

TECHNICAL BULLETIN MARCH 17TH, 2020

COVID-19 UPDATES

DPC continues to monitor the rapidly changing landscape related to COVID-19. Much of our information has come from the Government of Canada (GoC), the Sport Medicine Advisory Committee that has been set up by Own the Podium, the International Olympic Committee (IOC) as well as FINA - all of whom are following the World Health Organization's lead on appropriate actions and precautionary measures.

DPC Office

The DPC office in Ottawa is closed and staff are working remotely and are accessible via email and phone.

Olympic Games

The IOC remains committed to the Games in Tokyo going ahead on time and is addressing the qualification system through the International Sport Federations.

See the **IOC** communiqué.

FINA World Cup Tokyo (April 21-26)

We are still waiting for a final decision from FINA regarding the fate of the World Cup. We anticipate a postponement or an alternate Olympic qualification method. We are hoping to have an update by the end of this week.

FINA Diving World Series, London (March 27-29)

The FINA Diving World Series in London has been postponed.

DPC HPAD Camp, Montreal (April 14-18)

The HPAD Camp scheduled to be held in Montreal (QC), April 14-18th is cancelled. The camp will be rescheduled after we are able to properly assess the situation and develop a new plan. We will provide everyone with more information and the alternative plan once it is finalized.

FINA Diving Grand Prix, Malaysia (June 5-7)

The FINA Diving Grand Prix in Malaysia has been postponed until the fall of 2020.

Canada Cup (May 14-17) and Olympic Trials (May 21-24), Windsor

We are waiting for information from FINA regarding the status of the World Cup before making adjustments and decisions regarding the Canada Cup and the Olympic Trials.

As of right now, the dates for the events have not been cancelled or postponed, but with the developing global situation, changes to the dates or event formats are likely.

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Training Alternatives

With facility closures and self-isolation practices now in place across the country, we will be developing recommendations on home work-out routines focused on conditioning and strengthening specific diving reflexes to prepare for a quick return to the water when that option becomes available.