11	425.30	3.00	CAMO	
	2019 WS4 - RUS	3M Synchro	4	6	399.39	1.50	CAMO	IMBEAU-DULAC,FRANCOIS
	2019 WS5 - GBR	3M	7	10	447.05	1.00	CAMO	
	2019 WS5 - GBR	3M Synchro	4	6	404.67	1.50	CAMO	IMBEAU-DULAC,FRANCOIS
GOSSELIN-PARADIS,LAURENT	2019 Spain GP	10M	9	16	349.55	1.00	CAMO	
	2019 USA GP	10M	8	24	382.25	1.00	CAMO	
GROVER,RYAN	2019 Italy GP	3M	11	21	338.00	1.00	BOARDWORKS	
HATTIE,BRYDEN	18th World Champs	10M	20	47	379.30	0.00	BOARDWORKS	
	2019 CAN GP	10M	12	28	334.10	1.00	BOARDWORKS	
	2019 Italy GP	10M	4	17	352.15	3.00	BOARDWORKS	
HENSCHTEL, TYLER	2019 Spain GP	10M	7	16	412.05	1.00	IND	
IMBEAU-DULAC,FRANCOIS	18th World Champs	3M	16	57	395.20	0.00	CAMO	
	18th World Champs	3M Synchro	25	25	182.94	0.00	CAMO	GAGNE,PHILIPPE
	18th World Champs	3M Synchro	2	18	304.08	6.13	CAMO	ABEL,JENNIFER
	2019 CAN GP	3M	6	41	427.30	3.00	CAMO	
	2019 CAN GP	3M Synchro	1	12	398.73	5.00	CAMO	GAGNE,PHILIPPE
	2019 CAN GP	3M Synchro	1	7	304.59	5.00	CAMO	ABEL,JENNIFER
	2019 Pan Am	3M Synchro	2	9	414.21	4.38	CAMO	GAGNE,PHILIPPE

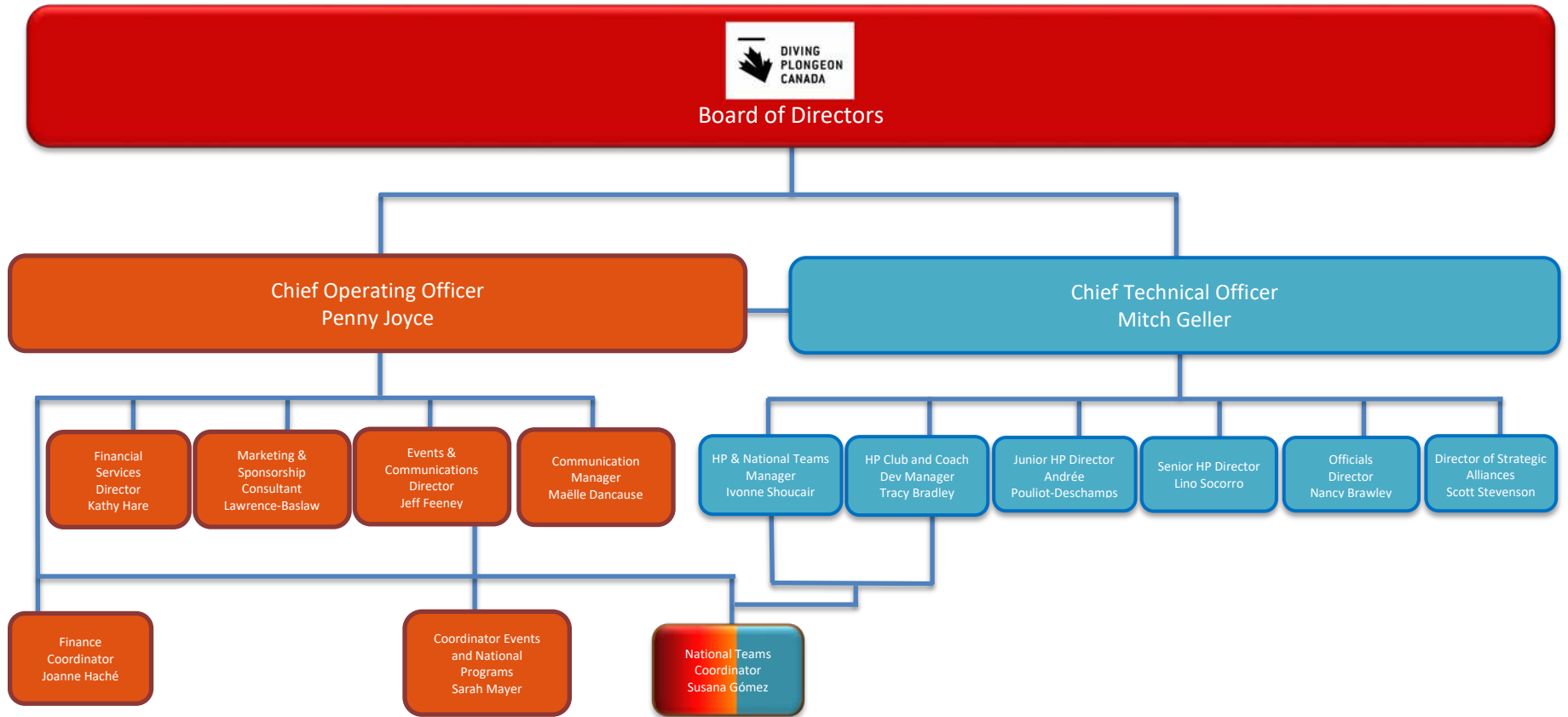
2019 PERFORMANCE SUMMARY - INDIVIDUAL								
(As of Sept 27, 2019)								
Name	Competition	Event	Rank	# Divers	Score	Points	Club	Synchro Partner
IMBEAU-DULAC,FRANCOIS	2019 Pan Am	3M	14	19	365.15	0.00	CAMO	
	2019 WS1 - JPN	3M	4	13	433.60	3.00	CAMO	
	2019 WS1 - JPN	3M Synchro	2	8	327.93	3.50	CAMO	ABEL,JENNIFER
	2019 WS1 - JPN	3M Synchro	4	8	416.37	1.50	CAMO	GAGNE,PHILIPPE
	2019 WS2 - CHN	3M	7	12	403.85	1.00	CAMO	
	2019 WS2 - CHN	3M Synchro	3	7	399.48	2.50	CAMO	GAGNE,PHILIPPE
	2019 WS2 - CHN	3M Synchro	2	7	304.08	3.50	CAMO	ABEL,JENNIFER
	2019 WS3 - CAN	3M	10	13	404.40	1.00	CAMO	
	2019 WS3 - CAN	3M Synchro	5	7	409.11	1.50	CAMO	GAGNE,PHILIPPE
	2019 WS3 - CAN	3M Synchro	3	7	310.89	2.50	CAMO	ABEL,JENNIFER
	2019 WS4 - RUS	3M	7	11	407.50	1.00	CAMO	
	2019 WS4 - RUS	3M Synchro	4	6	399.39	1.50	CAMO	GAGNE,PHILIPPE
	2019 WS4 - RUS	3M Synchro	4	6	300.27	1.50	CAMO	ABEL,JENNIFER
	2019 WS5 - GBR	3M	6	10	424.90	3.00	CAMO	
	2019 WS5 - GBR	3M Synchro	4	6	404.67	1.50	CAMO	GAGNE,PHILIPPE
	2019 WS5 - GBR	3M Synchro	3	6	319.02	2.50	CAMO	ABEL,JENNIFER
MCCOOL,ASHLEY	2019 Italy GP	10M	4	16	269.80	3.00	CAMO	
MCKAY,CAELI	18th World Champs	10M	7	38	331.40	1.75	PCDC	
	18th World Champs	10M Synchro	4	11	304.05	2.63	PCDC	BENFEITO,MEAGHAN
	2019 CAN GP	10M	2	20	341.25	7.00	PCDC	
	2019 CAN GP	10M Synchro	1	3	305.85	5.00	PCDC	BENFEITO,MEAGHAN

	2019 Pan Am	10M Synchro	1	4	320.64	6.25	PCDC	BENFEITO,MEAGHAN
	2019 Pan Am	10M	2	14	365.70	8.75	PCDC	
	2019 WS1 - JPN	10M	5	13	328.05	3.00	PCDC	
	2019 WS1 - JPN	10M Synchro	3	8	311.70	2.50	PCDC	BENFEITO,MEAGHAN
	2019 WS2 - CHN	10M Synchro	3	7	313.14	2.50	PCDC	BENFEITO,MEAGHAN
	2019 WS3 - CAN	10M Synchro	2	7	328.47	3.50	PCDC	BENFEITO,MEAGHAN
	2019 WS4 - RUS	10M	8	10	297.05	1.00	PCDC	
	2019 WS4 - RUS	10M Synchro	3	6	312.42	2.50	PCDC	RIENDEAU,VINCENT
	2019 WS4 - RUS	10M Synchro	5	5	272.70	1.50	PCDC	BENFEITO,MEAGHAN
	2019 WS5 - GBR	10M	6	10	295.25	3.00	PCDC	
	2019 WS5 - GBR	10M Synchro	5	6	307.05	1.50	PCDC	RIENDEAU,VINCENT
MCKAY,HENRY	2019 Spain GP	3M	18	36	309.45	0.00	NEPEAN OTT	
	2019 Spain GP	3M Synchro	4	11	329.16	1.50	NEPEAN OTT	POVZNER,VICTOR
PITMAN,ETHAN	2019 German GP	10M	10	16	343.05	1.00	CAMO	
	2019 Italy GP	10M	8	17	367.00	1.00	CAMO	
POVZNER,VICTOR	2019 German GP	3M	7	26	358.45	1.00	OPTIMAL	
	2019 Spain GP	3M	10	36	329.20	1.00	OPTIMAL	
	2019 Spain GP	3M Synchro	4	11	329.16	1.50	OPTIMAL	MCKAY,HENRY
RIENDEAU,VINCENT	18th World Champs	10M	11	47	440.70	1.75	PCDC	
	18th World Champs	10M Synchro	11	12	368.19	0.88	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 CAN GP	10M	4	28	406.30	3.00	PCDC	

2019 PERFORMANCE SUMMARY - INDIVIDUAL

(As of Sept 27, 2019)

Name	Competition	Event	Rank	# Divers	Score	Points	Club	Synchro Partner
RIENDEAU,VINCENT	2019 CAN GP	10M Synchro	2	7	392.04	3.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 Pan Am	10M Synchro	2	8	396.12	4.38	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 Pan Am	10M	3	16	462.70	6.25	PCDC	
	2019 WS2 - CHN	10M	11	12	385.70	1.00	PCDC	
	2019 WS2 - CHN	10M Synchro	5	7	378.69	1.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 WS3 - CAN	10M	5	12	469.55	3.00	PCDC	
	2019 WS3 - CAN	10M Synchro	4	7	397.71	1.50	PCDC	ZSOMBOR-MURRAY,NATHAN
	2019 WS4 - RUS	10M	8	9	393.90	1.00	PCDC	
	2019 WS4 - RUS	10M Synchro	3	6	312.42	2.50	PCDC	MCKAY,CAELI
	2019 WS5 - GBR	10M	7	9	445.00	1.00	PCDC	
	2019 WS5 - GBR	10M Synchro	5	6	307.05	1.50	PCDC	MCKAY,CAELI
THACH MAI,PETER	2019 German GP	3M	10	26	330.00	1.00	CAMO	
	2019 Italy GP	3M	2	21	386.90	7.00	CAMO	
TOTH,CELINA	2019 CAN GP	10M	6	20	279.70	3.00	BOARDWORKS	
	2019 German GP	10M	1	16	324.60	10.00	BOARDWORKS	
	2019 Italy GP	10M	5	16	268.35	3.00	BOARDWORKS	
	2019 WS2 - CHN	10M	8	12	307.75	1.00	BOARDWORKS	
	2019 WS3 - CAN	10M	12	12	252.50	1.00	BOARDWORKS	





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DIVING PLONGEON CANADA

Financial Statements For the year ended August 31, 2019

Diving Plongeon Canada

Financial Statements

For the year ended August 31, 2019

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Independent Auditor's Report

To the Members of the Diving Plongeon Canada

Opinion

We have audited the financial statements of Diving Plongeon Canada (the "association") which comprise the balance sheet as at August 31, 2019, and the statements of operations and retained earnings, and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the association as at August 31, 2019, and its results of operations and its cash flows for the year then ended in accordance with Canadian Accounting Standards for Not-for-Profit Organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the association in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian Accounting Standards for Not-for-Profit Organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, management is responsible for assessing the association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the association or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the association's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Auditor's Responsibilities for the Audit of the Financial Statements (continued)

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Baker Tilly Ottawa LLP

Chartered Professional Accountants, Licensed Public Accountants
December 13, 2019
Ottawa, Ontario

Diving Plongeon Canada Balance Sheet

August 31	2019	2018
Assets		
Current		
Cash (Note 1)	\$ 988,102	\$ 721,585
Accounts receivable	1,415,223	1,435,829
Government remittances receivable	95,311	102,419
Prepaid expenses	65,772	13,943
	2,564,408	2,273,776
Tangible capital assets (Note 2)	49,503	2,960
	\$ 2,613,911	\$ 2,276,736

Liabilities and Net Assets

Current		
Accounts payable and accrued liabilities	\$ 587,311	\$ 366,791
Deferred revenue (Note 3)	48,516	122,100
	635,827	488,891
Net Assets		
Unrestricted	1,978,084	1,787,845
	\$ 2,613,911	\$ 2,276,736

On behalf of the Board:

_____ Director

_____ Director

Diving Plongeon Canada
Statement of Changes in Net Assets

For the year ended August 31	2019	2018
Balance, beginning of year	\$ 1,787,845	\$ 1,594,345
Excess of revenue over expenses for the year	190,239	193,500
Balance, end of year	\$ 1,978,084	\$ 1,787,845

Diving Plongeon Canada Statement of Operations

For the year ended August 31	2019	2018
Revenue		
Sport Canada	\$ 4,105,180	\$ 4,041,705
Canadian Sport Institutes	180	-
Canada Cup	581,011	519,964
Coaching Association of Canada	3,000	6,000
Diving World Series	813,989	713,072
Donations	66,670	86,568
Events	63,256	63,558
FINA	425,239	205,260
Gain on disposal of tangible capital asset	26,000	-
Insurance premiums	31,921	33,999
International team fees	9,050	11,100
Membership fees	24,130	24,359
Pan Am Juniors	10,000	240,578
Sales	773	1,228
Sponsorships	109,255	69,465
Training Camp Management	80,544	102,528
Toronto Diving Academy	332,329	300,717
Miscellaneous	250,360	242,470
	6,932,887	6,662,571
Expenses		
Amortization of tangible capital assets	14,490	18,410
Athletes (Schedule 1)	1,877,639	1,638,188
Coaches (Schedule 2)	924,543	879,407
Events/competitions (Schedule 3)	1,565,743	1,599,966
Clubs/sections (Schedule 4)	754,245	832,645
Officials (Schedule 5)	211,119	196,047
Planning and Management (Schedule 6)	1,082,254	1,054,183
Toronto Diving Academy	312,615	250,225
	6,742,648	6,469,071
Excess of revenue over expenses for the year	\$ 190,239	\$ 193,500

Diving Plongeon Canada Statement of Cash Flows

For the year ended August 31	2019	2018
Cash from (used in) operating activities		
Excess of revenue over expenses for the year	\$ 190,239	\$ 193,500
Items not affecting cash		
Gain on disposal of tangible capital asset	(26,000)	-
Amortization of tangible capital assets	14,490	18,410
	178,729	211,910
Net change in non-cash working capital items		
Accounts receivable	20,606	(282,302)
Government remittances receivable	7,108	55,259
Prepaid expenses	(51,829)	(2,584)
Accounts payable and accrued liabilities	220,521	(4,069)
Deferred revenue	(73,584)	101,900
	301,551	80,114
Cash used in investing activities		
Acquisition of tangible capital assets	(35,034)	(1,778)
Increase in cash during the year	266,517	78,336
Cash, beginning of year	721,585	643,249
Cash, end of year	\$ 988,102	\$ 721,585

Diving Plongeon Canada

Summary of Significant Accounting Policies

August 31, 2019

Nature of Business	<p>The association was incorporated as a not-for-profit organization under Part II of the Canada Corporations Act with federal letters patent dated November 25, 1968, and was continued under the Canada Not-for-profit Corporations Act on June 26, 2014.</p> <p>The association is a registered Canadian Amateur Athletics Association. Under the Income Tax Act, the association is a registered charity and is exempt from income taxes.</p>
Basis for Presentation	<p>These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations which are part of Canadian generally accepted accounting principles and include the following significant accounting policies.</p>
Use of Estimates	<p>The preparation of financial statements in accordance with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. The association's estimates relate to provision for doubtful receivables and estimated useful life of tangible capital assets. Actual results could differ from management's best estimates as additional information becomes available in the future.</p>
Financial Instruments	<p><u>Measurement of financial instruments</u></p> <p>Financial instruments are financial assets or liabilities of the association where, in general, the association has the right to receive cash or another financial asset from another party or the association has the obligation to pay another party cash or other financial asset.</p> <p>The association initially measures its financial assets and liabilities at fair value.</p> <p>The association subsequently measures all its financial assets and financial liabilities at amortized cost.</p> <p>Financial assets and financial liabilities measured at amortized cost include cash, accounts receivable, government remittances receivable and accounts payable and accrued liabilities.</p> <p><u>Impairment</u></p> <p>Financial assets measured at cost are tested for impairment when there are indicators of impairment. The amount of the write-down is recognized in excess of revenue over expenses. The previously recognized impairment loss may be reversed to the extent of the improvement, directly or by adjusting the allowance account, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in excess of revenue over expenses.</p>

Diving Plongeon Canada

Summary of Significant Accounting Policies

August 31, 2019

Financial Instruments
(continued)

Transaction costs

The association recognizes its transaction costs in excess of revenue over expenses in the period incurred. However, financial instruments that will not be subsequently measured at fair value are adjusted by the transaction costs that are directly attributable to their origination, issuance or assumption.

