



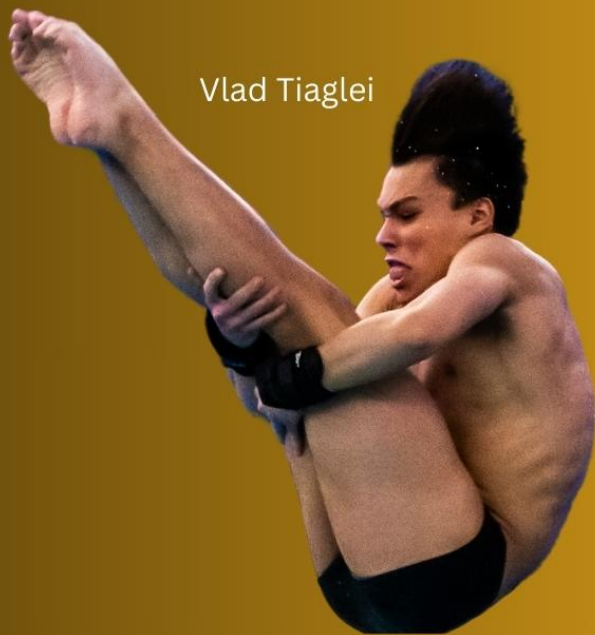
Corydon Wolfe



DIVE MANITOBA

2025 Provincials

Vlad Tiaglei



Pan Am Pool
Winnipeg, Manitoba
June 6 - 8, 2025

Meet Information

Proud Partner

MANITOBA
LIQUOR
& LOTTERIES



#MBLLGoodTogether



DIVING
PLONGEON
CANADA

Sport
MANITOBA

Manitoba 

GENERAL INFORMATION

The 2025 Dive Manitoba Provincial Diving Championships are sanctioned by Diving Plongeon Canada and hosted by Dive Manitoba and Revolution Diving.

This competition is sanctioned by Diving Canada as a qualifier. The “National (DPC)” events for age group divers will be qualifiers for Diving Canada’s 2025 Junior National Championships.

The Open events will be qualifiers for Diving Canada’s Senior National Championships.

Dates	June 6 – 8, 2025
Facility	Pan Am Pool 25 Poseidon Bay Winnipeg, Manitoba
Host Club	Revolution Diving
Competition Director	Ken Stevens diving@sportmanitoba.ca
Meet Manager	Wil Hedges wil.hedges@gmail.com
Technical Chair	TBD
Meet Referee	Patti Kennedy pattikennedy111@gmail.com

COMPETITION LEVELS & RULES

This springboard and platform diving competition will include many levels of competition:

National ([Diving Plongeon Canada rules](#))

Novice ([Novice Event rules](#))

Open ([Diving Plongeon Canada rules](#))

Masters ([AQUA rules](#))

Novice Masters ([Local rules](#))

High Diving

REGISTRATION

Entry Deadline: May 25, 2025

Entries must be sent to the Technical Chair, by email: entries.revolutiondiving@gmail.com

Entry Fees: \$ 70.00 per Competitor (includes lunch for athletes)
 \$ 55.00 per Event (to a maximum of \$220.00 per athlete in event fees)
 Entry fees will be due at the conclusion of the competition.

RULES

- Diving Plongeon Canada Age Group Rules: <https://divemanitoba.ca/dpc-standards/>
- Novice, Open, Synchro, Masters and High Diving event rules are laid out in this information package.
- Age is determined by the diver's age as of December 31, 2025.
- Group C & D will have prelims and finals as per DPC rules. All other events will be straight finals.

AWARDS

- Awards will be presented for each event directly after the event.
- Gold, Silver and Bronze medals will be presented on the podium.
- Ribbons will be presented to athletes placing 4th through 8th.

HOSPITALITY

Athletes and Parents:

- Lunch will be provided for athletes, cost is included in the diver registration fee
- Parents and guests can purchase lunch tickets for \$15 per day at the retail booth
- Snacks can be purchased throughout the day from the retail booth located at the canteen
- We will accommodate dietary restrictions only if they are declared in advance.

Coaches and Judges:

- Coffee and tea will be provided for coaches and judges throughout the day
- Lunch will be provided for coaches and judges
- We will accommodate dietary restrictions only if they are declared in advance.

