

SCHEDULE

Four Points Sheraton
35 rue Laurier, Gatineau, Québec, J8X 4E9

Date	Time	Meeting/Activity	Location
Thursday, January 23rd	15:00 - 21:00	Registration	Lobby
	16:30 - 21:00	Coaches Workshop - Hurdle Technique	Heritage A (3rd Floor)
	18:30-19:30	Supper	Heritage B (3rd Floor)
	20:00 - 23:59	Hospitality	Interprovincial Parlour (9th Floor)
Friday, January 24th	07:30 - 10:00	Registration	Lobby
	07:30 - 09:00	Breakfast	Notre Dame A & B (1st Floor)
	09:00 - 17:00	Provincial Presidents & Executive Directors Meeting	Renaissance B (4th Floor)
	08:30 - 15:30	Coaches Workshop - Competitive Mindset with Dr. Chris Bertram	Heritage A (3rd Floor)
	10:00 - 17:00	Officials Committee Meeting	Heritage B (3rd Floor)
	09:00 - 17:00	National Officials Roster Development Team Meeting	Renaissance A (4th Floor)
	11:45 - 12:30	Coaches Lunch	Notre Dame A & B
	12:30 - 13:30	Lunch	
	19:00 - 22:00	Awards Night Reception	Palais des Congrès (Désert Room)
	Post Awards Social	Interprovincial Parlour	
Saturday, January 25th	07:30 - 09:00	Breakfast	Notre Dame A & B
	SATURDAY WORKSHOPS - LEADING THE WAY IN 2020 AND BEYOND		
	9:00 - 12:00	Great Leadership Traits with Mark Tewksbury and Debbie Muir	
	12:00 - 12:30	Lunch	
	12:30 - 15:30	Putting Safe Sport in to Action with Derek Johnston	
	15:30 - 16:15	Faster, HIGHER, Stronger - World High Diving Primer with DPC High Diving Leaders	
	16:15 - 16:30	Break	
	16:30 - 17:30	Annual General Meeting	
	Departures		
19:00 - 22:00	Social Evening - Dinner Outside of Hotel	Les Vilains Garçons	
Sunday, January 26th	8:00 - 9:00	Breakfast	Hotel Restaurant
	09:00-12:00	Board of Directors Meeting	Heritage C

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