Revenue Recognition

The association follows the deferral method of accounting for contributions. The association receives Government of Canada contributions for the purpose of sponsoring specific activities during the year. Expenses are applied against contributions on the accrual basis. Unexpended portions of Government of Canada contributions as at August 31 are deferred to the next fiscal year and are recorded as current liabilities. Funds which have been granted for projects but not received as at August 31 are recorded as accounts receivable, to the extent that grantable expenses have been incurred.

Other revenues are recorded when earned.

Tangible Capital Assets

Tangible capital assets are recorded at cost. Assets with a cost less than \$2,000 are expensed in the year of acquisition. Amortization is based on the estimated useful life of the asset and is provided as follows:

Computers	33.3%	straight-line basis
Event equipment	33.3%	straight-line basis
Furniture and equipment	20%	straight-line basis
Leasehold improvements	20%	straight-line basis
Vehicle	16.6%	straight-line basis

The estimated useful life for vehicles has changed from 3 years to 6 years for the 2019 fiscal year, decreasing the annual amortization from 33.3% (2018) to 16.6% (2019). The estimate is changed based on the actual value of vehicles identified in 2019, the estimate change is applied prospectively.

Foreign Currency

Transactions during the year in foreign currencies have been translated in the accounts to Canadian dollars at the exchange rate effective on the transaction date. All monetary assets in foreign currencies have been translated to Canadian dollars at the exchange rates in effect at August 31, 2019. Gains or losses resulting therefrom are included in the determination of excess of revenue over expenses for the year except for the foreign currency gains and losses on long-term monetary items which are deferred and amortized over the remaining terms of the related items.

Contributed Materials and Services

Contributed materials and services which are used in the normal course of the association's operations and would otherwise have been purchased are recorded at their fair value at the date of contribution if fair value can be reasonably estimated.

Diving Plongeon Canada Notes to Financial Statements

August 31, 2019

1. Cash

The company's bank accounts are held at one chartered bank. Bank balances include \$103,166 (2018 - \$110,169) denominated in U.S. dollars.

2. Tangible Capital Assets

	2019			2018		
	Cost	Accumulated Amortization	Net Book Value	Cost	Accumulated Amortization	Net Book Value
Computers	\$ 27,842	\$ 19,451	\$ 8,391	\$ 16,144	\$ 13,184	\$ 2,960
Vehicle	49,335	8,223	41,112	39,085	39,085	-
	\$ 77,177	\$ 27,674	\$ 49,503	\$ 55,229	\$ 52,269	\$ 2,960

3. Deferred Revenue

Deferred revenue represents funds received in the current year that relate to operations of the subsequent fiscal year.

	2019		2018	
Balance, beginning of year	\$ 122,100		\$ 20,200	
Additions during the year	10,716		122,100	
Recognized as revenue during the year	(84,300)		(20,200)	
Balance, end of year	\$ 48,516		\$ 122,100	

4. Contributed Clothing

Contributions recognized in the year ended August 31, 2019 include contributed clothing having a fair value of \$25,000 (2018 - \$25,000). This amount has been recorded as revenue and expenses in these financial statements.

Diving Plongeon Canada Notes to Financial Statements

August 31, 2019

5. **Commitments**

As part of its normal operations, the association has various commitments with various expiry dates related to the rental of equipment, vehicles and premises for its 2019 fiscal year and thereafter.

The most significant agreement is for the lease of office space under agreement expiring September 30, 2020. The annual rent includes additional rent representing operating costs and applicable taxes.

The estimated total payment for the next fiscal year is approximately:

2020	\$ <u>26,250</u>
------	------------------

6. **Risk and Concentrations**

The association is exposed to various risks through its financial instruments. The following analysis provides a measure of the association's risk exposure and concentrations as at August 31, 2019.

Credit risk

Credit risk is the risk that one party to a financial instrument will cause a financial loss for the other party by failing to discharge an obligation. The association is exposed to this credit risk mainly in respect of its accounts receivable and government remittances receivable.

Liquidity risk

Liquidity risk is the risk that the association will encounter difficulty in meeting obligations associated with financial liabilities. The association is exposed to this risk mainly in respect of its accounts payable and accrued liabilities.

Changes in risk

There have been no significant changes in the association's risk exposures from the 2018 fiscal year.

7. **Comparative Amounts**

In certain instances, 2018 amounts presented for comparative purposes have been reclassified to conform to the financial statement presentation adopted for the current year.

Diving Plongeon Canada
Schedule 1 - Athletes Expenses

For the year ended August 31	2019	2018
Senior National Team	\$ 1,103,680	\$ 869,555
Junior High Performance	442,932	480,440
Performance Monitoring and Enhancements	153,644	165,176
Administration	28,712	25,000
Integrated Support Team	148,671	98,017
	<hr/>	
	\$ 1,877,639	\$ 1,638,188

Diving Plongeon Canada
Schedule 2 - Coaches Expenses

<u>For the year ended August 31</u>	<u>2019</u>	<u>2018</u>
Senior Performance Incentives	\$ 797,191	\$ 744,047
Meetings	33,642	14,028
Development and Succession	29,808	56,875
National Coaching Certification Program	63,902	64,457
	<hr/>	<hr/>
	\$ 924,543	\$ 879,407

Diving Plongeon Canada
Schedule 3 - Events/Competitions Expenses

For the year ended August 31	2019	2018
Promotion	\$ 95,489	\$ 105,900
National Competitions	88,321	77,455
Canada Cup	526,014	473,817
Marketing	61,151	56,444
Diving World Series	794,768	678,582
Pan Am Juniors	-	207,768
	<hr/>	<hr/>
	\$ 1,565,743	\$ 1,599,966

Diving Plongeon Canada
Schedule 4 - Clubs/Sections Expenses

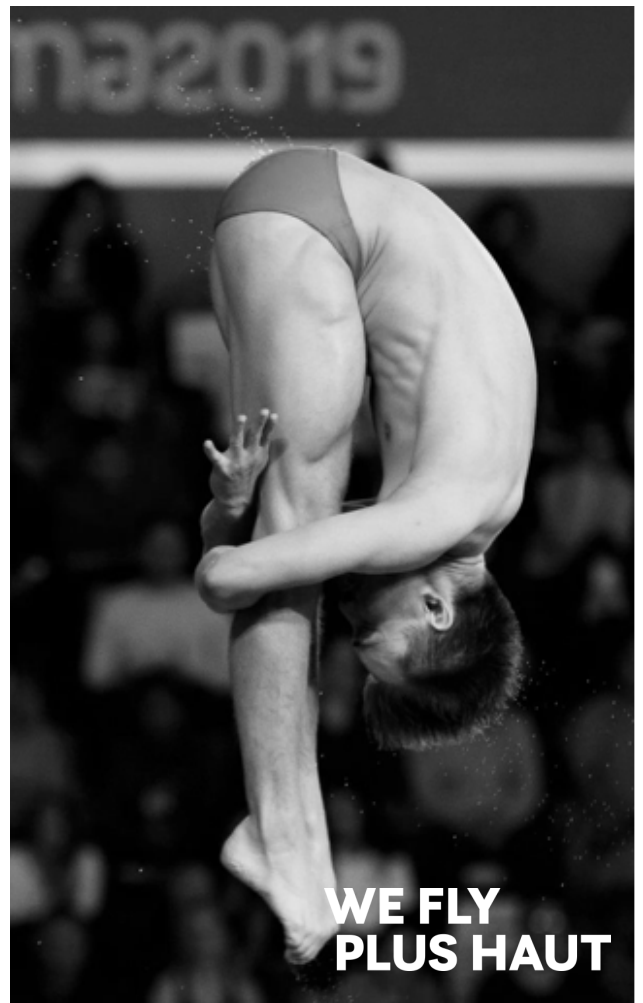
For the year ended August 31	2019	2018
Club Funding Assistance	\$ 71,948	\$ 127,996
Club Performance Incentives	40,000	35,866
World Class Program Support	284,390	295,622
Other Clubs/Provinces	50,781	54,188
Training Centres	307,126	318,973
	<hr/>	
	\$ 754,245	\$ 832,645

Diving Plongeon Canada
Schedule 5 - Officials Expenses

For the year ended August 31	2019	2018
Domestic	\$ 98,420	\$ 89,611
Grand Prix	22,721	21,202
Major Competitions	7,237	8,301
Junior International	8,667	10,553
Development	74,074	66,380
	<hr/>	
	\$ 211,119	\$ 196,047

Diving Plongeon Canada
Schedule 6 - Planning and Management

For the year ended August 31	2019	2018
Human Resources	\$ 772,662	\$ 783,082
Travel	66,059	59,979
Administration	170,962	144,528
Governance	72,571	66,594
	<hr/>	
	\$ 1,082,254	\$ 1,054,183



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2019 DPC NOMINATING COMMITTEE REPORT

December 20, 2019

Composition

The 2020 DPC Nominating Committee was comprised of the following people:

Barb Bush (PSO representative)
Celina Toth (Athletes' representative)
Isabelle Cloutier (Coaches' representative)
Gord Peterson (Chair and Officials' representative)
Scott Sinclair (Board Representative)

Approach & Recommendation

Information was exchanged and the Nominating Committee was invited to discuss possible candidates. After considering the information, the Nominating Committee unanimously passed the following resolution which was endorsed by the DPC Board:

BE IT RESOLVED THAT:

1. A slate of candidates, consisting of **Jill Brewer, Debbie Muir** and **Heather Turner**, each for a two year term (together, the "**Slate**"), be and is hereby recommended by the Nominating Committee to be elected as directors of Diving Plongeon Canada ("**DPC**") to fill the three vacancies for the DPC Board at the Annual General Meeting in January, 2020;
2. **Bernie Olanski** be and is hereby recommended to the DPC Board to be named as President of DPC.

In the course of arriving at the Slate, the Nominating Committee conducted an inventory of skills required for the Board and evaluated prospective candidates for the Board and had discussions with current Board members regarding, amongst other things, the ongoing interest of candidates for re-election, commitment and availability as well as their perception of needs for the Board.

It was agreed, for example, that, amongst other skills, Jill brings intimate knowledge of recreational and government affairs, Debbie brings extensive experience in leadership as well as being one of Canada's greatest coaches, and Heather is an international official in addition to bringing extensive knowledge of management and governance, as well as each having significant board experience in the recreation and sport sector and having been active in the sport of diving for a number of years.

With Heather and Debbie each having served one full term and Jill having served slightly less than two years on the Board (elected in 2017 to fill the remainder of Kelly Stark-Anderson's

term), the Nominating Committee unanimously agreed that it is appropriate to recommend the incumbents as a slate for 2019 to permit the Board the opportunity to develop strong cohesion.

Although additional skills including diversity aspects were considered desirable, the Nominating Committee believes the members of the Slate cover essential skills desired for the Board, represent the best combination in conjunction with the existing directors, and have the following items that are considered to be essential for nomination:

1. passion for the sport of diving;
2. a demonstrated ability to work well with existing Board members and management to assist DPC in achieving its mission and vision while upholding its values; and
3. collective skillsets to further the objectives of DPC.

Next Steps

In accordance with the DPC Policy regarding nominations, this Report is to be circulated at least 30 days prior to the Annual Meeting (scheduled to be held January 25, 2020) along with a request for additional nominations. **Additional nominations may be submitted to DPC's COO (Penny Joyce) up until 1 pm on the day preceding the election (January 24).**

Each nomination

- must be submitted in writing on an official nominating form (which may be obtained from the National Office);
- must have the written consent of the nominee to serve, if elected; and
- must be signed by no fewer than two members of DPC, one of whom must be a voting member at the AGM.

If you have any questions or concerns, please do not hesitate to contact me.

I would also like to take this opportunity to express my appreciation to all of the members of the Nominating Committee who served on behalf of all of us to locate appropriate candidates for the leadership of Diving Plongeon Canada.

Respectfully submitted

"Gord Peterson"

Gordon Peterson, Chair
Nominating Committee

JILL BREWER

Former high performance diver originally from Waterloo, ON

Former high performance diving coach - coaching career began in Calgary, then to
Edmonton, Saskatoon and St. John's

DPC National Official, FINA certified

Certified NCCP Master Coach Developer

Facilitator CAAWS Women in Leadership Program

2013 Award Recipient of the National NCCP Coach Developer Award from the Coaching
Association of Canada

Named in 2013 as one of the Top 20 Most Influential Women by the Canadian Association
for the Advancement of Women and Sport and Physical Activity (CAAWS)

Recipient of the Cy Hoskins Memorial Award of Merit, Recreation NL

Professional background

- Bachelor of Physical Education, University of Calgary
- Master of Physical Education, Memorial University of Newfoundland
- Deputy City Manager, Community Services, City of St. John's (retired)
- Former Vice-Chair, Boys and Girls Clubs of Canada
- Former Board Member, Canadian Parks and Recreation Association
- Various other provincial board memberships

DEBBIE MUIR

Debbie Muir is an internationally respected leader and one of Canada's greatest coaches. She is an expert in creating high performance environments where individuals, teams, and organizations achieve their best results. Debbie draws from her international experience and education background to design inspiring training programs that equip people with practical tools they need to succeed.

While coach of the national synchronized swimming team, Debbie's athletes won seven out of a possible nine world championship titles over an eight-year period. In its debut in the Olympic Games, Debbie's athletes won two silver medals. Four years later, her swimmers reached the pinnacle of success winning two Olympic gold medals. Debbie was named one of the top-ten all-time coaches in Canadian history, the only woman at the time to receive this remarkable distinction. She has been inducted into the Olympic, Canadian Sports and International Swimming Halls of Fame.

Debbie has a Bachelor of Education degree from the University of Calgary, with a focus on curriculum design. She spent more than a decade working with *Own the Podium*, helping many of Canada's top sport organizations reflect on their results and create strategies for breakthrough results. For many years she sat on the Board of Directors for the Canadian Centre for Ethics in Sport, and is co-founder of Great Traits, a training and development company that helps people succeed in competitive, performance-based environments.

HEATHER TURNER

Professional:

- Director, North Vancouver Recreation & Culture Commission, since 2005
- Previous: General Manager, Community & Leisure Services, City of Regina
Other full-time positions within the City of Regina

Education:

- BA; Recreation Administration – University of Alberta
- International program of Leisure Studies – Edinburgh, Scotland
- Numerous professional development programs focused on leadership, communication, excellence and planning

Current Affiliations/Volunteer Activities:

- Board member; Canadian Parks and Recreation Association
- Ex-officio board member; British Columbia Recreation and Parks Association
- Board member; Diving Plongeon Canada (2015 to present)
- Member, Langara College Recreation Advisory Committee
- Member, Capilano University Program Advisory Committee
- FINA diving official

Relevant Volunteer Experiences:

- Board member - Sport BC (2010 – 2016)
- Chair, Diving Plongeon Canada's Officials Executive Committee, 2006 to 2016
- President, BC Diving, 2005 to 2010
- 2005 Canada Summer Games bid committee, executive committee and legacy committee member
- Past President and board member of Canadian Parks and Recreation Association
- Past President and board member of Saskatchewan Recreation Society
- Past President and board member of Regina Highland Dancing Association
- Past board member of SaskDiving
- Past member of Kelsey Institute (Recreational Studies) Advisory Committee and University of Regina Physical Activity Studies Advisory Committee
- Past board member of Mackenzie Art Gallery, 9 years

I have been involved in most aspects of diving; as a diver, coach, official, committee member and board member both provincially and nationally. I am committed to doing what I can to support DPC to be the absolute best organization it can be and believe that my experience in the sport and on many boards positions me well to do that.



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OFFICIAL'S COMMITTEE REPORT
Prepared by Kaila Freeman, Chair

COMMITTEE MEMBERS

Kaila Freeman

Josie Josten

Carol McPherson

Stephen Power

Sara Toth – DPC Staff Support

Heather Turner – DPC Board Liaison

Nancy Brawley – DPC National Roster Development

Throughout the 2018-2019 season, the officials committee continued to focus on delivering initiatives that were started in the 2018 season and worked on the continuous improvement of communicating more effectively and efficiently with the national roster of officials, as well as the provincial officials' coordinators. As we are ever evolving with the roster and our duties as committee members, there has been progress with the work previously started, as well as with newer initiatives.

Development Pathway - After following the finalization of this last season, it was revised this past season to facilitate the completion of the level 1 online exam and upload onto the functioning platform, both in English and in French, so that newly formed officials may complete a more comprehensive and up to date exam. Officials also now have resources available to them online, as well as a hard copy, for both the Level 1 & 2 courses in both languages.

Competition Exposure - We have been very fortunate for yet another year to have hosted both a Grand Prix (Canada Cup) in Calgary and Diving World Series in Montreal; these international competitions allow for our national roster from across the country to have access to such prestigious diving, exposure to professional development, and to interact with officials from all over the world. The FINA judging school was provided at Canada Cup this year, where we had many officials participating to renew their international accreditation.

