

COACH REGISTRATION AND SCREENING

For: All Competition-Introduction and Competition-Development coaches

Coaches that were screened in 2017 and provided a police record check are required to fill out a yearly declaration. Your Provincial office will be sending you this form – if you did not receive it, please fill it in and send directly to Tracy Bradley at tracy@diving.ca. Coaches that were not screened in 2017 need to pre-register with DPC and complete the screening process.

Click [HERE](#) for more information on the coaching screening policy on our website.

**Please contact your provincial office if you are unsure or need to complete the full screening.*

HOST RESPONSIBILITIES FOR JUNIOR QUALIFICATION EVENTS

All junior qualification host committees must ensure their event is organized in accordance with the DPC rules (p.48).

- 3.5 All junior national qualifying competitions must meet the following minimum criteria:
 - 3.5.1 Have a DPC assigned meet referee (funded by DPC).
 - 3.5.2 Conduct a coaches and officials meeting, preferably prior to the commencement of the events on the first day of the competition.
 - 3.5.3 Have a sufficient number of national level officials in attendance to meet the requirements of two (2) national level officials per panel (see Section 1 – E4.5 in the handbook section). If simultaneous events are held there will be a minimum of four (4) national level officials in attendance.
 - 3.5.4 All judging panels will have a minimum of 5 judges containing a minimum of 2 national level officials. (Section D 4.3 in the handbook section of the Rule Book)
 - 3.5.5 All qualification events are based on a current DPC national list of dives – all divers in the event must adhere to Junior National Dive Requirements.
 - 3.5.6 All results must be reported to DPC in the manner requested. This report must be submitted within ten (10) days of the final event.

- 3.6 All junior qualification meets must be completed at least ten (10) days prior to the first day of competition of the Junior Nationals for which the qualification meet will apply. Where special circumstances cause a qualification competition to be held the weekend prior to the Junior Nationals, notification must be sent to the DPC events manager of any athletes hoping to achieve qualification at that competition.

- 3.7 All competitions must abide by applicable FINA Rules and DPC Rules.

**Please refer to Chapter R-1 (p.45-60) of the rule book for more details.*

JUNIOR RULES: CHANGES & UPDATES

Based on feedback and observation, the following are changes to the new Junior rules that will be applied this competition season. Please refer to your rule book rule numbers so that you understand exactly where the recommended changes are.

NEW Rule 3.1.3.2 – Dive order for Group D Finals will be as follows;

- All D1 divers advancing to the Group D Final will dive first in the reverse order of their placing;
- All D2 divers advancing to the Group D Final will dive after the D1 divers in the reverse order of their placing.

Numbering Change – the original 3.1.3.2 now becomes 3.1.3.3

Change to Rule 3.1.5.1 – Awards will be presented to the 8 Group D finalists; medals presented to top 3 and host awards to 4th to 8th.

NEW Rule 3.1.5.2 – Outstanding diver award will be presented to Group D1 and Group D2 divers;

- Based on total score earned in all 3 preliminaries (1m, 3m, platform);
- One award per age group per gender – D1 Girls, D1 Boys, D2 Girls, D2 Boys.

Numbering Change to Rule 3.2.3 – first bullet point becomes 3.2.3.1 – Ten (10) divers advance to the final

NEW Rule 3.2.3.2 – Dive order for Group C Finals will be as follows;

- All C1 divers advancing to the Group C Final will dive first in the reverse order of their placing;
- All C2 divers advancing to the Group C Final will dive after the C1 divers in the reverse order of their placing.

Numbering Change – the original 3.2.3.2 now becomes 3.2.3.3

Change to Rule 3.2.5.1 – Awards will be presented to the 10 Group C finalists; medals presented to top 3 and host awards to 4th to 10th.

NEW Rule 3.2.5.2 – Outstanding diver award will be presented to Group C1 and Group C2 divers;

- Based on total score earned in all 3 preliminaries (1m, 3m, platform);
- One award per age group per gender – C1 Girls, C1 Boys, C2 Girls, C2 Boys.

Change to Rule 3.4.3 – first bullet point – Top ~~twelve (12)~~ **ten (10)** divers from the preliminaries advance to the finals.