DIVE SHEETS

Email rezman dive sheets to entries.revolutiondiving@gmail.com by Tuesday at 5:00 pm to facilitate entry organization for this event.

Computers will be set up at the pool on Thursday. Please visit the competition office to ensure that your dives sheets are correctly entered.

For National Age Group A & B events, use “Group A”, “Group B”

For National Age Group C & D, use “Group C2”, “C1”, “D2”, “D1”
(DPC Preliminary rules will be used and will reflect awards presented.)

For Novice Level events, use suffix “Tier II” – eg. “Group A Tier II” for all age groups.

For Synchro events, Groups A/B – register under A, Groups C/D – register under C.
JD synchro will be set up separately at the event.

For Masters events, use “Open Tier II” (the system will not allow Masters events to be scheduled in the same competition as non-Masters events). For Novice Masters events, use “Other Tier II”.

If you have any questions, please contact the Technical Director by email or the Computer Coordinator in person on pool deck:

- Dive sheets must be submitted 24 hours prior to the event.
- Changes to dive sheets must be submitted a minimum of 1 hour prior to the event’s posted start time.
- No new dive sheets and no changes to entered dive sheets will be accepted within 1 hour of the posted start time of the event.

Late entries are \$50 per diver per event and will be accepted up to 1 hour prior to the event’s posted start time.

MEN'S & WOMEN'S OPEN EVENTS

	1 Metre	3 Metre	Platform
Male	6 dives from 5 directions	6 dives from 5 directions	6 dives from 6 directions
Female	5 dives from 5 directions	5 dives from 5 directions	5 dives from 5 directions

- No 101, 201, 301, 401, 102, 202, 302, 402, 5221, 5122 allowed.

NOVICE LEVEL EVENTS

- [Click here](#) for the updated/current rules.

MASTERS EVENTS

In age groups 25 to 69 years, each dive performed must have different dive number (FINA DD). In 70+ age groups, the same dive number can be repeated using a different position (A, C or B) in dives with the same dive number. The number of dives required for each age group is:

Age	Men	Women
18 – 29	7	6
30 – 49	7	6
50 – 69	6	5
70 – 79	5	4
80 +	4	3

NOVICE MASTERS EVENTS

Novice Masters may use 100, 200, 001 and/or 002 as dives.

Each dive performed must have different dive number.

Based on the following age groups, the number of dives required is:

Age	Men	Women
18 – 29	4	4
30 – 49	4	4
50 +	4	4

HOST HOTEL

Holiday Inn South

1330 Pembina Hwy, Winnipeg, MB, CA

PRICE IS ONLY \$169.99 per room and includes an amazing breakfast each day! This hotel is less than 10-minute drive to the pool.

Indulge yourself with an upgraded experience – guestrooms, meeting spaces, lobby, restaurant and more – and close to everything Winnipeg has to offer. Enjoy quick and easy access to our city’s bustling downtown core, prime business centres and government agencies. Only minutes away, discover great shopping, trendy restaurants, entertainment, and attractions.

Our Guests Love That:

1. We’re plugged-in to their needs! Extra outlets in guestrooms and FREE Wi-Fi allow them to stay connected to the office and home while on the road.
2. Our team members go that extra mile, and they do so with a smile!
3. Our location makes getting around the city easy. Great shopping and fantastic restaurants are also minutes away.

Reservations will be made by individual attendees directly with Holiday Inn Winnipeg South reservations by [booking link](#) or by calling at 204-452-4747 or 1-800-423-1337.

Guest room block will release on **Wednesday, May 28th**; If you have any questions or need to modify your reservation request, please contact Janelle by [email](#). Or calling Janelle at (204) 452-4747.

INDIVIDUAL CANCELLATIONS: *Please note that due to the nature of this group booking (a courtesy room block), our hotel’s standard cancellation policy for individual transient reservations does not apply to individual reservations within the group. Instead, individual cancellations by guests must be received by our hotel no later than 7 days prior to the scheduled arrival date.*

SCHEDULE (see next page)

There will be a minimum of 10 minutes of practice between C1/2 & D1/2 events, when split.

There will be a minimum of 20 minutes of practice prior to all events.

Events may run up to 45 minutes ahead of the final scheduled times.