National Officials Symposium - We hosted the symposium in Montreal, in our traditional setting this past season. We continued to place focus on the group C & D rules, had a few sessions of video review, how to maintain professional development for the entire roster, as well as a session on "how to train the trainer" which focused on the what and how to run a judging course. Feedback from the participants was positive, as per usual. The challenge for the committee continues to be finding new and exciting ways to present material to our roster, so that each year the officials walk away with prominent ideas and positive experiences. Notes from the symposium continue to be distributed to the national roster.

NRDT (National Roster Development Team) - this group of highly experienced officials continue to support not only our committee but the national roster in its entirety, by continuous evaluation,

national event assignments, and mentorship. They are also those who are involved with the national apprentice program, helping to develop the up and coming officials to our national roster. We continue to bring new judges to the national level, and we are averaging approximately two per year. Our roster also receives ongoing evaluation from this “team”, whether in casual conversation, at competition, or through formal evaluation process. We would like to acknowledge their continued hard work, dedication, and support of the national roster.

Meet Referee Program - As this was started a few years ago, this program continues to be a success, exposing the national roster to competitions outside of their province. This also allows for the provinces to receive various perspectives from the meet referees who govern their provincial qualifiers, in terms of their experience and by bringing a different set of eyes to table.

Committee - Newly implemented this year has been the creation of official’s biographies, which will be used to help when officials are asked to present awards at competitions, but also for the new DPC website official’s portal. This will allow those in our diving community to read a little something on each official.

The committee has also started a recognition program for its national roster officials, to commemorate the years of service that each individual has given to the sport.

We also as national roster officials continue to receive support from the provinces whenever it is requested, whether it be for opportunity for mentorship, shadowing, practice and experience, for all level of judges. A big thank you goes out to the official’s representatives from each province.

Over the last four years, we have rotated our chairperson of the committee; this has allowed each of us to gain experience in the position, as well as split the responsibilities. It has been an absolute pleasure to work alongside these individuals, and I am happy that we continue to grow with one another to make our officials not only feel but be supported by our committee.

And in terms of support, another big thank you to Sara Toth as our DPC support staff and Heather Turner as our board liaison; without them, we would lack guidance, and the essential needs that not only the committee needs but all national judges.



WE FLY
PLUS HAUT

BRITISH COLUMBIA PROVINCIAL REPORT

1. Membership

# Competitive 2018-19: 71	# Recreational 2018-19: 646
# Competitive 2017-18: 76	# Recreational 2017-18: 768
Level of diving that constitutes the largest portion of members: Recreational	
# Clubs 2018-19: 7	

2. Governance

Number of board members: 7
Biggest challenge the board faced in 2018-19: As in the past, fundraising is a top priority for our association. We depend heavily on government funding and have found it difficult to obtain sponsors, donations or fundraise.

3. Financial State

Total budget: \$322,328
Funding received from provincial government: \$126,955
Increase or decrease from last year: Same
Reasons for increase/decrease: Funding received through other sources such as bingo, casino, lottery. Please list: \$95,000
Number of full time staff employed in the provincial office: 2
Number of part-time staff employed in the provincial office: 2
Percentage of budget that goes to supporting the office: 34

4. Primary focus of provincial program

Support for Athletes

Funding programs and level of funding available for athletes:

- Athlete Assistance program – Viasport funds – 9 athletes receive funding through our core funding we receive from Viasport.
- CCS Pacific – (Training/testing) Provincial team, Provincial training centre – over 30 athletes on targeted athlete list receive assistance for testing, training etc through CCS Pacific Centre.
- Irene MacDonald award – athletes apply for award to assist them in their training for the year.
- Nextgen funding - \$1000

List of recipients in 2018-19:

Irene MacDonald award is by application through BC Diving. Funds are managed by the Vancouver Foundation. Ben Smyth, Keira Lu and Mackenzie Lu

Athlete Assistant recipients – Ryan Grover, Nick Nepomuceno, Tanesha Lucoe, Maggie Osieja, Sadie Howard, Ben Smyth, Jessie Nowotny, Morgan Dalgarno and Talitha Tarr

Coaching Initiatives

Funding programs and level of funding available for coaches:

PacificSport/Regional Centres – provides funding for regional coaches with athletes on the Provincial team.

Funding for National Training Centre - \$10,000

Provincial coach - \$10,000

Regional Coaches - \$20,000

List of recipients in 2018-19: Tommy McLeod, Lisa Boog, Jorge Betancourt, Jose Palma, Igor Kopecky, Yan Yang

Number of full time coaches: 8

Professional development opportunities for coaches:

PD opportunities available for all coaches registered with the CSIP. Many opportunities are available for coaches through training camps, competitions, High performance conferences and coach mentoring through our High Performance/Technical Director.

BC Diving held several coach upgrade clinics through the year that counted towards their PD points.

Coaches Committee – Yes

If yes, number of members on committee: 4

Other Programs

(e.g. building membership, starting new clubs, increasing competitive level of diving in province)

Igor Kopecky was hired on as the High Performance/Technical Director in 2018. The purpose of his position is to develop a plan for the development of the coaches and athletes in BC. Igor's role is supporting the coaches in BC in all the dynamics and variables that coaches deal with. This objective is being met through formal coach education, camps and a mentorship program. This has been a tremendous success over the year. Our new coaches truly appreciate the support offered through this program, and the provincial coaches are working very well together in a supportive group.

We continue to develop the Provincial team program through the naming of approximately 30 targeted athletes. Training camps and athlete support are provided as well as the leadership of our provincial coach – Tommy McLeod. This also includes the Nextgen funding. This program provides world class, multi sport training environment for athletes and coaches through expert leadership services and programs. Intention of this program is to build the HP system to help in the transition to National team programs.

One of clubs in BC has now successfully joined with the local gymnastics club. Kamloops hired Neil Barrett as the head coach, and he has worked very hard to get access to the dryland facility in the gymnastics program. The transition was a little rocky at the start, but this year they are fully integrated with the gymnastics club to become a branch of the club. They now have full access to the dryland equipment. One athlete qualified for Age Group Nationals this past year, and we look forward to the growth and development of this program.

5. Performance

Comment on top performers for 2018-19: Celina Toth and Bryden Hattie continue to be our top Senior performers medalling in the Senior Nationals and representing Canada at International events such as Grand Prix Events in Rostock, Germany where Celina won gold on womens 10m.

Our top Junior divers are Carson Paul, Renee Batalla and Keira Lu. Carson represented team Canada in Dresden and won silver on Boys B 3m.

General performance at national championships in 2018-19: BC was able to send more athletes to the Junior nationals than ever before. We had clubs with several divers in the C and D events for the first time. We were well represented across the province at the development and Elite Nationals.

Some outstanding results from both Senior and Junior Nationals were: Celina Toth Silver on 10m at Sr. Winter Nationals and Bryden Hattie silver on Men's 10m in Victoria. Carson Paul won Silver on 1m, Bronze on platform at Jr. Elites, Matthias Frohloff won silver in D boys platform, Keira Lu won silver on 1m, bronze on 3m and Renee Batalla was silver on girls C Platform at the Jr. Development nationals.

Other performance highlights: One of BC's significant accomplishments this year was having divers representing their respective clubs for the first time. We have new coaches that qualified their divers at Junior Development Nationals for the first time for Kamloops and Fraser Valley. Both these programs have new coaches this year, and they were able to get their divers qualified.

Kamloops hosted the Novice Nationals in April, 2019. The diver registration was fantastic and the hosts put together a great event. The Novice nationals continues to be a great event for this level of diver. It is necessary to have these events in order to keep our programs competitive throughout the year.

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants:

1. BC Winter Provincials – Vancouver – 74 athletes
2. 2019 Canadian Novice Nationals – Kamloops – 83 athletes
3. The Sting – Victoria – 117 athletes
4. BC Summer Provincials – Victoria – 43 athletes

Performance highlights: Huge turnout for the Sting/Dresden Trials. Carson Paul qualified for the Dresden team and won silver on Boys B 3m.

Hosting challenges: Obtaining local sponsorship

General financial results of hosting -- profit or loss: slight profit

Average number of spectators: 150+

ALBERTA DIVING REPORT

1. Membership

# Competitive 2018-19: 69	# Recreational 2018-19: 1166
# Competitive 2017-18: 74	# Recreational 2017-18: 1079
Level of diving that constitutes the largest portion of members: Recreational	
# Clubs 2018-19: 7	

2. Governance

Number of board members: 9
Biggest challenge the board faced in 2018-19: Finding new funding avenues to increase operations budget; developing a viable succession plan process

3. Financial State

Total budget: \$113,000
Funding received from provincial government: \$57,000
Increase or decrease from last year: Decrease
Reasons for increase/decrease: Sport framework restructure
Funding received through other sources such as bingo, casino, lottery. Please list: Casino - \$46,000
Number of full time staff employed in the provincial office: 0
Number of part-time staff employed in the provincial office: 1
Percentage of budget that goes to supporting the office: 33%

4. Primary focus of provincial program

Support for Athletes

Funding programs and level of funding available for athletes:

Alberta Diving provides travel subsidies for all national & provincial meets. There is a junior and senior carding program with 3 funding tiers in each. The level of funding is based on results. Alberta Diving also offers 2 scholarship opportunities available per year.

List of recipients in 2018-19: All divers and coaches who attended provincial, interprovincial and national championships throughout the competitive season.

Coaching Initiatives

Funding programs and level of funding available for coaches: The association provides funding for NCCP competition stream trained and certified coaches to attend provincial and national meets. We also support coaches who are taking NCCP competition stream clinics to further their coach education. Lastly, we fund coaches on a per basis request for international competitions when they have divers competing.

List of recipients in 2018-19:

Number of full time coaches: 4

Professional development opportunities for coaches:

Coaches Committee – Yes

If yes, number of members on committee: 4 – Technical Director and one coach rep from each of the 3 competitive clubs

Other Programs

(e.g. building membership, starting new clubs, increasing competitive level of diving in province)

LTAD program targeting innovative ways to introduce the sport of diving to potential new participants. ACE (Aquatic Council of Edmonton) and AAF (Alberta Aquatic Federation) designed to increase our leverage in dealing with municipal/provincial government bodies.

5. Performance

Comment on top performers for 2018-19: Isa Koop won gold at the Junior Pan Ams in Santiago, Chile this season. We also sent a very young team to the Western Canada Summer Games in Swift Current, SK and Luisa Arco captured the bronze medal on 1 metre.

- General performance at national championships in 2018-19:
- **Junior Development Nationals:** Isa Koop had an amazing weekend and brought home a gold and 2 silvers from Regina the first weekend of July. Paul Yang also had outstanding performances this weekend earning a gold on tower, and silver on 3 meter.
- **Junior Elite Nationals:** Carlo Lopez and Brooklyn Whyte from Edmonton were both close to a medal, but narrowly missed out with 4th place finishes each.
- **Winter & Summer Senior Nationals:** Tyler Henschel earned a 4th place finish at the Winter Senior Nationals this season.
- **International events and Games:** Alberta had a very exciting moment this year when Isa Koop won the gold medal in 1 metre at the Junior Pan American meet in Santiago, Chile. She also captured the bronze medal in the platform event at this prestigious meet! Congratulations to Isa, and her coach Steve Flewwelling. Luisa Arco won a bronze medal for Team Alberta on 1 metre at the Western Canada Summer Games in Swift Current coached by David Flewwelling.

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants:

Weekend	Event	Location
Dec 8-9	Sleighbell Provincials - Novice	Kinsmen
Feb 15-17	Winter Provincials	Kinsmen
Mar 9-10	Spring Provincials - Novice	Kinsmen
May 24-26	Summer Provincials	Kinsmen
June 22-23	Summer Provincials - Novice	Kinsmen

Performance highlights: N/A

Hosting challenges: It is always a challenge to find enough volunteers to run these meets.

SASKATCHEWAN REPORT

1. Membership

# Competitive 2018-19: 122	# Recreational 2018-19: 327
# Competitive 2017-18: 137	# Recreational 2017-18: 305
Level of diving that constitutes the largest portion of members: Learn to Dive	
# Clubs 2018-19: 2 competitive clubs, 5 summer clubs	

2. Governance

Number of board members: 6
Biggest challenge the board faced in 2018-19: Because our strategic plan and organizational operations have taken care of the big picture (goals, timelines, resources, performance indicators, risk assessment) our challenges are some of the smaller details. How can we reach into diverse populations like First Nations and new Canadians with our sport? How can we assist our clubs with HR issues and parent concerns? How can we communicate better through social media platforms?

3. Financial State

Total budget: \$343,255
Funding received from provincial government: \$234,250
Increase or decrease from last year: +\$7000
Reasons for increase/decrease: % increase of annual funding & Coach Employment Grant
Funding received through other sources such as bingo, casino, lottery. Please list:
Number of full-time staff employed in the provincial office: 0

Number of part-time staff employed in the provincial office: **1**

Percentage of budget that goes to supporting the office: **14%** which includes additional travel costs due to ED working remotely

4. Primary focus of provincial program

Support for Athletes

Funding programs and level of funding available for athletes:

Nationals Travel Assistance (\$12,000)

13 received \$500 to attend JEN

Quinn Gariepy
Rylan Wiens
Margo Erlam
Jamie Spilchak
Liz DeCecco
Lauren Cey
Bjorn Markentin
Mira Tinani
Chelsey Dorosh
Abby Ounsworth
Kelsey Clairmont
Paige McKenzie
Alyssa Clairmont

8 received \$500 to attend Sr Summer Nats and 4 for Sr Winter Nats

Quinn Gariepy
Rylan Wiens
Margo Erlam
Jamie Spilchak
Bjorn Markentin
Kelsey Clairmont
Paige McKenzie
Alyssa Clairmont

No funding for JD Nationals as the competition was held in Saskatchewan

Sask Sport Future Best (\$4500)

Quinn Gariepy
Presley Deck
Lila Stewart



Novice Out of Province Competition (\$4000)

International Training Cuba (\$8000)

Casey Spilchak
Freddie Moffatt
Lily Elliott
Brooklyn Markusson
Amelia Sharp
Kelsey Clairmont
Chelsey Dorosh
Brooklyn O'Day

In Reach Camps - \$3150

Provincial Training Camp - \$5152

Coaching Initiatives

Funding programs and level of funding available for coaches:

Coach Employment:

Salaries for Steve Carroll, Laura Desautels – covers 2/3 of their total salary, the other 1/3 comes from their clubs

Post Secondary Scholarship (\$2000 = 4 x \$500)

Sydney Hesselberg
Makayla Piper
Kayla Boechler
Daphne-Ann Hodgson

HP Coach Travel support - \$5753

Funding for 2 coaches to attend Cuba Training Camp

Steve Carroll
Laura Desautels

Funding for 2 coaches to attend Jr. Pan Ams

Mary Carroll
Jana Klein

Comp Dev Modules - \$170

Jana Klein

Number of full time coaches: **4**

Professional development opportunities for coaches:

Sask Sport – Advance

Annual Training Camp: Michel Larouche - 10 coaches

Coach Visitations: Lino Socorro, Jose Guerra
DPC Training Camps and workshops: Laura Desautels, Jana Klein, Mary Carroll, Steve Carroll
Cuba Training: Steve Carroll, Laura Desautels
Coaches Committee – **Yes**
If yes, number of members on committee: **2 – Dive Sask Coaches**

Other Programs

(e.g. building membership, starting new clubs, increasing competitive level of diving in province)

Competitive

Team Sask Training Camp in Cuba – 12 athletes attended
Novice Bus Trip to Winnipeg – 50 athletes attended
Training Camp in Regina – Guest Coach Michel Larouche
JD Testing Program
Western Canada Summer Games held in Swift Current, SK
Annual Awards Banquet
Strength and Conditioning sessions (24 weeks at each club) from Sport Med and Science Council thanks to a \$10,500 grant)

Grassroots

Summer programs held in 20 communities
Bring a Friend Days, Dive Show in SDC

Organizational Development

New logo and merchandise – updated website, FB, Instagram
Completed Communication Plan
Joint Club Board and Dive Sask Board Vision Session
Annual Dive Sask Board/Staff Retreat
Respect in Sport for Parents – online module required for parents of all athletes receiving any funding from Dive Sask
DPC Screening Policy implemented for Coaches - Criminal Record Checks and Respect in Sport online module required for all coaches – CI and CD to DPC, IB to Dive Sask

5. Performance

Comment on top performers for 2018-19:

Rylan Wiens is currently our top performer, winning Platform at both Jr and Sr Nationals – putting him on the Jr and Sr National Teams. He also was part of our Perfect 10 Club,

earning 10s at both Toon Town Classic and at Senior Nationals. It was exciting watching Rylan sitting in 2nd spot on the last dive of senior nationals, putting in 10s to take the gold.

Margo Erlam is our top Female performer, winning gold, silver and bronze medals at JE Nationals and making Jr. National Team.

We have some amazing young HPAD athletes coming up, especially Lila Stewart who won Gold, Silver and Bronze at JD Nationals and a Silver medal on Platform at Jr Pan Ams.

