



COVID-19 UPDATES

DPC continues to monitor the rapidly changing landscape related to COVID-19. Much of our information has come from the Government of Canada, the Sport Medicine Advisory Committee that has been set up by Own the Podium, the International Olympic Committee (IOC) as well as FINA - all of whom are following the World Health Organization's lead on appropriate actions and precautionary measures.

2020 Tokyo Olympic Games

As you have probably already seen in the news, the IOC, in conjunction with the Tokyo Organizing Committee has made the decision to postpone the Olympic Games. Exact dates of postponement have not yet been confirmed.

"In the present circumstances and based on the information provided by the WHO today, the IOC President and the Prime Minister of Japan have concluded that the Games of the XXXII Olympiad in Tokyo must be rescheduled to a date beyond 2020 but not later than summer 2021, to safeguard the health of the athletes, everybody involved in the Olympic Games and the international community."

More information is [HERE](#).

Our thoughts are with all Canadian divers, coaches and support staff who put their hearts and souls into a July 2020 Tokyo Olympic Games. We're here for you if you need to talk! Many resources are also available to national team athletes via Game Plan.

FINA World Cup Tokyo (April 21-26)

The FINA Diving World Cup has been postponed. Exact dates and location are still to be confirmed.

Canada Cup, Windsor (May 14-17)

The FINA Diving Grand Prix in Canada has been postponed until the fall of 2020.

Olympic Trials, Windsor (May 21-24)

The Olympic Trials have been cancelled.

High Diving Season

Red Bull Cliff Diving World Series has confirmed the start of their season has been delayed until August 2020.

More information is [HERE](#).

Online Training for Canadian Diving Community

DPC has developed a virtual work-out centre featuring diving-specific and general conditioning workouts led by coaches and selected experts. We are conducting a final test of the system tomorrow, Wednesday, March 25; and

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following that, we will be sending out information about the workouts with a link that will allow our whole community to log on and participate. Keep your eyes on your inbox! We encourage everyone to join in to improve their conditioning and build on their technique!

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