Springboards will be open for practice during platform restricted practice times.

Platforms will be open for practice during springboard restricted practice times.

COACHES MEETING

A brief coaches' meeting will be held 15 minutes prior to the start of the competition on Friday by the timing office bubble. Please attend this short meeting with the Meet Referee at 8:45am!

2025 Dive Manitoba Summer Provincials Competition				June 6-8, 2025	
THURSDAY OPEN PRACTICE:				3:00 - 5:00 PM - DRY LAND: 3:00 PM	
				FRIDAY JUNE 6, 2025	
				BOARDS CLOSED FOR FIRST EVENT WARM-UP 8:30 - 9:00 AM	
Event	Start Time	End Time			
				Practice Novice C & D	
1	9:05 AM			GIRLS & BOYS NOVICE C& D PLATFORM	
			Awards for previous events // Practice Girls & Boys D Platform		
2			GIRLS & BOYS D1-D2 PLATFORM competition separate 10 min warm up between D1 - D2		
			Awards for previous events // Practice Girls & Boys C Platform		
3			GIRLS & BOYS C1 -C2 PLATFORM competition separate 10 min warm up between C1-C2		
			// Awards for previous events //	Practice E & Novice E Platform	Practice Girls A 3m
4				E & NOVICE E PLATFORM	GIRLS A 3M
			Practice Girls B 1m	// Awards for previous events //	Practice Novice A & B 3m
5			GIRLS B 1M		NOVICE A & B 3M
			Practice Boys A 1m	// Awards for previous events //	
6			BOYS A 1M		
				// Awards for previous events //	
7					BOYS B 3M
			Practice Girls & Boys Open 1m	// Awards for previous events //	Practice Masters & Novice Masters 3m
8			OPEN 1M		MASTER AND NOVICE MASTER 3M
				SATURDAY JUNE 7, 2025	
				BOARDS CLOSED FOR FIRST EVENT WARM-UP 8:30 - 9:00 AM	
Event	Start Time	End Time			
			Practice Novice C & D 1m		Practice Girls & Boys D 3m
9	9:05 AM		NOVICE C & D 1M		GIRLS & BOYS D1-D2 3M 10 min between
			Awards for previous events // Practice Girls B Platform		
10				GIRLS B PLATFORM	
			Practice Novice A/B 1m	// Awards for previous events //	Practice Boys A 3m
11			NOVICE A/B 1M		BOYS A 3M
			Practice Girls A 1m	// Awards for previous events //	Practice E & Novice E 3m
12			GIRLS A 1M		E & NOVICE E 3M
			// Awards for previous events //	Practice Boys B Platform	// Awards for previous events //
13				BOYS B PLATFORM	
			Practice Girls & Boys C 1m	// Awards for previous events //	
14			GIRLS & BOYS C1-C2 1M 10 min between		
			Practice Master and Novice Master 1m	// Awards for previous events //	Practice Girls & Boys Open 3m
15			MASTER AND NOVICE MASTER 1M		OPEN 3M
				SUNDAY JUNE 8, 2025	
				BOARDS CLOSED FOR FIRST EVENT WARM-UP 8:30 - 9:00 AM	
Event	Start Time	End Time			
			Practice E & Novice E 1m		Practice Girls & Boys C 3m
16	9:05 AM		E & NOVICE E 1M		GIRLS & BOYS C1 -C2 3M 10 min between
			// Awards for previous events //	Practice Girls A Platform	
17				GIRLS A PLATFORM	
			Practice Girls & Boys D 1m	// Awards for previous events //	Practice Novice C & D 3m
18			GIRLS & BOYS D1-D2 1M 10 min between		NOVICE C & D 3M
			// Awards for previous events //	Practice Boys A Platform	
19				BOYS A PLATFORM	
				// Awards for previous events //	Practice Girls B 3m
20					GIRLS B 3M
			Practice Boys B 1m	// Awards for previous events //	
21			BOYS B 1M		
				High Diving	
22				HIGH DIVING	
				Practice Novice A & B & Masters Platform	
23				NOVICE A/B & MASTER PLATFORM	
				Practice Open Platform	
24				OPEN PLATFORM	

Events may run up to 45 minutes ahead of scheduled time.