General performance at national championships in 2018-19:

This was by far our best year at Nationals. Our goal was to have 24 qualify to attend Jr. Nationals, and we actually sent 32. Saskatchewan athletes won 11 individual medals and 6 Synchro medals. Our club goal is to have 2 clubs in the top 10 and 1 in the top 5. We bested that by having 2 clubs in the top 4 (AGN combined). Saskatoon finished 1st at JE Nationals and Regina finished 2nd at JD Nationals. 85% of our A/B athletes made finals. (Goal was 75%)

Medalists were:

- Rylan Wiens – 1st JE, 1st SSN
- Alyssa Clairmont – 3rd SSN
- Margo Erlam – 1st, 2nd, 3rd, JE
- Amelia Sharp – 3rd JD
- Lila Stewart – 1st, 2nd, 3rd JD
- Bjorn Markentin – 2nd JEN
- Also 6 Synchro medals

Other performance highlights:

We had a number of international performances this year:

- Rylan Wiens – Rostock, Canada World Series, China World Series.
- Margo Erlam – US Grand Prix.
- Lila Stewart – Jr Pan Ams (2nd on Platform).

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants:

SK Provincials, Regina: 83

Toon Town Westerns: 97

Western Canada Summer Games: 21

JD Testing: 25

Performance highlights:

Although BC was not part of the Western Canada Summer Games this year, it was a good competition for us with Team Sask winning 7 of the 12 medals available. The best part is that it looks like we may be able to start a Rec program in Swift Current because of the exposure and equipment upgrades afforded by these Games. Although the coaches didn't love sleeping on cots in classrooms, the divers had a blast.

Hosting challenges:

Volunteers, high cost of facilities, learning curve of Meet Management software. But all are manageable, and we have great event leaders.

General financial results of hosting -- profit or loss: **Profit**

Average number of spectators: **150**

Any other special accomplishment(s) or other highlights during the past year?

Judging:

We have 4 National/International Judges who had some good experiences, judging in:

- AGN, Winter Seniors, Summer Seniors
- Canada Cup
- Jr Pan Ams, Chile
- Balzano
- Madrid

We also sent some Provincial judges to JD Nationals to shadow

DPC HPAD: We had a number of athletes and coaches invited to the DPC HPAD camps and were very pleased with the whole program.

DPC In Reach Camps: We had 2 In Reach Camps in the province with Michel Larouche

Masters Competition: Cole Miller won a number of medals at the US Masters Championships and we also had 3 Masters divers compete in the Pan Pacific Master's Games in Australia

This may have been our best year to date, with Team Sask meeting almost all of our Participation and Performance goals. We are proud of the programs our clubs have developed and pleased with the collaborative atmosphere. While our clubs definitely compete against one another, they are also committed to our Team Sask program and recognize that the momentum of the partnership we have built is good for everyone.

We definitely want to thank DPC for your support of our high performance program and look forward to a great Olympic year!

MANITOBA REPORT

1. Membership

# Competitive 2018-19: 47	# Recreational 2018-19: 419
# Competitive 2017-18: 48	# Recreational 2017-18: 368
Level of diving that constitutes the largest portion of members: Learn to Dive	
# Clubs 2018-19: 1	

2. Governance

Number of board members: 6
Biggest challenge the board faced in 2018-19: Policies

3. Financial State

Total budget: \$153,958
Funding received from provincial government: \$130,658
Increase or decrease from last year: decrease
Reasons for increase/decrease: Continued blanket funding cuts for all sports in Manitoba.
Funding received through other sources such as bingo, casino, lottery. Please list: Lottery Revenues, \$36,300
Number of full time staff employed in the provincial office: 1
Number of part-time staff employed in the provincial office: 0
Percentage of budget that goes to supporting the office: 36%

4. Primary focus of provincial program

Support for Athletes

Funding programs and level of funding available for athletes:

Provincial Team funding and training opportunities.

List of recipients in 2018-19:

Adam Cohen, Attila Bernatsky, Alex Tiagli, Leia Berman, Zita Bernatsky, Isabella Lamont, Dallas Ludwick, Juan Campuzano.

Coaching Initiatives

Funding programs and level of funding available for coaches:

Manitoba Diving provides \$1500 for coach development. There is additional funding available from Sport Manitoba - Winnipeg Region.

List of recipients in 2018-19:

Juan Campuzano and Liana Martin

Number of full time coaches: 2

Professional development opportunities for coaches: YES

Coaches Committee – YES

If yes, number of members on committee: 5

Other Programs

(e.g. building membership, starting new clubs, increasing competitive level of diving in province) - Development of a new club that will be offering Learn to Dive Programs in pools in Winnipeg and eventually Steinbach and Selkirk in addition to high performance training for current provincial level divers.

5. Performance

Comment on top performers for 2018-19: Adam Cohen and Attila Bernatsky won silver and bronze in the 1m and 3m respectively at the 2019 WCSG. Both had outstanding competitions with Adam battling injuries all season to podium.

General performance at national championships in 2018-19: While Manitoba did not podium at Nationals, there is exciting and encouraging development from our younger divers. Isabella Lamont competed at her first ever national championships, having a great results.

Other performance highlights: Following this past year riddled with set-backs, Adam Cohen is set for a break-out season.

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants: <ol style="list-style-type: none"> 1. Polar Bear - 100 athletes and coaches 2. Provincials - 150 athletes and coaches
Performance highlights: Personal bests for Corydon Wolfe and Adam Cohen having a successful competition following a year filled with injuries.
Hosting challenges: There were no significant challenges. The city has improve communications and efforts to assist the PSO's and clubs to successfully host events. The city still will not accept delivery or storage beyond one day before or after the start/end of competition.
General financial results of hosting -- profit or loss: Profit
Average number of spectators: 200 Daily

DIVE ONTARIO REPORT

1. Membership

# Competitive 2018-19: 230	# Recreational 2018-19: 726
# Competitive 2017-18: 219	# Recreational 2017-18: 924
Level of diving that constitutes the largest portion of members: Provincial "Aspire" Level	
# Clubs 2018-19: 11 clubs and 1 academy	

2. Governance

Number of board members: 6 board members
Biggest challenge the board faced in 2018-19: <ul style="list-style-type: none"> •Participation at the committee level •Strategic plan alignment •Voting Bylaw changed to align with registration process •Aspire technical regulations (separate document) •Rowan's Law became Law in Ontario (July 2019)

3. Financial State

Total budget: \$190,780
Funding received from provincial government: \$110,870
Increase or decrease from last year: decrease of approx. \$20K
Reasons for increase/decrease: OHPSI In-reach program kept \$10K, lower meet registration
Funding received through other sources such as bingo, casino, and lottery.

Please list:
Number of full time staff employed in the provincial office: 1 employee
Number of part-time staff employed in the provincial office: 1 meet manager
Percentage of budget that goes to supporting the office: 32%

4. Primary focus of provincial program

<p><u>Support for Athletes</u></p> <p>Funding programs and level of funding available for athletes: Quest for Gold, In-Reach Program</p> <p>List of recipients in 2018-19: Katelyn Fung, Kate Miller, Kathryn Grant, Camryn Hughes, Aimee Wilson Nathan Marshall, Victor Hearn, Dylan Ewing, Chris Voros, Will Roberts</p>
<p><u>Coaching Initiatives</u></p> <p>Funding programs and level of funding available for coaches: Belt clinic held at TPASC Feb. 2019 Concussion clinic held at Spring Provincials in London, Ontario Both presented points opportunities and certification in belt.</p> <p>List of recipients in 2018-19: Luda Zakharenko, Tatyana Siroch, Ioana Marinescu, Brennan Villemaire, Rob Wells, Wing Yun Hu, Misha Kordyukov, Jason Napper, Jorge Poupou, Gilles Emptoz-Lacote, Anna Dacyshyn, Fernando Henderson, Mark Rourke</p> <p>Number of full-time coaches: 11 plus national head coach (Gilles Emptoz-Lacote)</p> <p>Professional development opportunities for coaches: As above</p> <p>Coaches Committee – Yes</p> <p>If yes, number of members on committee: 5 members consisting of VP Sport Performance, 1 official, 1 president and 2 coaches (includes National Head Coach)</p>

Other Programs

(e.g. building membership, starting new clubs, increasing competitive level of diving in province)

Held IB clinic in April. 11 new IB instructor trained and 2 learning facilitators.

OHPSI Equipment Grant awarded to 3 clubs to purchase new equipment.

5. Performance

Comment on top performers for 2018-19:

Girls

Tatiana Conn – Junior Elite Nationals, Gold 3m, Gold Platform, Silver 1m

Junior Pan Ams, Gold Synchro Platform, Silver Platform, Silver 1m

Dresden International, Silver 1m

Katelyn Fung – Junior Elite Nationals, Silver 3m, Silver Platform

Junior Pan Ams, Gold Synchro Platform, Bronze Platform, Bronze 3m

Kate Miller – Junior Elite Nationals, Bronze 1m, Bronze Platform

Megan Lupa – Junior Dev Nationals, Gold 3m, Bronze 1m

Junior Pan Ams, Bronze 1m, Bronze 3m

Sara Lupa – Junior Dev Nationals, Gold 3m, Bronze 1m, Bronze Platform

Junior Pan Ams, Gold 1m

Boys

Victor Povzner – Junior Elite Nationals, Gold 1m, Bronze 3m, Gold 3m Synchro

Junior Pan Ams, Bronze 3m Synchro

Dresden International, Gold 3m

Joshua Inglis – Junior Elite Nationals, Gold 3m Synchro

Junior Pan Ams, Bronze 3m Synchro

Dresden International, Gold 1m

Dylan Ewing – Junior Elite Nationals, Bronze Platform

Emmitt Reesor – Junior Dev Nationals, Silver 1m, Bronze 3m, Silver Platform

Britain International, Bronze Platform, Bronze 1m

Nigel Chambers – Junior Dev Nationals, Bronze Platform

Womens

Elaena Dick – Summer Senior Nationals, 4th Platform

Madrid, Spain, 2nd prelims

2019 Summer Universiade, Italy, 4th Platform

Tatiana Conn, Summer Senior Nationals, 5th Platform

Katelyn Fung – Summer Senior Nationals, 4th 1m

Mens

Victor Povzner – Summer Senior Nationals, Gold 1m

General performance at national championships in 2018-19:

Junior Elite Nationals – 4 Gold, 3 Silver, 4 Bronze 8 (4-6th) finishes.

Junior Dev Nationals – 22 top eight finishes, 2 Gold, 2 Silver, 5 Bronze

Ontario qualified 12 athletes to Senior Nationals, 6 athletes to Junior Pan American Games, 5 athletes participated in Grand Prix events

Other performance highlights: Ontario introduced the Inaugural Aspire Team Ontario

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants:

1. Ontario Winter Provincials (68)
2. Ontario Spring Provincials (58)
3. Ontario Summer Provincials (133)
4. Aspire Provincial Championships (79)

Performance highlights: Inaugural “Aspire Team Ontario” – 10 athletes chosen

Emmitt Reesor broke all Boys C category Provincial Records, overall 22 Provincial Records broken

41 athletes qualified for National Championships representing 10 of our 12 clubs.

12 athletes qualified for Senior Nationals

Hosting challenges: Equipment transportation continues to be labor intensive.

Meets where C & D finals were held were extremely long days.

The overall (national) calendar prevented our top divers from participating at the provincial level.

General financial results of hosting -- profit or loss: Slight profit by most hosting clubs.

Average number of spectators: 75 - 100

PLONGEON QUÉBEC REPORT

1. Membership

# Competitive 2018-19: 333	# Recreational 2018-19: 2021
# Competitive 2017-18: 372	# Recreational 2017-18: 2195
Level of diving that constitutes the largest portion of members: Recreational	
# clubs 2018-19: 20 clubs and 15 Plouf! licensees	

2. Governance

Number of board members: 5
Biggest challenge the board faced in 2018-19: Working on discipline cases.

3. Financial state

Total budget: 607 265\$
Funding received by provincial government: \$307,500
Increase or decrease from last year: Same
Reasons for increase/decrease: Funding received through other sources such as bingo, casino, and lottery. Please list: Placements Sports: \$28,089
Number of full-time staff employed in the provincial office: 3
Number of part-time staff employed in the provincial office: 1
Percentage of budget that goes to supporting the office: 19,5%

4. Objectif principal du programme provincial

Support for athletes

Funding programs and level of funding available for athletes:

Many funding programs exist to support the members of our Elite and Relève teams. They are entitled to financial support to help with some of their competition costs. They also participate in an annual training camp. They are entitled to functional movement analysis, a SCAT test and a fitness training program.

We also refer athletes to various foundations and organizations that give out bursaries. This year, twenty-two of our divers received over \$59,500.

List of recipients for 2018-19:

Fondation de l'athlète d'excellence du Québec

1. Benjamin Tessier: Fenplast	\$2,000
2. Benjamin Tessier: Hydro-Québec	\$2,000
3. Cédric Fofana: Aquam	\$4,000
4. Jordane Legault: EY	\$2,000
5. Jordane Legault: Hydro-Québec	\$2,000
6. Jules Rolland: La Presse	\$2,000
7. Laurent Gosselin-Paradis: Planète Courrier	\$4,000
8. Matt Cullen: Défi 808 Bonneville	\$2,000
9. Matt Cullen: Industries Bonneville	\$2,000
10. Mélissa Citrini-Beaulieu: Boscus	\$4,000
11. Mia Vallée: La Capitale	\$4,000
12. Nathan Zsombor-Murray: La Capitale	\$4,000
13. Olivia Chamandy: National Bank	\$4,000
14. Peter Thach Mai: Cascades	\$4,000
15. Philippe Gagné: Saputo	\$4,000
16. Samuel Talbot: Fondation Palestre Nationale	\$1,500
17. Vincent Riendeau: Bruny Surin Foundation	\$4,000

Club de la médaille d'or

18. Audrey-Ann Laquerre: Jeux du Québec 2019	\$500
19. Benjamin Tessier: Club de la médaille d'or	\$1,000

Fondation Nordiques

20. Loïc Tremblay: Relève	\$1,500
21. Louka Gauthier: Élite	\$2,500

Alliance Sports-Études

22. Frédéric Gosselin: Bourse d'excellence	\$2,500
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Coaching initiatives

Funding programs and level of funding available for coaches:

The Québec government offers a coach engagement program that helps the province's clubs pay for their comp-dev and above coaches' salaries working upwards of 900 hours a year.

- A government program for competition experience and coach training seminars is also available to coaches.
- Coaches of the Québec Élite and Relève team divers participate in the annual training camp.
- Coaches of talent-identified divers participate in a training camp.

List of recipients in 2018-19:

Stéphane Lapointe, Dany Boulanger, Olivier Duchesneau; César Henderson, Aaron Dziver, Arturo Miranda, Mélanie Duff, Yi Hua Li, David Bédard, Samuel Parent, Devon Butters, MaryLou B.Dupuis, Jared Bitner, Isabelle Cloutier et Sarah Mayer.

Number of full-time coaches: 15

Professional development opportunities for coaches:

Plongeon Québec supports competition-development coaches and above to attend higher level competitions outside Québec, conferences, seminars and conventions deemed useful to their professional development.

Coaches Committee – **YES**

If yes, number of members on the committee: 5

Other programs

(e.g. building membership, starting new clubs, increasing competitive level of diving in province)

We are still working on increasing our membership, as well as our number of competitive and recreational clubs.

Each year, we try to introduce diving to one new area of Québec.

Plongeon Québec offers training for athletes and coaches at the Espoir level. These three-hour training sessions are held on Saturday mornings at the Parc Olympique pool about 20 times a year, from September to June.

We offer technical visits and pool inspections.

We are actively involved in the management of the INS.

A talent identification program was implemented six years ago. 18 talent-identified youths and their coaches have the opportunity to attend a training camp.

Our diving initiation program was officially launched in September 2013. It is used by many clubs and cities and we are actively working to increase the number of users this year. A few provinces use the English version of the program. We have trained Plouf! course leaders in Ontario, Nova Scotia, New Brunswick and Saskatchewan.