Change to Rule 3.5.6 – first bullet point – Top ~~twelve (12)~~ **ten (10)** divers from the preliminaries advance to the finals.

Change to Rule 6.3 – Criteria for Outstanding Diver Award:

6.3.1 An award for the outstanding diver of each age group (~~male and female~~) and each gender at the Junior **Elite** National Championships will be given by DPC;

6.3.1.1 Eligible divers must compete in ~~all three~~ **two of the three** (1m, 3m, platform) **individual** events;

6.3.1.2 The scores acquired in ~~the three (3)~~ **their best two events (Final score only)** will be added together for each diver;

6.3.1.3 The diver with the highest total points **as per 6.3.1.2** will be named the outstanding diver for that age group and gender.



TECHNICAL COMMITTEE

As of last year, there is no longer a Rules Committee due to a duplication of the tasks between the Rules Committee and the Technical Committee. There are also a new Terms of Reference for the Technical Committee that can be found on the DPC web site for those that are interested. The current Technical Committee for 2019 and 2020 is;

- Penny Joyce – Chairperson
- Gord Peterson – Officials Representative
- Tommy McLeod – Coaches Representative
- Mitch Geller – Chief Technical Officer
- Andrée Pouliot Deschamps – Manager, Junior High Performance
- Nancy Brawley – Director, National Officials Program

SELECTION CRITERIA

You can go online and find the current selection criteria for the following International events. There have been some updates to the World Championships and Pan Am Games selection since they were first posted so please make sure that you refer to the current documents.

- 2019 World Championships
- 2019 Pan Am Games
- 2019 Canada Cup
- 2019 FISU Games
- 2020 Olympic Games - to be posted before the WSN
- NEW International Selection Grid Point Standards for 2019 and 2020. These will be used to populate the selection grid for the 2020 and 2021 international season.

NATIONAL QUALIFYING STANDARDS

Designated 2019 Senior Qualifying Standards are as follows:

	1M	3M	Platform
Women	210	245	245
Men	260	330	330

The DPC Junior National Point Standards for 2019 are as listed below:

Group	100% - Achieve twice			110% - Achieve once		
	1M	3M	Platform	1M	3M	Platform
Group D 1 – 11 years & under: Girls & Boys	140	140	140	154	154	154
Group D 2 – 11 years & under: Girls & Boys	200	205	235	220	225	258
Group C 1– 12 & 13 years old: Girls & Boys	235	235	265	258	258	291
Group C 2– 12 & 13 years old: Girls & Boys	240	240	270	264	264	297
Group B – 14 & 15 years old: Girls	300	315	235	330	346	258
Group B – 14 & 15 years old: Boys	300	315	265	330	346	291
Group A – 16 to 18 years old: Girls	355	390	300	390	429	330
Group A – 16 to 18 years old: Boys	370	395	350	407	434	385



CONCUSSION PROTOCOL

In partnership with Parachute Canada, Diving Canada has just released a new concussion protocol.

This document includes guidelines regarding:

- Pre-season education for athletes, coaches, parents and others
- Head injury recognition
- Medical assessment (on-site and following the injury)
- Concussion management (including specific return to diving strategies)
- Multidisciplinary concussion care
- Online resources and training opportunities



Click [HERE](#) to see the full concussion protocol on our website.

UPCOMING EVENTS

DATE	EVENT	LOCATION	INFORMATION
Nov 15 th to 18 th , 2018	Gold Coast Grand Prix	Gold Coast, AUS	Results
Nov 29 th to Dec 2 nd , 2018	CAMO Invitational	Montreal, QC	Results
Dec 14 th to 16 th , 2018	Winter Senior Nationals	Victoria, BC	Meet Package Registration Deadline to register is December 6th.
Jan 25 th to 26 th , 2019	Annual General Meeting	Gatineau, QC	Information More information regarding our AGM will be posted very soon on the website.

**Please note that the 2019 Provincial/Local and National/International event calendars have been updated on our website.*

REMINDER TO PROVINCIAL SECTIONS & CLUBS

Information regarding provincial events are posted on our website. In order to have anything updated throughout the year, please send to smayer@diving.ca:

- Meet package before your event
- Results bakfile and pdf right after your event is completed
- Any updates/changes regarding your provincial competitions dates/locations