5. Performance

Comment on top performers for 2018-19:

Provincial championship record (1)

- Marie-Laurence Forest (B-3m)

Record at Super Finale Espoir Aquam (1)

- Gabriel Desharnais (E-platform) – SFEA

Junior international medals

- **FINA Junior PanAms, Santiago (12)**
 1. Gold: Loïc Tremblay (C-3m)
 2. Gold: Jordane Legault (C-platform)
 3. Gold: Dean Calfacacos (D-1m)
 4. Silver: Thomas Ciprick (A-3m)
 5. Silver: Thomas Ciprick (A-1m)
 6. Silver: Loïc Tremblay (C-platform)
 7. Silver: Jordane Legault (C-3m)
 8. Silver: Benjamin Tessier (B-platform)
 9. Bronze: Mélodie Leclerc & Marie-Laurence Forest (synchro 3m)
 10. Bronze: Marie-Laurence Forest (B-1m)
 11. Bronze: Dean Calfacacos (D-3m)
 12. Bronze: Arnaud Corbeil (D-1m)

Senior international medals (11)

- **FINA World Championships, Gwangju (2)**
 1. Silver: Jennifer Abel & Mélissa Citrini-Beaulieu (synchro 3m)
 2. Silver: Jennifer Abel & François Imbeau-Dulac (synchro 3m)
 - Olympics: 6 spots confirmed
- **PanAm Games, Lima (9)**
 1. Gold: Meaghan Benfeito (platform 10m)
 2. Gold: Meaghan Benfeito & Caeli McKay (platform 10m synchro)



3. Gold: Jennifer Abel & Pamela Ware (synchro 3m)
4. Gold: Jennifer Abel (3m)
5. Silver: Vincent Riendeau & Nathan Zsombor-Murray (synchro platform 10m)
6. Silver: Philippe Gagné & François Imbeau-Dulac (synchro 3m)
7. Silver: Caeli McKay (platform 10m)
8. Bronze: Vincent Riendeau (platform 10m)
9. Bronze: Philippe Gagné (3m)

- **FINA Diving World Series (19)**

- #1 Japan: 3 silver and 2 bronze
- #2 Beijing, China: 1 silver and 5 bronze
- #3 Montréal: 2 silver and 1 bronze
- #4 Kazan, Russia: 1 gold and 1 bronze
- #5 London, UK: 1 silver and 2 bronze

- **FINA Grands Prix (12)**

- Rostock, Germany: none
- Gold Coast, Australia: 1 silver
- Calgary, Canada (Canada Cup): 5 gold, 3 silver et 2 bronze
- Mission Viejo: none
- Madrid, Spain: none
- Bolzano, Italy: 1 silver

- **FISU (2)**

- Bronze: Laurent Gosselin-Paradis (platform 10m)
- Bronze: Laurent Gosselin-Paradis & Ethan Pitman (synchro platform 10m)

General performance at National Championships in 2018-19:

Medals at the national level (68)

- **Senior Winter Nationals, Victoria (16)**

1. Gold: Jennifer Abel (3m)
2. Gold: François Imbeau-Dulac (3m)
3. Gold: Vincent Riendeau (platform 10m)
4. Gold: Philippe Gagné & François Imbeau-Dulac (synchro 3m)
5. Gold: Nathan Zsombor-Murray & Vincent Riendeau (synchro platform 10m)
6. Gold: Meaghan Benfeito & Caeli McKay (synchro platform 10m)
7. Gold: Meaghan Benfeito (platform 10m)
8. Gold: Jennifer Abel & Mélissa Citrini-Beaulieu (synchro 3m)
9. Silver: Philippe Gagné (3m)
10. Silver: Ethan Pitman & Laurent Gosselin-Paradis (synchro platform 10m)
11. Silver: Éloïse Bélanger (3m)
12. Silver: Mia Vallée & Olivia Chamandy (synchro 3m)
13. Bronze: Olivia Chamandy (3m)



14. Bronze: Nathan Zsombor-Murray (platform 10m)
15. Bronze: Cédric Fofana (3m)
16. Bronze: Caeli McKay (platform 10m)

• **Senior Summer Nationals, Windsor (15)**

1. Gold: Peter Thach Mai (3m)
2. Gold: Pamela Ware (3m)
3. Gold: Nathan Zsombor-Murray & Vincent Riendeau (synchro platform 10m)
4. Gold: Mia Vallée (1m)
5. Gold: Meaghan Benfeito (platform 10m)
6. Silver: Vincent Riendeau (platform 10m)
7. Silver: Peter Thach Mai (1m)
8. Silver: Mia Vallée (3m)
9. Silver: Ethan Pitman & Laurent Gosselin-Paradis (synchro 10m)
10. Silver: Éloïse Bélanger (1m)
11. Silver: Cédric Fofana (3m)
12. Silver: Caeli McKay (platform 10m)
13. Bronze: Olivia Chamandy (3m)
14. Bronze: Laurent Gosselin-Paradis (platform 10m)
15. Bronze: François Imbeau-Dulac (3m)

• **Junior Development Nationals (16)**

1. Gold: Thomas Guenette (C-3m)
2. Gold: Loïc Tremblay (C-platform)
3. Gold: Loïc Tremblay (C-1m)
4. Gold: Jordane Legault (C-platform)
5. Gold: Jordane Legault (C-1m)
6. Gold: Dean Calfacacos (D-platform)
7. Gold: Dean Calfacacos (D-1m)
8. Gold: Arnaud Corbeil (D-3m)
9. Silver: Jordane Legault (C-3m)
10. Silver: Dean Calfacacos (D-3m)
11. Silver: Arnaud Corbeil (D-1m)
12. Bronze: Samuel Talbot (D-1m)
13. Bronze: Nikita Kudryavtsev (C-3m)
14. Bronze: Livia McKibbin (D-1m)
15. Bronze: Claude-Olivier Lisé-Coderre (D-platform)
16. Bronze: Charles-Antoine Labadie (C-1m)

• **Junior Élite Nationals, Montréal (21)**

1. Gold: Thomas Ciprick (A-3m)
2. Gold: Mélodie Leclerc (A-3m)
3. Gold: Mélodie Leclerc (A-1m)
4. Gold: Marie-Laurence Forest (B-1m)
5. Gold: Benjamin Tessier (B-Platform 10m)



6. Gold: Benjamin Tessier (B-3m)
7. Gold: Benjamin Tessier (B-1m)
8. Silver: Thomas Ciprick (A-1m)
9. Silver: Mélodie Leclerc & Simone Leathead (synchro 3m)
10. Silver: Matt Cullen (B-platform 10m)
11. Silver: Matt Cullen (B-3m)
12. Silver: Cédric Fofana (A-3m)
13. Silver: Audrey-Ann Laquerre (A-platform 10m)
14. Bronze: Simone Leathead (A-3m)
15. Bronze: Simone Leathead (A-1m)
16. Bronze: Olivier Gauthier (B-3m)
17. Bronze: Olivier Gauthier (B-1m)
18. Bronze: Mélodie Leclerc (A-platform 10m)
19. Bronze: Marie-Laurence Forest (B-3m)
20. Bronze: Jeremy Déry & Mathis Gagnon (synchro 3m)
21. Bronze: Cédric Fofana (A-1m)

Other notable performances:

International High Diving medals (5)

- **(Lysanne Richard) – 2^e in the world rankings**
- Red bull Cliff Diving (5)
 - El Nido, Philippines: bronze
 - Dublin, Ireland: silver
 - Azores, Portugal: bronze
 - Mostar, Bosnia-Herzegovina: bronze
 - Bilboa, Spain: silver
- World Cup – Zhao Qing, China: 4th
- FINA World Championships: did not participate due to injury

International Masters medals (14)

- **FINA Masters World Championships**
 1. Gold: David Blake Snively (55-59 years-3m)
 2. Gold: David Blake Snively (55-59 years-1m)
 3. Silver: Richard Leblanc (70-74 years-platform)
 4. Silver: Michelle Malcom & Marie Hilaire (synchro platform)
 5. Silver: Marie Hilaire (25-29 years-3m)
 6. Silver: Jonathan Asselin (35-39 years-3m)
 7. Silver: Jonathan Asselin (35-39 years-1m)
 8. Silver: David Blake Snively (55-59 years-platform)
 9. Silver: David Blake Snively & Michelle Malcom (synchro platform)

6. Provincially-hosted competition highlights

List of competition hosted with number of participants:

- 3 Junior and Senior Provincial Championships with from 81 to 95 athletes registered at each;
- 3 Espoir Provincial Championships with from 120 to 127 athletes registered at each;
- 17 Jeux du Québec regional finals;
- 1 Jeux du Québec Provincial Final with 66 athletes registered;
- 10th annual Espoir Super Final with 90 participants from 12 clubs;
- Junior Elite National Championships held in Montréal;
- 2nd edition of the FINA Diving World Series in Montreal featuring the best divers in the world.

Performances highlights:

- Québec athletes win 15 medals at the Summer Senior Nationals
- Québec athletes win 16 medals at the Junior Development National Championships
- Québec athletes win 21 medals at the Junior Elite National Championships
- Québec athletes win 16 medals at the Winter Senior Nationals
- Noémie-Rose Nadeau and Isaac Bélair named best divers at the Super Finale Espoir Aquam
- Québec athletes win 2 silver and 1 bronze at the FINA Diving World Series in Montréal
- Québec athletes win 12 medals at the Junior PanAms
- Québec athletes win 2 medals at the Senior World Championships
- Québec athletes win 9 medals at the PanAm Games

Hosting challenges: As per usual, finding pool availability at reasonable rates, attracting the most divers possible to operate at a profit, as well as finding volunteers, particularly on weekdays.

General financial results of hosting - profit or loss: It varies a lot from one competition to the next. For the most part, we turn a small profit. It all depends on the number of divers registered, the number of events, the pool rental cost and event sponsors.

Average number of spectators: 150 to 500

NEW BRUNSWICK REPORT

1. Membership

# Competitive 2018-19: 0	# Recreational 2018-19: 28
# Competitive 2017-18: 0	# Recreational 2017-18: 14
Level of diving that constitutes the largest portion of members: Learn to Dive	
# Clubs 2018-19: 1	

2. Governance

Number of board members: 5
Biggest challenge the board faced in 2018-19: The board is essentially inactive. Only one club is operational, and that may only be until spring 2021, when FDC's pool is scheduled to close. It almost closed in 2018, but the university that operates it agreed to keep it open three more years so the city could build a new pool. We are halfway through that extension and the city has not even solicited bids for a pool design.

3. Financial State

Total budget: We do not have a yearly budget at this time. About \$20,000 remains in the bank from previous grants and fundraising, but we have not been seeking new funds because with only one club, no competitive divers, and uncertainty about having a training facility after next season, we are essentially on hold.
Funding received from provincial government: 0
Increase or decrease from last year: 0
Reasons for increase/decrease:
Funding received through other sources such as bingo, casino, lottery. 0

Please list:
Number of full time staff employed in the provincial office: 0
Number of part-time staff employed in the provincial office: 0
Percentage of budget that goes to supporting the office: 0

4. Primary focus of provincial program

<p><u>Support for Athletes</u></p> <p>Funding programs and level of funding available for athletes: 0</p> <p>List of recipients in 2018-19:</p>
<p><u>Coaching Initiatives</u></p> <p>DiveNB brought in a trainer from Plongeon Quebec to train beginner coaches in the Plouf program. We used the program for a year in Fredericton but found it did not work well for our situation, though coaches continue to use some strategies from it.</p> <p>Funding programs and level of funding available for coaches:</p> <p>List of recipients in 2018-19:</p> <p>Number of full time coaches: 0</p> <p>Professional development opportunities for coaches:</p> <p>Coaches Committee – no</p> <p>If yes, number of members on committee:</p>
<p><u>Other Programs</u></p> <p>(e.g. building membership, starting new clubs, increasing competitive level of diving in province)</p>

5. Performance

Comment on top performers for 2018-19:
General performance at national championships in 2018-19:
Other performance highlights:

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants: 0
Performance highlights:
Hosting challenges:
General financial results of hosting -- profit or loss:
Average number of spectators:

NOVA SCOTIA REPORT

1. Membership

# Competitive 2018-19: 0	# Recreational 2018-19: 35
# Competitive 2017-18: 2	# Recreational 2017-18: 10
<p>Level of diving that constitutes the largest portion of members: Learn to Dive (PLOUF)</p> <p>The clubs are weak as there is too much dependence on volunteer coaches at all levels.</p> <p>We keep trying to build a healthier base to improve opportunities for clubs to grow.</p>	
# Clubs 2018-19: Cygnus Diving Club	

2. Governance

Number of board members:6
<p>Biggest challenge the board faced in 2018-19:</p> <ul style="list-style-type: none"> •Recruitment and retention of qualified coaches/instructors; •Low level of provincial funding, and administrative requirements to access this funding; •Recruitment and retention of Board members; •Obtaining support from government and fundraising grants given our status as a smaller sport with lower participant numbers.

3. Financial State

Total budget: \$17,000
Funding received from provincial government: \$13,000

Increase or decrease from last year: decrease of \$1,000
Reasons for increase/decrease: Provincial funding program changes
Funding received through other sources such as bingo, casino, lottery. Please list: Registration fees
Number of full time staff employed in the provincial office: 0
Number of part-time staff employed in the provincial office: 0
Percentage of budget that goes to supporting the office: n/a

4. Primary focus of provincial program

<p><u>Support for Athletes</u></p> <p>Funding programs and level of funding available for athletes:</p> <p>List of recipients in 2018-19: none</p>
<p><u>Coaching Initiatives</u></p> <p>Funding programs and level of funding available for coaches:</p> <p>List of recipients in 2018-19:</p> <p>Number of full time coaches: None</p> <p>Professional development opportunities for coaches:</p> <p>We do not have any coaches in professional development due to lack of funding.</p> <p>Coaches Committee – no</p> <p>If yes, number of members on committee:</p>
<p><u>Other Programs</u></p> <p>(e.g. building membership, starting new clubs, increasing competitive level of diving in province)</p>

Focus on marketing learn to dive programs. Attended Sport Nova Scotia sport fair to promote interest in diving at the elementary school level.
Working on rolling out the Plouf program at other pools in the province.

Officials Support / Activities;

NS Provincials March 1-3, 2019

Meet Referee; Carol MacPherson
National Judge; Erin Dobbystein, Claude Cormier
P2 NS Judges; Chris Marshall, Ashley Smaggus, Caitlin Walsh

Atlantic Championships May 31, June 1,2, 2019

Meet Referee; Janet Nutter
National Judge; Jill Brewer, Claude Cormier
P2 NS Judges; Chris Marshall , Ashley Smaggus, Caitlin Walsh, Michael Brophy

Judging workshop May 25th, 2019 10am – 1pm
2 attendees. Claude and Chris Marshall

- Location was Sport NS on Spring Garden Road
- Room 303 had access to Wi-Fi and large screen TV
- Did sight review one week prior and met with Joni Mattatal (tech person) to ensure how to operate equipment and confirm compatibility with laptop
- Discussed judging rules for 2019, reviewed 2018 Elite and Developmental Nationals, joined live feed from 2019 Summer Senior Nationals and watched 3m Womens prelim.
- Used PPT slides from Sara in head office to review judging deductions and issues
- Recommendation is to repeat activity in 2020

5. Performance

Comment on top performers for 2018-19:

We continue to work hard.

General performance at national championships in 2018-19:

Did not attend

Other performance highlights:

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants:

1. NS Provincial Championships (15)

2. Atlantic Championships (18)

Performance highlights:

Hosting challenges: Atlantics was late in the season so we did not have as much uptake in registration.

General financial results of hosting -- profit or loss: Atlantics were a loss for the first time. Change of date should make this better.

Average number of spectators: 50 per day

7. Strategic plan for Atlantic Canada

Along with DPC and the atlantics provinces a strategic plan should be developed. We are all facing the same problems.

It may be worth having an extra day in Ottawa to get the ball rolling.

NEWFOUNDLAND REPORT

1. Membership

# Competitive 2018-19: 9	# Recreational 2018-19: 25
# Competitive 2017-18: 5	# Recreational 2017-18: 37
Level of diving that constitutes the largest portion of members: Recreational - Learn to Dive	
# Clubs 2018-19: 1 – EDGE Diving Club	

2. Governance

Number of board members: 4
Biggest challenge the board faced in 2018-19: Obtaining sources of funding; Promoting diving

3. Financial State

Total budget: \$3,850
Funding received from provincial government: \$3347
Increase or decrease from last year: Decrease of \$4700
Reasons for increase/decrease: Lower Canada Games portion
Funding received through other sources such as bingo, casino, lottery. Please list: \$0
Number of full time staff employed in the provincial office: 0
Number of part-time staff employed in the provincial office: 0
Percentage of budget that goes to supporting the office: 0

4. Primary focus of provincial program

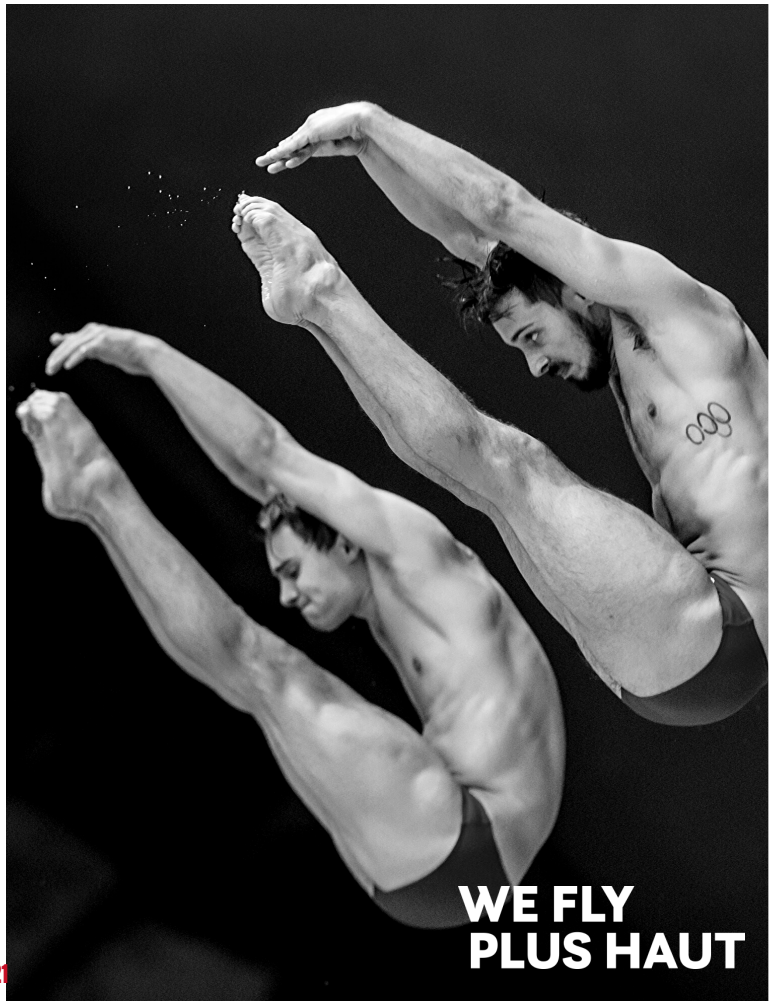
<p><u>Support for Athletes</u></p> <p>Funding programs and level of funding available for athletes:</p> <p>Provincial Government Grants</p> <p>List of recipients in 2018-19:</p> <p>Jake Billard</p>
<p><u>Coaching Initiatives</u></p> <p>Funding programs and level of funding available for coaches:</p> <p>N/A</p> <p>List of recipients in 2018-19: 0</p> <p>Number of full time coaches: 0</p> <p>Professional development opportunities for coaches:</p> <p>Competition Introduction Coaching Course</p> <p>Bi-Annual Entry Level Coaching Course</p> <p>Coaches Committee – No</p> <p>If yes, number of members on committee:</p>
<p><u>Other Programs</u></p> <p>(e.g. building membership, starting new clubs, increasing competitive level of diving in province)</p> <p>N/A</p>

5. Performance

<p>Comment on top performers for 2018-19:</p> <p>Jake Billard competed in the Junior Elite Nationals in Montreal</p>
<p>General performance at national championships in 2018-19:</p> <p>Jake Billard competed at Junior Elite Nationals in July 2019 placing 12th on 3M and 13th on 1M</p>
<p>Other performance highlights:</p>

6. Provincially-hosted competition highlights

List of competitions hosted with number of participants: 1. Zero
Performance highlights: N/A
Hosting challenges: Geographic location, timing of event, number of local competitive divers, not enough Provincial clubs to attend. A minimum of 3 clubs are required to host a Nationally recognized qualifying event.
General financial results of hosting -- profit or loss: N/A
Average number of spectators: N/A





REPORT TO DPC
October 2019
FINA Bureau: Sports Medicine Liaison
UANA Executive Member (OWS Liaison)

Dear DPC,

It has been a busy year with the FINA World Championships and Pan Am Games, amongst other events and projects.

The following is a summary of my activity on behalf of aquatics since the last report:

DATE	ORGANIZAION	LOCATION	EVENT
November 2018	COC	Calgary, Alberta	COC meeting
December 2018	FINA	Hangzhou, CHN	Aquatics Convention and World Championships (25m)
	ASOIF	Lausanne, SUI	ASOIF Medicine + Scientific Meeting (Chair)
	IOC	Lausanne, SUI	IOC-IF symposium (Chair)
March 2019	AC	Edmonton, Alberta	COC meeting
April 2019	AC	Santiago Chile	CONSANAT meeting
	AC	Barbados	CCCAN Carifta meeting
May 2019	ASOIF	Lausanne, SUI	ASOIF medical + Scientific meeting (Chair)
	FINA	Budapest HUN	FINA Executive meeting
	Swiss Sport Med	Bern SUI	Guest Lecturer
	Australia Institute of Sport	Canberra AUS	Guest Lecturer
	Sport Accord	Gold Coast, AUS	HealthAccord Chair

	ACSM	Orlando, Florida	Guest Speaker
June 2019	Artistic Canada	Quebec City, Quebec	FINA World Series
	UANA	Lima, Perú	UANA Executive Meeting
	IOC	Lausanne, SUI	Athlete Mental Health
	AC	Barbados	CCCAN meeting
July 2019	IOC	Tokyo, Japan	IOC Advanced team physician Course - lecturer
	FINA	Gwanju, Korea	FINA World Championships
August 2019	UANA	Lima Peru	Pan Am Games
	WADA	Montreal, Quebec	WADA Health Medicine + Research meeting
September 2019	Jamaica Sport Med	Kingston, Jamaica	Guest Speaker
October 2019	IOC	Lausanne, SUI	Mental Health Working Group
	IOC	Lausanne, SUI	Injury + Illness Working Group
	ASOIF	Lausanne, SUI	ASOIF Medical + Scientific Working Group (Chair)
	ASOIF	Lausanne, SUI	IF symposium on Tokyo 2020 (Chair)
November 2019	WADA	Katowice, Poland	WADA Conference
	OTP/ B2Ten	Montreal, Quebec	RED-S Pan- Canada Think Tank
	UANA	Miami, Florida	UANA Executive Meeting
	IOC	Tokyo, Japan	Key note speaker
December 2019	FINA	Kuwait (TBC)	FINA Bureau Meeting

Other related International Sport Activities:

For your information, I am actively involved in the following organizations:

- IOC Medical Commission – Games Group
 - International Testing Authority – Tokyo 2020 Anti-doping strategy pre- Games initiative
 - IOC Medical & Scientific Committee: educational board of Diploma of Sport Medicine
 - IOC Expert Working Group – Harassment + Abuse in Sport – Chair -Prince Feisel, Jordan
 - IOC Scientific Board of Olympic Conference on Injury + Illness Prevention- Monaco 2020
 - IOC Expert Working Group: Athlete Mental Health knowledge translation tools
 - IOC Consensus Group on Injury + Illness Methodology
 - IOC Expert Group: Respiratory Illnesses in athletes
 - IOC Science Chair of RED-S (Relative Energy Deficiency in Sport)
 - IOC Water Quality working Group –Tokyo 2020
 - WADA Health Medicine + Research Committee
 - WHO Advisory Network on global health promotion through physical activity
 - WHO Advisory Board on drowning prevention
 - World Rugby Judiciary Board and Anti-doping advisory Committee (Dublin, IRL)
 - ASOIF Medical + Scientific Consultative Group Chair.
 - OTP Mental Health Canadian expert group
 - OTP RED-S Pan Canadian initiative
 - ACSM Olympic Committee
-

FINA Technical Committees:

A sincere thank you to the members of Aquatics Canada that serve on FINA Committees for their excellent quality and dedicated work ethic.

- Louise Leblanc (TSC)
- Eddie Francis (Finance)
- Aaron Dziver (Coach)
- Sheilagh Croxon (Coach)
- Justin Oliveria (Coach)
- Mitch Geller (High Diving)
- Lisa Schott (Chair TASC)
- Bill Shaw (TWPC)
- Kathy Seaman (TDC Commission+ UANA Executive)
- Ed Evely (Masters Commission)
- Aaron Feltham (Athletes' Commission)
- David Lech (Doping Panel)

Thank you also to those Canadian members of UANA Technical Committees who continue to work hard for the development of the aquatic sports in the Americas, despite the challenges faced in this quad.

I would like to thank DPC for your support and collaboration; in particular, with the FINA VP election. While the outcome was not as we had hoped, the support of DPC was exemplary, and greatly appreciated. It is a pleasure to work each of you on our mutual goal of promoting the aquatic sports locally, and internationally.

I look forward to our ongoing partnership as we head into a busy season with Olympic Games qualifiers, and Olympic Games 2020.

Respectfully submitted,

Dr. Margo Mountjoy MD, PhD, CCFP (SEM), FCFP, FACSM, Dip Sport Med.
FINA Bureau – Sports Medicine Liaison
UANA Executive – OWS Liaison



UANA TECHNICAL DIVING COMMITTEE REPORT

Composition:

Executive Committee Liaison:	Kathy Seaman CAN	(Zone 4)	
Chair:	Gordon Peterson CAN	(Zone 4)	
Vice Chair:	Andres Bel Mejia PER	(Zone 1)	
Secretary:	Colleen Huffman USA	(Zone 3)	
Members:	Hermes Venegas CHI	(Zone 1)	
	Ulises Alvarado ECU	(Zone 1)	
	Katura Horton-Perinchief BER	(Zone 2)	
	Rolando Ruiz CUB	(Zone 2)	
	Francisco Balbuena DOM	(Zone 2)	
	Felix Calderon PUR	(Zone 2)	
	Jim Stillson USA	(Zone 3)	
	Nancy Brawley CAN	(Zone 4)	
	Athlete Representative:	Emilie Heymans CAN	(Zone 4)

Summary

The four-year term for the UANA TDC ended immediately following the Junior Pan American Diving Championships held in Santiago Chile August 22-25, 2019.

For the first time ever, there were four members from Diving Plongeon Canada (“DPC”) serving on the UANA TDC: Kathy Seaman, as the Executive Committee liaison, Nancy Brawley as a member, Emilie Heymans as the Athlete Representative and the undersigned as Chair.

It has been an honor to guide the development of diving in the Americas during this period and DPC has been represented extremely well by its constituent members. The UANA TDC has been an active group, serving each of the regions and all of UANA very well

2019 UANA Competitions:

During 2019, two UANA Events were held as follows:

1. 2019 Pan American Games were held in Lima, Peru from August 1-5. The number of events increased from 8 to 10 and the quota for divers increased from 60 to 70. The two new diving events added (1metre for men and women) was the first time such events have been held at the Pan American Games since 1995. Despite the increase in quota, the increasing quality of diving in the Americas was reflected by the difficulty for qualifying for the Pan American Games. Canada did not compete in the 1m events yet earned an equal number of medals but one more gold medal than it earned in 2015.
2. The 9th Pan American Junior Diving Championships were held in Santiago, Chile. Chile was the winning bid from three nations in South America (Zone 1) who expressed interest in hosting the Championships. 28 events were held over a four-day period and 117 divers competed. Canada did very well in the events, finishing third behind Mexico and the United States and earning six gold, nine silver and 10 bronze medals.

2019 FINA Competitions held in UANA:

In addition to the UANA competitions, FINA held three competitions in the Americas in 2019:

1. FINA Diving World Series Canada (Montreal)
2. FINA Diving Grand Prix Canada (Calgary)
3. FINA Diving Grand Prix USA (Los Angeles)

FINA Diving Judges' Certification Courses:

There were three certification courses for judging held in the Americas in 2019:

- CUBA (Havana) March 28-31
- CANADA (Calgary) April 4-7
- CHILE (Santiago) August 21-23

With gratitude to an anonymous sponsor and the support of the UANA Executive Committee, the UANA TDC was also able to host a judge development program at the Pan Am Juniors with the objective of developing additional diving judges from the Americas with the capability of judging at the World Championships and Olympic Games. This program originated at the Pan American Junior Diving Championships hosted by DPC in Victoria in 2017 and is demonstrating good results in the overall quality of judging.

2019-2023

A new UANA TDC was recently appointed with only two members from DPC. Kathy Seaman will become the Secretary of the TDC and Gordon Peterson will continue as Chair. The loss of Nancy Brawley and Emilie Heymans as members will no doubt be difficult shoes to fill based on their superior contributions during the past four years. On behalf of the UANA TDC, I would like to thank both Nancy and Emilie for their exemplary contributions to diving in the Americas.

Looking Ahead:

The next Pan American Games will be held in Santiago, Chile in 2023 and there was good value in attending the recently held Pan American Junior Diving Championships there. Not only did it provide some evidence of the work needed to be done prior to 2023 but it also helped identify some key contributors and needs, as well as to show off Santiago to those attending.

The next Pan American Junior Diving Championships will be held in Zone 2 (Central America) and the UANA TDC will be working on soliciting bids for the event to be held in 2021.

Respectfully Submitted,

Gord Peterson

Gordon Peterson
UANA TDC Chair



FINA/UANA TECHNICAL DIVING COMMITTEE REPORT



Submitted by Kathy Seaman
FINA TDC Honorary Secretary

UANA Executive Committee Member and Liaison to UANA TDC

FINA Update:

- Five Diving World Series events were held in 2019. JPN held their DWS in Sagami-hara March 1-3, a city located an hour outside of Tokyo. Beijing, CHN followed this event March 8-10. The DWS in CAN was held again in Montreal, April 26-28. After a short break the DWS in Russia was held in Kazan May 10-12 and London, ENG was the last DWS held May 16-18. Four DWS are scheduled for 2020. Japan will not host a DWS in 2020 as they will be hosting the FINA Diving World Cup and Olympic test event April 21-26, 2020.
- Nine FINA Diving Grand Prix events were held in 2019. USA returned to hosting a DGP which was held in Mission Viejo, California April 12-14 following the DGP held in Calgary, CAN. Cairo, EGY held its first DGP June 21-23.
- Seven FINA Judges Certification Schools were held in 2019. The hosts were UZB, CUB, CHI, CAN, VEN, AUS, and RSA. I had the opportunity to present at the Certification Schools in Santiago CHI and Gold Coast, AUS. Three FINA Development Schools were held in 2019. The hosts were Singapore, Pristina, KOS and Graz, AUT. The increased interest for FINA Certification Courses in America in 2019 was significant in qualifying more judges to participate at FINA events.
- A site visit was held in Gwangju, Korea May 21-24 in preparation for the FINA World Championships July 8-23. The facility required major upgrades from when this facility was built for the 2015 University Games. Challenges were identified, including the fact Swimming training overlaps the last 3 days of the Diving competition, and solutions discussed.
- The University Student Games were held in Naples, Italy June 28-July 8. I was invited as one of three FINA TDC members to act in the capacity as Referee and FINA Judge Evaluator.
- The FINA World Championships in Gwangju, Korea was the first Qualification Phase for Tokyo 2020. The women qualified in all events except 10 m Synchro. The men qualified one spot in Men's 10m and need to qualify both spots in Men's 3 meter, 1 spot in Men's 10m and both Synchro events.
- The Continental Championship for the Americas was recently held in Lima, Peru at the Pan Am Games. No additional qualification spots in the individual events were attained by Canada. Phase III, the last Olympic Qualification event will take place at the FINA World Cup in Tokyo, April 21-26, 2020. The FINA Executive met September

- 24th and adjusted the Olympic 2020 qualification criteria for Continental Championships to accept the next qualified Federation spot if a Continental Champion had already qualified in phase I at the FINA World Championships.
- ISS continues to provide judges' analysis and video replay at FINA events. ISS attended the FINA DWS in Sagami-hara, JPN, FINA DGP in Rostock, GER and the FINA World Championships in Gwangju, KOR. In addition DPC contracts ISS to work at the DWS Montreal and DGP Calgary.

UANA Update:

- The UANA Executive Committee met in Lima Peru on June 20-23 as part of the venue site visits for the Pan American Games July 29-August 6. The venue for Swimming, Artistic Swimming and Diving is a new facility and much needed in Peru for future hosting of International events.
- In collaboration with the members on both FINA and UANA TDC the initiative for providing opportunities for Judges in both South America and Central America at FINA and UANA International events continued with assistance from a major sponsor. To this extent a new judge from PUR has met the Olympic requirements and has been selected as one of the Judges from America for Tokyo, 2020.
- The UANA TDC under the guidance of Gord Peterson was very active at the diving events at the Pan American Games in Lima, Peru August 1-5. The Pan Am Games acted as a Continental Championship and Olympic Qualification for the 3m and 10 m individual Champion quota spot for their Federation.
- The UANA Junior Pan American event was held in Santiago, Chile August 19-26. The UANA TDC was again very active and instrumental in assisting the OC with the event logistics. This was the first time for a UANA Diving event in Chile and a major learning experience for the volunteers. The competition was a great success as the OC managed to run simultaneous events to keep to the event timeline each day. Our Canadian team placed 3rd overall with strong placings particularly in Group B, both girls and boys events.

FINA COACHES COMMITTEE REPORT



The FINA Diving sub-committee (FDSC) is comprised of 5 International High-Performance diving coaches and is a sub-committee that reports to the FINA Coaches Committee representing all 6 aquatic sports: Diving, High Diving, Water Polo, Swimming, Open Water Swimming, and Artistic Swimming. It also makes consults and provides a diving coach perspective to the FINA Diving Technical Committee. The FDSC met in Gwangju, Korea during the FINA World Aquatic Championships to discuss the following topics:

1. This past season, FINA has initiated the development and implementation of a Diving Coach Certification Program. The FDSC was asked to propose a curriculum for a 3-tier coach certification program:
 - a. Introduction to fundamentals of Diving
 - b. Introduction to competitive Diving
 - c. High Performance Diving program

Items to be covered in the certification program include:

- i. Safety,
- ii. Key technical areas crucial to the sport
- iii. Ethics in sport
- iv. Club management & administration

The FDSC was also tasked with identifying potential candidates that could act as course conductors for each certification level.

2. The chair of FDSC held a first general international coaches meeting in London at the fifth leg of the FINA World Series. The agenda of the meeting was focused on reviewing the rules and regulations of the World Series. The objective was to clarify many of the seeding procedures that currently exist and ensure that the international diving community is aware of the procedures well in advance of the first leg of the World Series. All recommendations were submitted to the FINA Diving Technical Committee for review and approval.
3. The FDSC reviewed the implementation of the 1st year of the FINA Diving Scholarship Program. This program is focused on providing technical assistance to competitive divers that are seeking to maximise their potential. Athletes are selected by the FINA.

Development Committee and is based on their international ranking. The objective is to help increase the number of countries participating at the FINA World Cup and FINA World Aquatic Championships. 17 divers applied for and received a FINA Diving scholarship. 20

scholarships were available.

4. The FDSC collaborated with the FINA Diving Technical committee about several logistical issues revolving around the FINA World Aquatic Championships. Several recommendations about scheduling, facility equipment, and transportation were made to help facilitate training and ensure that the pool environment helps enable best performances from the divers competing at these championships.

Both committees also discussed the necessity to review the Team Event. The objective is to make the event competitive, entertaining and easily understood by the spectators. The possibility that this event could be proposed as an additional event for the 2024 Olympics is being considered.

Report submitted by,

A handwritten signature in black ink, appearing to read 'A. Dziver', with a long, sweeping flourish extending to the right.

Aaron Dziver ChPC

Chair, FINA Diving Sub-Committee

FINA Technical High Diving Committee Report



Submitted by: Mitch Geller

Date: Tuesday, November 12, 2019

The THDC had a busy year with hosting to major events – the FINA World Cup and the FINA World Championships. Additionally, a new World Championships qualification process was implemented last season that required prospective athletes to attend an evaluation camp to verify their level of proficiency and safety in performing from the 20m and 27m platforms. Eligible athletes then had the opportunity to compete at the FINA World Cup to earn qualification to the World Championships.

Staging the World Cup was particularly challenging to the committee because approval for the event was only confirmed six weeks in advance of the first day of competition. Committee members worked feverishly with the OC to prepare all the logistical plans. Kudos to Mr. Rodd McCormick who took on the responsibility of Presentation Manager and working around the clock, stitched together a fantastic production.

In addition to event hosting, the THDC also accomplished the following:

- Received Bureau approval for the new Junior World High Diving Championships rules
- Delivered two international high diving judging schools
- Developed a “Coaches Guide to High Diving” handbook
- Established an officiating and promotions partnership with Red Bull
- Established new high diving facilities rules
- Developed a new junior high diving degree of difficulty formula (specific to calculating 12m & 15m degree of difficulty)
- Piloted a new on-demand video replay system for event referees

are geared towards advancing the sport to gain inclusion into the Olympic program. The recommendations include:

- Numerous modifications to the facility rules
- The establishment of a FINA Grand Prix high diving circuit
- A Coach certification process
- The establishment of a World Junior High Diving Championships
- The establishment of Continental high diving championships.

Mitch also acted as a platform marshal at the World Championships and assisted in the production of the event.



CANADIAN OLYMPIC COMMITTEE REPORT

2019 was the year of the Pan American Games. At the Games, Canada performed extremely well in diving, earning 9 medals in the 8 events it contested, the same number as in Toronto in 2015 but with one more gold.

In the women's events, Canada won gold in each of the events in which it entered divers, with each of Meaghan Benfeito and Jennifer Abel earning two golds and Pamela Ware narrowly missing doubling-up on medals in 3m and 3m Synchro. Meaghan and Caeli Mackay went one-two in the individual 10m event and then combined to win gold in 10m Synchro. Jennifer and Pamela were almost as good, going one-four in the individual 3m event and then combining to win the gold in the 3m Synchro event.

Our men medaled in each of their events entered as well, with Philippe Gagne earning a bronze in the individual 3m event (after having won the preliminaries) and teaming up with Francois Imbeau-du lac to earn a silver in the Synchronized 3m event. Francois missed the final as a result of falling off the board on his 5156B in the individual event. On platform, Vincent Riendeau also earned a bronze in the individual event and then teamed with Nathan Zomber-Murray to win silver in the synchro platform event.

2019 was also the first year for a new CEO at the COC, David Shoemaker. The previous CEO, Chris Overholt, left to become CEO of an E-sport venture in Toronto. David started January 5th and attended his first ever COC Session in April 2019 during which a new Board was elected. He presented a "100 Day Memo" in which he outlined areas of focus that he had identified and gave the first inkling of his vision for the COC. David was most recently with the NBA where he headed up Asia (having lived in China from 2011-2018) and increased value to a 4.5-billion-dollar entity.

David proposed two broad aspirational goals - being a top 5 nation for combined winter and summer medals and being the National Olympic Committee that best promotes Olympic values at home. He then broke down achieving the vision through revenue generation and diversification, rejuvenating Canada's sport system, bidding to win and enhancing the team.

The COC continues to build capacity in the sport system through its NSO Enhancement initiative 2.0. DPC was a beneficiary of some funding towards its new re-branding. A new NSO Enhancement (3.0) is under development and should be presented in the new year, following the evaluation of 2.0.

In addition to taking a leadership role in promoting a significant core funding increase to all NSOs, COC has also taken a leadership assisting role in the safe sport initiative, ensuring sharing of information and best practices as well as taking a more active role in promoting webinars and panel discussions. The COC has engaged a public relations/government relations firm (National) to lead the advocacy for the core sport initiative and is hoping to coordinate a consistent message throughout the sport system.

In November, the COC combined with the CPC to host a leadership lab at the semi-annual Session. This was the first occasion where the COC and the CPC have worked together for the sport community on sharing of information, but the success indicates it will not be the last. The intention is for the November Session to become more of an opportunity for discussion, rather than a meeting for the COC to report that it has been in the past. The purpose of the lab will be to develop needed skills within the NSO community and to share best practices on leading a sport organization in today's environment.

As a result of the recent election, the focus of the lab was on getting all of the NSOs on the same page for the lobby for increased core sport funding. There were presentations on how to focus on what to communicate as well as examples provided from within the sport system. There was also a session on gender issues, with presentations regarding the Caster Semenya case and what it might mean for sport in the future.

2020 will be focused on the Olympic Games in Tokyo. The COC has been conducting site visits on a fairly regular basis and has been making the necessary connections for ensuring athletes and supporters have all they need to succeed. The COC will have a slightly different Canada Olympic House in Tokyo, with food available for purchase outside regular mealtimes. One of the things observed regarding the host committee is the rigidity with which they observe rules. It has been particularly difficult to get some of the benefits the COC has enjoyed in the past because of this approach. Nevertheless, the COC continues to work to maximize the benefits for Canada.

I mentioned that there was an election at the COC for a new Board. There were six positions open and I was fortunate to be re-elected to one of those six four-year terms. It will be my last term on the COC Board as the COC instituted term limits a few years back. I have enjoyed my time with the COC Board and look forward to assisting the next person from Diving who expresses an interest in serving with the COC.



2019 ANNUAL GENERAL MEETING ASSEMBLÉE GÉNÉRALE ANNUELLE 2019

The COC remains one of our most important partners, with the Olympic Games the pinnacle for our sport every four years. Diving has had a special place with the COC, with recognition of the leadership Diving Canada has enjoyed and the success at the Olympic Games (being the only Canadian summer sport to have won multiple medals at the Olympic Games since 2000) It has been an honour to have served on the Board since 2005 and I look forward to my next four years.

Respectfully submitted by

Gord Peterson

Gordon E. Peterson
COC Director
Chair COC Governance & Ethics Committee

COMMONWEALTH GAMES CANADA REPORT



Another year has concluded for Commonwealth Games Canada. After last year's consultative, strategic planning process, the CGC Members approved a new Strategic Plan for the 2019-22 quadrennial, including a revised Mission Statement.

MISSION

- To support Canada's athletes, and their performance teams, to achieve excellence at Olympic and Paralympic games and world championships,
- To enrich the lives of youth across the Commonwealth, and
- To host the Commonwealth Games.

Supporting SPORT EXCELLENCE

(Create an exceptional Team Canada program environment whereby the Commonwealth Games are a critical benchmark in Canada's athlete & coach podium pathway.)

Team Canada

Kukri has been renewed as Team Kit Partner for Team Canada 2021 and 2022.

Canadian High Performance Sport System Contribution

CGC meets regularly with Major Games Canada (formerly the Franchise Holder Working Group) to discuss items of common ground, efficiencies & effectiveness, such as Medical Missions.

CGC participated in consultations developing Sport Canada's new 2019 High Performance Sport Strategy including having "other multi-sport games" added to the Ultimate Outcome.

Using SPORT FOR DEVELOPMENT

(Enhance individual & community social development across the Commonwealth by sharing Canadian sport knowledge, expertise and resources, and participating in CGF programs and initiatives)

SportWORKS

In 2018 CGC's SportWORKS program celebrated its 25-year anniversary, leading 125 local sport projects having a positive and life long impact on 2 million youth in 30 Commonwealth countries. In 2018/19 fifteen (15) SportWORKS Officers were deployed in 4-month rotations to assist our CGA colleagues in; Botswana developing the national high-performance sport system, Eswatini developing life skills through sport to school children and growing rugby participation in Turks & Caicos.

Using the award winning SportWORKS program model, CGC launched an "in Canada" SportWORKS pilot initiative supporting the social integration of newcomer youth through sport

Building a VALUED BRAND

(Increase the Canadian public's understanding and relevance of the Commonwealth sport brand by working collaboratively with CGC Members, partners, stakeholders and media.)

CWGs Bidding & Hosting

CGC, in conjunction with Commonwealth Games Federation (CGF) & Sport Canada, launched the Canadian Candidate City Selection Process to bid and host the 2026 and/or 2030 CWGs. CGC is committed to a selection process that is fair, transparent and ethical based on equal treatment of all interested Cities, exempt from any external influence, with equal conditions and opportunities and without any risk of conflicts of interest. A General Briefing was held in January 2019, 14 Municipalities & 7 provincial governments attended. Subsequent to the briefing, Hosting Plan Proposal Guidelines (Part 1) were distributed with a deadline of November 22, 2019, to submit a Part 1 Proposals. At the deadline 2 community groups submitted Part 1 Proposals - Hamilton for the 2030 CWGs and a community group who wishes to remain confidential (for now) for the 2026 CWGs. Both Community Groups included Dining on their proposed sport program. CGC will name Canada's Candidate City for the 2030 and/or 2026 Commonwealth Games by Spring 2020.

Public Relations

CGC's communications channels (Website, Facebook and Twitter) continue to be maintained with news & highlights relevant to the Commonwealth sport movement in Canada and updates on CGC programs. Viewership and reach of CGC's communication platforms is growing, albeit very slowly.

CGC's Alumni Program

To date 415 alumni have joined CGC's Alumni Program - enjoying benefits such as regular newsletter of Commonwealth sport news & information, invites to special events and exclusive discounts at selected retail chains. Running Room is offering all CGC Alumni Program Members a 20% discount on purchases in their stores across Canada.

Canadian Commonwealth Sport Awards

The Volunteer Excellence Award (Award of Merit) is awarded once per quadrennial. For 2019, Bruce Robertson will be the recipient of this prestigious Award. The committee has decided to celebrate the award in front of his peers. Therefore, the award will be given out at the 2020 AGM. The Committee would like to recruit another volunteer and look at increasing the number of nominations received.

CONNECTING WITH COMMUNITIES

(Enhance CGC's leadership role and reputation with Canadian sport, governments, the Commonwealth and demonstrate effective, best in class, governance and management practices.)

Community Relations

CGC continues its Federal Government Relations Campaign to secure "bridge funding" of an additional \$800k/year until Canada is next awarded the hosting rights for the Commonwealth Games. Key strategies deployed include; building awareness & support of Federal MPs & Senators (26 meetings to date), cultivating political "champions".

CGC representatives attended CGF Regional America Meeting and CGF General Assembly and was successful in 2 Canadians being voted into key CGF positions – Bruce Robertson as Voce President and Linda Cuthbert as a CGF Sport Committee member.

Partnerships

CGC continues to benefit from the support of the Federal Government and Rideau Hall Foundation, as well as corporate partners – Poole Constructors of Canada, Air Canada, Kukri and more recently Gowlings Canada.

Governance & Administration

All CGC committees have been re-populated to include the newly elected Members. A 2019/20 Workplan and Budget was developed and approved. The Governance Committee started discussions on the impact of legalization of Cannabis and SafeSport on CGC programs.

CGC has contracted Brian Ward of W&W Dispute Resolution Services Inc. as it's Independent 3rd Party Safe Sport Officer. For any issues related to Abuse & Harassment, Brian Ward can be contacted at **613.761.8469**.

CGC has also appointed a new Travel Agent – Uniglobe Travel CBO.

CGC provided admin & PR support for CGFC donation appeals, namely, 'Don't Let 2022 be our last...' and Bruce Wilkie Athletic Awards Fund.

LOOKING FORWARD IN 2019/20...

- Continue building the foundation for a successful Team Canada to the 2021 Commonwealth Youth Games and 2022 Commonwealth Games, including; hiring a Team Canada 2022 Executive Director, developing a draft team budget, review / revising the NSO Agreements and Team Size Policy,
- Conclude and evaluate the Sport For Newcomers pilot initiative and find new, additional funds to continue the SportWORKS program, in Canada and abroad
- Continue the Canadian CWGs Candidate City Selection Process, naming Canada's preferred CWGs Candidate City for 2026 or 2030 Commonwealth Games,
- Continue the Federal Government Relations Campaign for increased CGC financial support and CWGs hosting support, including; continuing to liaise closely with selected CPA Members, meeting with Minister of Sport and a fresh round of MP & Senator meetings after the 2019 federal election,
- Execute several recruitment tactics to increase Alumni Program membership to 600,
- As a Member of the "MSO Caucus", collaborate with Sport Canada on a new MSO Funding Model to take effect in 2020, and
- Conclude a SafeSport internal review and implement recommendations.



AQUATICS CANADA REPORT

2019 was an exciting year for Aquatics Canada. From record-setting swims to Qualifying Divers for OG at WCH and then more successes came out of Lima as Canada punched its ticket for the OG in Artistic Swimming Team and Duet, and the Women's Water polo team. Congratulations to all, you do not achieve this kind of success without a great team behind the athletes.

The partnerships with FINA/UANA that Canada continues to demonstrate in hosting smaller FINA events has proven to be a successful strategy for Canada. This has brought significant national recognition for our aquatic athletes and Aquatics Canada's ability to host successfully. We have a lot to be proud of, and a lot of this success is because of each of you.

Aquatics Canada and the communities it serves have always enjoyed a special relationship. From our coaches, athletes and officials to the amazing staff of the sports; to our partners, alumni and neighbours, the passion for the aquatic sports and the benefits it brings to Canada and beyond is part of what I love about being the President of these great aquatic partners.

This was a very active year for me in my role as Chair of the FINA TASC. FINA continues to develop the Artistic Swimming World Series. It is now in its third season and the sport hosted our first Super Final in Hungary Budapest. This role has often allows me the opportunity to liaison with FINA and UANA partners to represent the Aquatics Canada Team.

DATE	ORGANIZATION	LOCATION	EVENT
December 2018	FINA	Hangzhou China	FINA Short Course Swimming/ Convention
December 2018	FINA	Hangzhou china	FINA AS Coaches Meeting
February 2019	AC	Edmonton AB	Annual 'face-to-face'
February 2019	FINA	Paris France	FINA Artistic Swimming World Series #1

March 2019	FINA	Alexandroupolis Greece	FINA Artistic Swimming World Series #2
April 2019	FINA	Kazan Russia	FINA Artistic Swimming World Series #3
April 2019	FINA	Tokyo Japan	FINA Artistic Swimming World Series #4
May 2019	FINA	Beijing China	FINA Artistic Swimming World Series #5
May 2019	FINA	Greensboro USA	FINA Artistic Swimming World Series #6
May 2019	FINA	Quebec City Canada	FINA Artistic Swimming World Series #7
May 2019	FINA	Barcelona Spain	FINA Artistic Swimming World Series #8
June	FINA	Hungary Budapest	FINA Super Final Artistic Swimming
July 2019	FINA	Gwangju Korea	FINA World Aquatics Day DiPC / CAS promotion
July 2019	FINA	Gwangju Korea	FINA World Championships
July 2019	ACA	Gwangju Korea	ACA Reception
July/August 2019	FINA	Lima Peru	Pan Am Games ACA President
August 2019	UANA	Windsor	UANA Age Group Event
August/September 2019	FINA	Samorin Slovakia	1st FINA Youth Championship/ FINA Coaches and Judges Clinic Slovakia
September 2019		Montreal	CAS Convention

This year your athletes continued to deliver world-class results. Whether it was at national champions, World Series podiums, ISL, PAG Competitions or World Championship our athletes won medals. Canadian aquatic athletes continue to reach excellence at world-class events; and there is no doubt that your athletes inspired our nation.

This year your athletes continued to deliver world-class results. Whether it was at national champions, World Series podiums, ISL, PAG Competitions or World Championship our athletes won medals. Canadian aquatic athletes continue to reach excellence at world-class events; and there is no doubt that your athletes inspired our nation.

This was a significant election year for UANA. We extend our warm welcome the new UANA Leadership of President Maureen Croes and Secretary/Treasurer David de Vliegar. Dr Margo Mountjoy is a UANA executive member. We welcome Juan Carlos Orihuela as the new UANA FINA Bureau rep. We continue to look forward and welcome the changes of a refreshed new approach to our UANA governing body. Both the FINA & UANA leadership team continues to seek out Canadian expertise for their Committees. These appointments continue to reflect positively on how the international community views Aquatics Canada and the work our Canadians do on the Committees

NEW UANA Appointments	
David de Vliegar	UANA Secretary -Treasurer
Margo Mountjoy	UANA Executive / Open Water Liaison
Gord Peterson DPC	Chair UANA TDC
Kathy Seaman	UANA TDC Secretary
Ed Evely	Secretary UANA Masters
Dot Padget	Member UANA Masters
Rick Valouche	UANA Vice Chair WPC
Gaston Turcotte	UANA WPC Member
Rick Walker WPC	UANA Secretary WPC
Carole Thomas SN	UANA Member OW
Nicole Normandin SN	UANA Member OW
Louise le Blanc	UANA Secretary Swimming
Jim Fluery	UANA Member Swimming
NEW UANA Appointments	

David de Vliegar	UANA Secretary -Treasurer
Justin Olivira	UANA Coaches Committee Member
Tera van Beilin	Athletes Commission
Bill Shaw	Chair Legal
Steve Keller	Medical
Celina Toth DPC	Social Media
Erika Linder	UANA TASC Member
Lisa Schott	UANA TASC Vice Chair

I would like to thank Chef de Mission Margie Schuett and Assistant Chef Michelle Comeau for their outstanding leadership in organizing our aquatics team at the FINA WCH in Gwangju this summer. This was a challenging event and it was often brought to my attention that the two Canadian Chefs were often helping many other countries navigate the challenges of Gwangju. I would also like to acknowledge Dr Margo Mountjoy and commend her for putting herself out there to be a candidate for the FINA VP for UANA. This is always a challenging environment and Margo is not afraid to put herself in a vulnerable position and win or lose she continues to generate ideas with the IOC, UANA & FINA for the aquatics family.

It is obvious to me that everyone in the aquatics family takes their responsibilities seriously in doing the right thing for their athletes at all times. I am proud of all of your success and wish everyone all the best in this Olympic Year.

The most important thing is I wish to extend my congratulations to your athletes for their dedication to their chosen sport and we thank them for sharing their passion with all of us.

Sincerely,
Lisa Schott

Aquatics Canada President .

SPORT CANADA REPORT
2019-2020

Here is an update on initiatives currently taking place at Sport Canada:

Safe, Welcoming and Equitable Sport

- The Government of Canada believes that all Canadians, without exception, should have the opportunity to participate in a sport environment that is safe, secure and free of discrimination, harassment and harmful behaviour.
- Sport Canada is working with various partners to build on initiatives that help make sport safer, welcoming and equitable, such as:
 - Ensuring that recipient organizations have respective policies in place in this area;
 - Funding organizations like the Coaching Association of Canada (CAC) and the Canadian Centre for Ethics in Sport (CCES) with initiatives such as the Responsible Coaching Movement;
 - Working with Provincial/Territorial partners through the Federal-Provincial/Territorial Sport Committee (FPTSC) Work Group on Safety, Integrity and Ethics in Sport; and
 - Addressing concussions through the work of the F-P/T Work Group on Concussions in Sport, and collaborating with the Public Health Agency of Canada and Parachute Canada on the work they are doing with NSOs on the review and development of sport-specific return-to-play protocols.
- All NSOs must:
 - Disclose any incident that can compromise their programming;
 - Take all necessary measures to create a workplace free from harassment, abuse or discrimination of any kind;
 - Provide its members with access to an independent third party to address harassment and abuse allegations; and
 - Provide mandatory training on harassment and abuse to their members by March 31, 2020.
- March 2019 - Launch of the Canadian Sport Helpline
Provides a safe place for victims and witnesses of harassment, abuse and discrimination to receive guidance, or simply to speak in confidence to a neutral third party to get the help they need.
(1-888-83SPORT, 1-888-837-7678, info@abuse-free-sport.ca, <http://abuse-free-sport.ca/en/>)

Funding Framework

- Sport Canada is currently developing new funding frameworks. With these new frameworks, Sport Canada is working to:
 - Simplify eligibility criteria;
 - Disassociate funding from the traditional “assessment” process;
 - Incorporate a transparent formula-based approach to determining NSO reference levels, with a specific focus on organizations’ scope and complexity; and
 - Track how organizations are progressing on key priorities like gender equity, harassment, abuse and discrimination, etc.
- A phased-approach of the “Report Card” started in June 2019 to gather some baseline data and to monitor the progress on Governance, Safe Sport and Diversity and Inclusion (more specifically Gender equity) elements.
- The report will not influence how much funding an organization gets, but it could influence how reference level funding is being used.

Gender Equity in Sport

- Budget 2018 announced a target to achieve gender equity in sport at every level by 2035.
- The Gender Equality strategy has 4 points:
 - 1) Increasing women in coaching, officiating, and leadership positions in sport;
 - 2) Delivering measures to increase the participation of girls and women in sport;
 - 3) Addressing gender-based violence in sport; and
 - 4) Improving the availability of research and data to support evidence-based decision making.

Canadian High Performance Sport Strategy

- As an outcome of the Targeted Excellence Review, Sport Canada has been leading the development of the Canadian High Performance Strategy.
- Sport Canada started the process of consultations with high performance sport stakeholders in summer 2017 with an objective to identify which elements/areas of the sport system (beyond medals) could be improved to advance sport development within the high performance system.
- The final version of the strategy has been released and was shared with the sport community on May 23rd, 2019.
[Canadian High Performance Sport Strategy](#)

- The Action Plan is under development with further planned consultations. These documents will support the renewal of the Canadian Sport Policy 3.0 and be updated on a regular basis moving forward.

Official languages

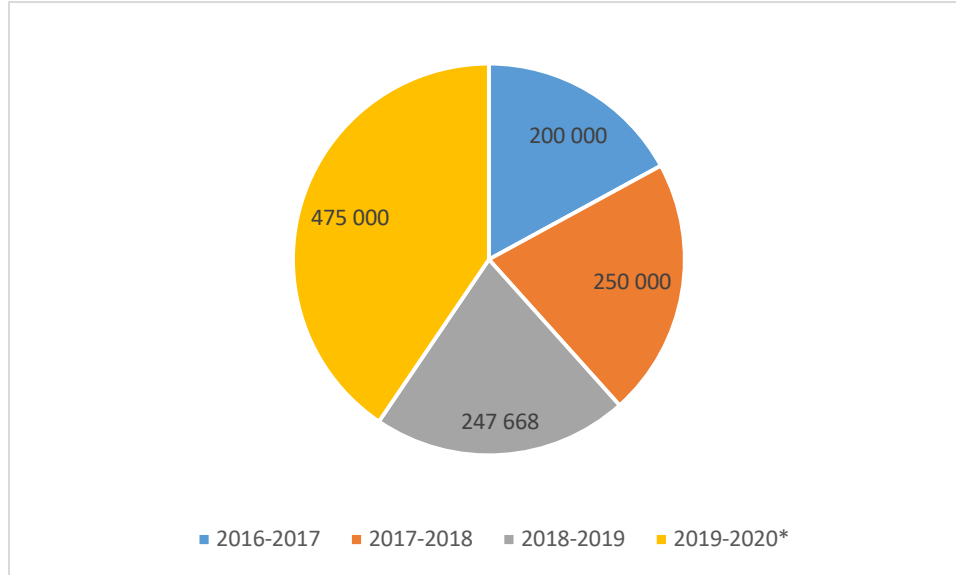
- Through its funding the Government of Canada wishes to promote English and French. Diving Plongeon Canada will make certain to:
 - Provide communications, announcements and information to the public in both of Canada's official languages.
 - Provide services to and communicate with national level athletes, coaches and officials in their official language of choice.
 - Organize activities, services or programs in such a manner as to meet the needs of the two Official Languages communities and encourage participation of members of both these communities.
 - Integrate in its activities the accountability performance measures related to official languages of Sport Canada's Sport Funding and Accountability Framework (SFAF).

Cannabis

- It is important to note that recreational marijuana remains on the World Anti-Doping Agency Prohibited List and that Canadian sport organizations and athletes have ongoing responsibilities in relation to their anti-doping obligations under the Sport Support and the Athlete Assistance programs.
- Of particular interest for sport organizations, events, facilities and athletes are restrictions on several types of promotional activities (s. 16-24 of the *Cannabis Act*) such as:
 - Promotion considered appealing to youth;
 - Promotion through sponsorship, testimonials, or endorsements; and
 - Promotion using the depictions of persons, celebrities, characters, or animals.
- As a matter of policy, Sport Canada requires that national amateur sport bodies and athletes funded in part by the federal government not enter into sponsorship arrangements with the cannabis products industry.
- Consistent with the Federal Government Policy on Tobacco Sponsorship of National Sport Organizations, the federal government will withhold all funds from national amateur sport organizations associating in any sponsorship, promotional or other financial support arrangements (e.g. advertising) with the cannabis products industry for events or programs predominantly involving amateur athletes.

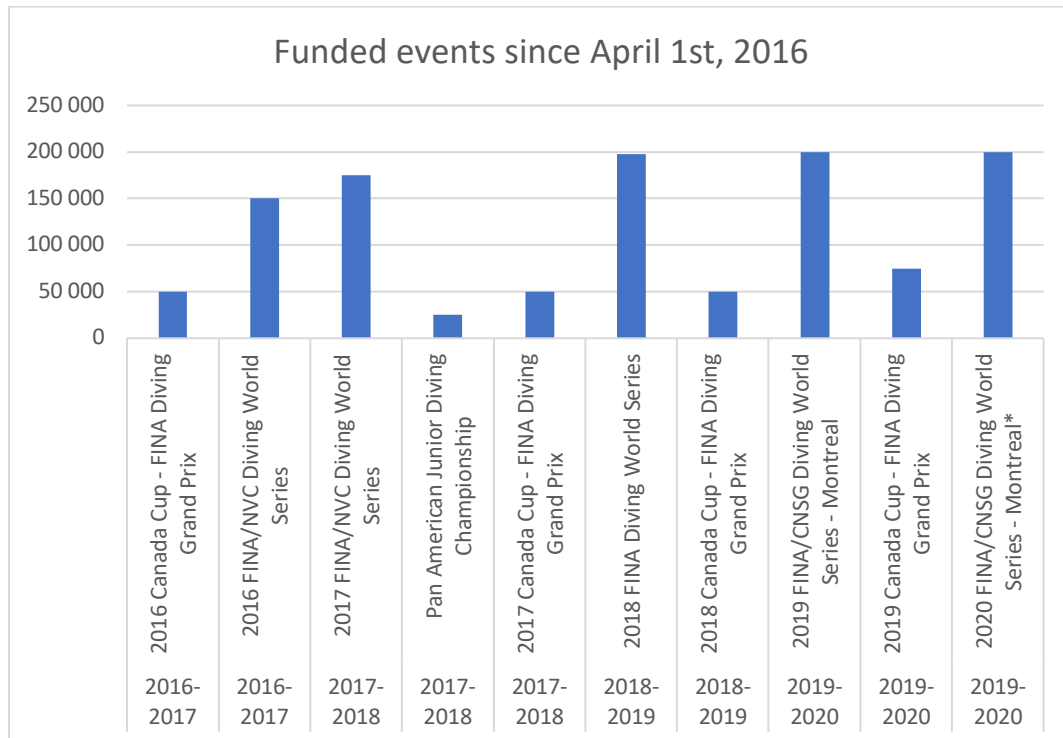
Funding for the International Single Sport Events

- Contribution since April 1st, 2016: \$1,172,668:



*\$200,000 still pending for approval as of October 1, 2019.

- Funded events since April 1st, 2016:



*Event pending approval as of October 1st, 2019.



**WE FLY
PLUS HAUT**



2019-2020 PROVINCIAL AND LOCAL CALENDAR

Month	Dates	Level	Event	Location
November	22 to 24	Tier II	QC Espoir Provincials	Gatineau, QC
	28 to dec 1	Intl. Invitational/Sr. Qual	CAMO Invitational International	Montreal, QC
	29 to dec 1	Jr. Qual/Sr. Qual	ON Winter Provincials	Windsor, ON
December	7 to 8	Tier II	Sleigh Bell Invitational	Edmonton, AB
	12 to 15	Sr. National	Winter Senior Nationals	Saskatoon, SK
January	11 to 12	Jr./Sr. Qual	Western Canadian Championships	Regina, SK
	25 to 26	Tier II	Aspire - Forest City	London, ON
	24 to 26	Meeting	Annual General Meeting	Ottawa, ON
February	14 to 16	Jr./Sr. Qual	BC Winter Provincials	Surrey, BC
	14 to 16	Jr./Sr. Qual	QC Winter Provincials	Pointe Claire, QC
	14 to 16	Jr./Sr. Qual	AB Winter Provincials	Calgary, AB
	22 to 23	Tier II	Aspire - NODC	Ottawa, ON
	29	Tier II	NS Novice Provincials	Halifax, NS
March	13 to 15	Jr./Sr. Qual	ON Spring Provincials	Etobicoke, ON
	13 to 15	Jr./Sr. Qual	BC Spring Provincials (The Sting)	Victoria, BC
	13 to 15	Tier II	QC Espoir Provincials	Terrebonne, QC
	14 to 15	Tier II	AB Novice Provincials	Edmonton, AB
	19 to 22	Jr./Sr. Qual + Dresden Trials	MB Spring Provincials (Polar Bear Classic)	Winnipeg, MB
	28 to 29	Tier II	Aspire - KWDC	Brantford, ON
April	11 to 12	Tier II	Aspire - Gatquatic	Etobicoke, ON
	24 to 26	Tier II	Novice Nationals	Calgary, AB
May	1 to 3	Jr./Sr. Qual	SK Spring Provincials (Western Championships)	Regina, SK
	1 to 3	Jr./Sr. Qual	NS Spring Provincials (Atlantic Championships)	Halifax, NS
	7 to 10	Jr./Sr. Qual	QC Spring Provincials	CAMO, QC
	15 to 17	Jr./Sr. Qual	AB Summer Provincials	Edmonton, AB
	21 to 24	Sr. National	Summer Senior Nationals/Olympic Trials	Windsor, ON
	22 to 24	Tier II	QC Espoir Provincials	L'Envol, QC
June	29 to 31	Jr./Sr. Qual	ON Summer Provincials	Ottawa, ON
	6 to 7	Tier II	ON Aspire Provincials	London, ON
	4 to 7	Jr./Sr. Qual	QC Summer Provincials	ARO, QC
	5 to 7	Jr./Sr. Qual	MB Summer Provincials	Winnipeg, MB
	12 to 14	Jr./Sr. Qual	BC Summer Provincials	Victoria, BC
July	13 to 14	Tier II	AB Novice Provincials	Edmonton, AB
	2 to 5	Jr. National	Junior Development Nationals	Gatineau, QC
	16 to 19	Jr. National	Junior Elite Nationals	Winnipeg, MB

2019-2020 INTERNATIONAL AND NATIONAL CALENDAR

Month	Dates	Level	Event	Location
November	28 to dec 1	Intl. Invitational/Sr. Qual	CAMO Invitational International	Montreal, QC
December	12 to 15	Sr. National	Winter Senior Nationals	Saskatoon, SK
January	24 to 26	Meeting	Annual General Meeting	Ottawa, ON
February	14 to 16	Sr. International	FINA Grand Prix #1	Madrid, ESP
	20 to 23	Sr. International	FINA Grand Prix #2	Rostock, GER
	28 to mar 1	Sr. International	FINA World Series #1	Montreal, QC
March	6 to 8	Sr. International	FINA World Series #2	Beijing, CHN
	20 to 22	Sr. International	FINA World Series #3	Kazan, RUS
	27 to 29	Sr. International	FINA World Series #4	London, GBR
April	6 to 9	Jr. International	British Junior National Championships	Plymouth, GBR
	21 to 26	Sr. International	FINA World Cup	Tokyo, JPN
	23 to 26	Jr. International	International Youth Diving Meet	Dresden, GER
May	14 to 17	Sr. International	FINA Grand Prix #3 (Canada Cup)	Windsor, ON
	21 to 24	Sr. National	Summer Senior Nationals/Olympic Trials	Windsor, ON
	29 to 31	Sr. International	FINA Grand Prix #4	Singapore, SGP
June	5 to 7	Sr. International	FINA Grand Prix #5	Kuala Lumpur, MAS
	17 to 20	Sr. International	FINA Grand Prix #6	Cairo, EGY
July	2 to 5	Jr. National	Junior Development Nationals	Gatineau, QC
	3 to 5	Sr. International	FINA Grand Prix #7	Bolzano, ITA
	11 to 12	International	FINA High Diving World Cup	Kazan, RUS
	16 to 19	Jr. National	Junior Elite Nationals	Winnipeg, MB
	26 to aug 8	Sr. International	Olympic Games	Tokyo, JPN
November	6 to 8	Sr. International	FINA Grand Prix #8	Gold Coast, AUS
	29 to dec 6	Jr. International	FINA World Junior Championships	Kiev, UKR



DIVING PLONGEON CANADA

EXPENSE REPORT CLAIM FORM

NAME:	ADDRESS (To send payment):
DATE PREPARED:	EVENT / PROJECT:
LOCATION:	
<i>(Please complete a separate expense report for each Trip/Event)</i>	

RECEIPTS <i>Account / Description</i>	RECEIPT AMOUNT <i>*(please attach original copies of receipts)</i>	CDN	Other currency Currency: USD	CODE (Do not fill)
Mileage (\$0.30/km) No. Km:		\$0,00		
Fares (Air, train, etc.)		\$0,00		
Telephone / Cell phone / Fax		\$0,00		
Accommodation No. Days:		\$0,00		
Meals (\$41/day) No. Days:		\$0,00		
Taxis, Parking, Shuttles, etc.		\$0,00		
Car rental		\$0,00		
Hospitality-Gifts		\$0,00		
Tips/Porterage		\$0,00		
Other (Describe):		\$0,00		
		\$0,00		
		\$0,00		
		\$0,00		
		\$0,00		
TOTAL (1)		\$0,00	\$0,00	
ADVANCE (2)		\$0,00	\$0,00	
REFUND - TOTAL (1) - ADVANCE (2)		\$0,00	\$0,00	

Due DPC Due Claimant

APPROVED BY:	DATE:	APPROVAL SIGNATURE:

PLEASE attach receipts to back of claim
Email completed form to your project manager.
Mail original receipts to:
DPC
312-700 Industrial Avenue
Ottawa, ON K1G 0Y9

Notes:
- Credit Card Slips are not original receipts
- Names of persons dining must be listed on back of meal receipts